



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2	3	4	5	6	<p>What is a Meal? 3 components available for the school breakfast price.</p> <p>Whole Grain Fruit Milk</p> <p>A minimum 1/4 cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Fruit 100% fruit juice</p> <p>Milk 1% White</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
		Pop tart w/g 100% Juice 1% White Milk	Mini Strawberry Bagels 100% Juice 1% White Milk	Cereal Bowl w/g 100% Juice 1% White Milk	
9	10	11	12	13	
	Mini Cinnamon Bagels w/g 100% Juice 1% White Milk	Pop tart w/g 100% Juice 1% White Milk	Mini Strawberry Bagels 100% Juice 1% White Milk	Cereal Bowl w/g 100% Juice 1% White Milk	
16	17	18	19	20	
Cereal Bowl w/g 100% Juice 1% White Milk	Mini Cinnamon Bagels w/g 100% Juice 1% White Milk	Pop tart w/g 100% Juice 1% White Milk	Mini Strawberry Bagels 100% Juice 1% White Milk	Cereal Bowl w/g 100% Juice 1% White Milk	
23	24	25	26	27	
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30					
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<p>Your Team Kristine Colo, Food Service Director 856.224.4900 ext. 2128 ma1535@metzcorp.com</p>			<p>Meal Prices Student Breakfast \$2.50 Reduced Breakfast \$0.00 Faculty Breakfast \$2.75</p>		



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2	3	4	5	6	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum 1/4 cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable & seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup Choice of Milk 1% white and Lactaid Daily Alternate ((Uncrustable Meal) Smucker's peanut butter & jelly, goldfish and a cheese stick (V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products																								
No Lunch Served	Chicken Patty on a w/g Bun FEATURED VEGGIES Fries Mixed Patch w/ Ranch	Nardone's (V) Stuffed Crust Pizza FEATURED VEGGIES Caesar Salad	French Toast Sticks w/ Sausage & Syrup FEATURED VEGGIES Hash Brown Carrots w/ Ranch	Walking Tacos FEATURED VEGGIES Corn Cucumbers w/ Ranch		Cowboy Burger on a Bun & BBQ Sauce FEATURED VEGGIES Fries & Baked Beans Celery w/ Ranch	Chicken Nuggets w/ Mac & Cheese FEATURED VEGGIES Green Beans Mixed Patch w/ Ranch	The Max- Cheese Quesadillas (V) FEATURED VEGGIES Garden Salad	Mozzarella Sticks w/ Marinara Sauce (V) FEATURED VEGGIES Steamed Broccoli Carrots w/ Ranch	Chicken Wings w/ Sauces FEATURED VEGGIES Fries Celery & Carrot Sticks	Grilled Cheese w/ Tomato Soup FEATURED VEGGIES Tater Tots Celery w/ Ranch	Popcorn Chicken FEATURED VEGGIES Mashed Potatoes & Corn Mixed Patch w/ Ranch	Nardone's (V) Personal Pan Pizza FEATURED VEGGIES Caesar Salad	Breakfast Sandwich w/ Bacon, Egg & Cheese on a Bagel FEATURED VEGGIES Tater Tots Carrots w/ Ranch	Meat Sauce w/ w/g Pasta and a Bread Stick FEATURED VEGGIES Garden Salad Cucumbers w/ Ranch	Chicken Cheese Steak on a w/g Torp FEATURED VEGGIES Fries Celery w/ Ranch	Chicken Nuggets w/ Waffles & Syrup FEATURED VEGGIES Hash Brown Mixed Patch w/ Ranch	Bagel Bites (V) FEATURED VEGGIES Garden Salad	Stuffed Bread Sticks w/ Marinara Sauce (V) FEATURED VEGGIES Steamed Carrots Carrots w/ Ranch					Your Team Kristine Colo, Food Service Director 856.224.4900 ext. 2128 ma1535@metzcorp.com			Meal Prices Student Lunch \$3.75 Reduced Lunch \$0.00 Faculty Lunch \$5.00		
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.