

DECEMBER 2022

Burns High School Lunch Menu



Lunch – \$3.00-paid & 0¢-reduced ☐ Extra milk- .45 or juice – 45¢ , water \$1.00

Lunch includes: Entrée with fruits, vegetables, breads, grains and assorted Oregon Milk

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen

Menu is subject to change. Some items may contain nuts.

All meals served to students are Grab n' Go

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 Lunch <i>Sandwiches & Salads daily</i> Chicken Burger Sweet Potato Fries Lettuce, Tomato, Pickle Apple, Milk
5 Lunch <i>Sandwiches & Salads daily</i> Hamburger w/ Chips Lettuce, Tomato, Pickle Strawberries & Milk	6 Lunch <i>Sandwiches & Salads daily</i> Bean & Cheese Burrito Seasoned Rice Salad w/ Cucumbers Fruit and Milk	7 Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Veggie Fried Rice Egg Roll, Salad Fruit and Milk	8 Lunch <i>Sandwiches & Salads daily</i> Pizza Stix w/ Marinara Spinach Salad w/Hard Boiled Egg Peaches , Milk
12 Lunch <i>Sandwiches & Salads daily</i> Homemade Chicken Noodle Soup w/ Toasted Cheese Sand Salad w/ Peppers Fruit, Milk	13 Lunch <i>Sandwiches & Salads daily</i> Chicken Nuggets Scalloped Potato Salad w/ Broccoli Oranges, Milk	14 Lunch <i>Sandwiches & Salads daily</i> Corn Dogs Baked Beans Salad w/ Cucumber Mixed Berries, Milk	15 Lunch PB & Jelly sack lunch Carrots w/ Ranch Assorted Fruit, Chips, Juice, Cookie Milk
NO SCHOOL	WINTER BREAK		
			RETURN TO SCHOOL JAN 3, 2023

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