



High School Breakfast Menu

May 2022

2

Cheesy Eggs, Hashbrowns
Toast

Mixed Fruit Cup
100% Grape Juice
Milk: Skim, 1% or
Chocolate Skim

3

Chicken Sausage
Biscuit

Cup Diced Pears
100% Fruit Juice
Milk: Skim, 1% or
Chocolate Skim

4

Hot Oatmeal, Toast,
Sausage

Fresh Apples
100% Orange Juice
Milk: Skim, 1% or
Chocolate Skim

5

French Toast Sticks

Hot Cinnamon Apples
100% Apple Juice
Milk: Skim, 1% or
Chocolate Skim

6

MTO Pancake &
Sausage

Cup Diced Pears
100% Grape Juice
Milk: Skim, 1% or
Chocolate Skim

9

Egg & Cheese
Biscuit

Mixed Fruit Cup
100% Grape Juice
Milk: Skim, 1% or
Chocolate Skim

10

Grilled Cheese SDW

Fresh Banana
100% Apple Juice
Milk: Skim, 1% or
Chocolate Skim

13

Hot Grits, Eggs, &
Toast

Diced Pears
100% Orange Juice
Milk: Skim, 1% or
Chocolate Skim

12

Strawberry Parfait

Fresh Orange
100% Fruit Punch Juice
Milk: Skim, 1% or
Chocolate Skim

13

Vanilla Cake Donut
Hole

Cup Applesauce
100% Orange Juice
Milk: Skim, 1% or
Chocolate Skim

16

Ham & Cheese
Biscuit

Diced Pears
100% Orange Juice
Milk: Skim, 1% or
Chocolate Skim

17

Sausage, Rice &
Eggs w/ Toast

Cup Applesauce
100% Apple Juice
Milk: Skim, 1% or
Chocolate Skim

18

Chicken Sausage
Biscuit

Diced Peaches
100% Grape Juice
Milk: Skim, 1% or
Chocolate Skim

19

Pancake on Stick

Fresh Banana
100% Orange Juice
Milk: Skim, 1% or
Chocolate Skim

20

Managers Choice

100% Grape Juice
Milk: Skim, 1% or
Chocolate Skim

23

24

25

26

27

30

31

1

2

3

More info...
Staff Breakfast \$3.00

More info...Pick 3 items to create a meal