**Team Sports**

**Course Syllabus**

**Instructor:** Joseph Strohmeyer**, William Anders**

**Room:** Gym

**Email:**  joseph.strohmeyer@hcbe.net, William.Anders@hcbe.net

**Course Description:**

This course is designed for students to learn and apply the rules, skills, strategies, and modifications of various recreational games in a team setting. Students will be expected to demonstrate acquired skills on performance tests. Students are strongly encouraged to participate daily and will be expected to display teamwork and sportsmanship throughout each unit. This course will also prepare students to take the **fitnessgram**, which is a comprehensive physical health assessment of muscular strength, muscular endurance, cardio, flexibility, and body composition.

**\*Team Sports follows the six GPS performance standards listed on the following link:**

 **www.georgiastandards.org**

**Class Expectations:**

1. Follow all normal accepted behavior policies set forth in your student handbook.
2. **BE ON TIME TO CLASS!** The school tardy policy in the student handbook will be followed.
3. Be dressed out in clothing appropriate for physical activity. (No jewelry on arms/hands or dangling earrings). **No Book bags Left in GYM.**
4. **No doing homework in bleachers unless medical exempt from doctor.**
5. **Dress OUTS;**
6. No food or drinks in the GYM. MUST FINISH IN HALLWAY.
7. No Horseplay. Students that can’t be serious enough to train will be removed from class and conduct will be reported to their respected coaches.
8. Athletic shoes **MUST** be worn. **NO FLIP FLOPS, BOOTS, SANDALS**. You will not be considered dressed out unless you are wearing proper shoes.
9. Students are expected to train **DAILY…EVEN ON GAME DAY**. Only a note from a **PHYSICIAN** may excuse a student from participation.
10. Students will be given a locker to use daily. They are encouraged to lock up their property during class. The teacher will not be held responsible for lost or stolen items. Students must remove all their items at the end of each period.
11. ***DISMISSAL: Students will be dismissed from the gym floor not the hallways.***
12. ***Students will not be allowed to use the restroom during class, you will have an opportunity to use it before class, as well as after class.***

**Grading/Course Requirements:**

**Major Assessments 45% Weekly Grade**

**\*Participation Grade**

-determined by the daily participation of all activities. This grade will begin at 100 and is reduced by 20 points for each day a student does not participate in daily workouts. Students must bring a doctor’s note to be excused from a workout.

**Minor Assessments 20% (At least 9 Grades)**

**\*Skills Test/ Unit Quizzes/ Fitness gram Participation**

**\*Performance/Progress**

-student performance and progress will be measured throughout the course

-Unit quizzes will also be included in minor assessments

**½ Mile Grade:** The students will complete 9 timed ½ miles during the semester.

Listed below is scale by which the timed miles will be assessed by gender.

|  |  |
| --- | --- |
| ½ Mile Run | ½ Mile Times |
| Boy's ½ Mile | Girl's ½ Mile |
| <3:15=100 | <4:00=100 |
| 3:15-3:45= 90 | 4:00-4:30=90 |
| 3:46-4:15=80 | 4:31-5:00=80 |
| 4:16-4:45=70 | 5:01-5:30=70 |
| 4:46-5:15=60 | 5:31-6:00=60 |
| 5:16-5:45=50 | 6:01- 7:00=50 |

**Daily Work 15% Weekly Grade**

**\*Dress Grade**

-Determined by dressing out each day. Grades begin at 100 and then are reduced by 20 points each day. \*We will dress out each day.

\*Dress grade will also reflect participation if student is not involved in the activity.

**Final Exam 20%**

**\*\*This course includes a cumulative exam at the end of the semester. The final exam during the first and second semester is worth 20% of the semester grade**

**Cyberbullying:** As defined by Dictionary.com, “the act of harassing someone online by sending or posting mean messages.” *Please keep in mind that the Edmodo communication system is designed to work as an extension of the classroom; therefore, anything done on the site through the access of a school course group code will be treated the same as if it were said aloud in the classroom. Inappropriate comments or use of the site can result in disciplinary action.*

**\*\*I have read and understand all of the objectives, requirements, and expectations set forth by the physical education department of Veterans High School for the 2024-25 Team Sports Class.**

**Student’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\*\*Must be signed by Parent/Guardian and returned no later than Friday, August 8, 2025.**

**Medical Information**

**Parents/Guardians**,

If there are any medical concerns that your son or daughter has that I need to be made aware of, please explain on the following lines. Please return alongside the signed syllabus. Remember, students must have a doctor’s note to be excused from any fitness activity. If your student does not have any medical concerns, please write “None”, sign, and return. Thank you.

**Medical Concerns**:

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