

November 2021

Henry L. Slater Elementary Menu


BREAKFAST IS COMPLEMENTRY TO ALL STUDENTS!

Lunch – **\$0.00** paid SY21-2022 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
1	Breakfast WG Pop Tart, Cracker, M Orange, Milk Lunch Pizza Corn Dog Fruit, veggies, Milk	2	Breakfast Cherry Frudel Applesauce & Milk Lunch Crunchy Taco w/ Cheese Chicken Fajita Fruit, veggies, Milk	3	Breakfast Cereal Bar, Cracker, Apple Milk Lunch Meat Spaghetti w/ Tx Toast Toasted Cheese Sand Green Beans Fruit, veggies, Milk	4 Parent-Teacher Conferences NO SCHOOL	
8	Breakfast Pancake w/ Applesauce & Milk Lunch Chicken Nuggets Turkey & Cheese Roll-up Sweet Corn Fruit, veggies, Milk	9	Breakfast French Toast Breakfast Bar Orange Milk Lunch Cheese Quesadilla Seasoned Beef & Rice Bowl Fruit, veggies, Milk	10	Breakfast Biscuit w/ Jelly Pears, Milk Lunch Bacon & Cheese Stuffed Potato Alfredo w/ Tx Toast Green Bean Fruit, veggies, Milk	11 NO SCHOOL VETERANS' DAY	
15	Breakfast Chocolate Oat Bar Apple, Milk Lunch Hamburger Hot Dog w/ French Fries, Fruit, veggies, Milk	16	Breakfast Yogurt w/ Cracker Pears, Milk Lunch Nacho's w/ Beans & Cheese Bean & Cheese Burrito Sweet Corn Fruit, veggies, Milk	17	Breakfast Muffin w/ Apple String Cheese, Milk Lunch Meat Lasagna w/ TX Toast or Soft Pretzel w/ /Cheese Green Beans Fruit, veggies, Milk	18 Breakfast Cereal Bar w/ Cheese Stix Dried Fruit & Milk Lunch BBQ Pork Rib Sand Meat & Cheese Sand Fruit, veggies, Milk FRIDAY SCHOOL NOV 19,2021	
22	Breakfast Waffle Pear, Milk Lunch Crispy Chicken Burger Corn Dog Baked Beans Fruit, veggies, Milk	23	Breakfast Cinnamon Roll , Apple Milk Lunch (Only Option) Turkey w/ Stuffing, Mashed Potato w/ Gravy, Green Beans, Salad, Apple, Dessert	NO SCHOOL THANKSGIVING BREAK		NO SCHOOL THANKSGIVING BREAK	
29	Breakfast Sun Seeds, String Cheese, Fruit & Milk Lunch Orange Chicken w/ Vegetable Fried Rice- Egg Roll Turkey & Cheese Sand Fruit, veggies, Milk	30	Breakfast Cereal, Cracker Dried Fruit & Milk Lunch Pizza Stix w/ Marinara Soft Pretzel w/ Cheese Fruit, veggies, Milk			19 FRIDAY SCHOOL Breakfast Cereal, Cracker Dried Fruit & Milk Lunch (only option) Hamburgers w/ chips Fruit, veggies, Milk	

This institution is an equal opportunity provider.