

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: 5/21/2025

Name of District: Sumter County Schools

Number of Schools in District: 5

Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition education is offered at each school level. This not only includes health education classes, but also part of classroom instruction	In Progress	5	Nutrition education is included at all levels
2. Nutrition education and promotion includes activities such as contests, promotions, taste testing farm visits and school gardens.	Completed	5	-Participate in school gardens -taste tests completed at all schools -Fresh fruit and vegetable program is offered at SCPS, SCES and SCIS
Nutrition Promotion Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Promote National School Lunch and Breakfast Week	Completed	5	Promoted for SY25 in all schools
2. Include menus and fruit/veggie spotlights on morning announcements	In Progress	5	All schools are working on including menus and spotlights on announcements
3. Monthly wellness newsletters	Not Completed	0	
4. Provide students opportunities to taste new foods	Completed	5	Taste tests completed at all schools and continue

Physical Activity Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Offer extra movement breaks during the school day	In Progress	5	All schools working on incorporating this into the daily routine
2. All K-4 schools will provide recess daily	Completed	5	Schools all meet the goal
3. Recess and physical activity breaks will not be withheld or used as punishment	Completed	5	
4. Recreational facilities are safe, clean and accessible to all children	Completed	5	Schools have updated and some new equipment for recess and outdoor time
5.	Choose an item.		

Other School-Based Activities that Promote Student Wellness Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Water bottle fill stations available at all schools	Completed	5	All schools have fill stations
2. Provide food allergy education to all faculty and staff during teacher workday or in the form of continued education	In Progress	5	Scheduled for SY26
3. Share out USDA and Smart Snack Guidelines through social media	Not Completed	0	Goal to send and share out in SY26
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. Have a wellness policy	Completed	5	District Wellness Policy
2. Food and beverages sold at school meet federal nutrition requirements and smart snack regulations	Completed	5	All snacks meet requirements
3. All vending machines have only Smart Snack Compliant food and beverages stocked	Completed	5	All schools compliant
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. Classroom parties that center around food should occur on a limited basis	Partially Completed	5	All schools actively working on this goal

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2. Schools should encourage the use of non-food alternatives for rewards	In Progress	5	All schools are actively working on this goal
3. Snacks served in afterschool programs should be Smart Snack approved	Completed	5	All schools are compliant and participate in afterschool snacks
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. Sumter County School's policy for fundraising should reflect Smart Snack guidelines as designed by the USDA	Completed	5	All schools comply

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Margaret Goodin	School Nutrition Director	
2.		
3.		
4.		
5.		
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Lydia Walker	ASTEP	
2. Terri Lee	SCPS-PE	
3. Shameka Slappey	SCHS- Nutrition	
4. Mitzi Parker	UGA Extension/ 4H	
5. Danielle Ford	PE Coach SCPS	
6. Walter Knighton	Superintendent	
7. Vicki Pridgeon	School Nurse SCPS	
8. Sarah Tanner	School based health clinic	
6. Nancy Bryant- Green	Culinary Teacher- SCHS	
Public Notification <i>Where it is posted i.e., webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. School Website	As Needed	

2.		
3.		
4.		
5.		

KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: Sumter County Schools

Date: 5/21/2025

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding increased student activity including physical activity breaks, active academics, and before and after school activities.	Yes	

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5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	
10	Policy contains specific language regarding fundraising guidelines.	Yes	
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
12	Policy contains specific language regarding water availability and promotion.	Yes	
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	Yes	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	Yes	
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services	Yes	

	staff; mental health and social services staff; school administrators; school board members; and the general public.		
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	
22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	