

Bryant High School Cheerleading Tryout Packet 2024-2025

Dear Prospective Cheerleader/Parents:

Your child has shown interest in becoming a member of the Bryant High School Cheerleading Squad for 2024-2025. This information packet should answer most of your questions that you may have regarding this. You will find a schedule of clinic dates and tryouts below. If selected, there are certain personal and financial responsibilities and obligations, which your child must assume in order to qualify and remain a member of the squad which are also listed in this packet. Enclosed is a copy of the cheerleading constitution for Bryant High School. This constitution is based on system-wide rules required by the school board. Please read it carefully with your child before signing the parental permission form. Also attached are required forms that must be completed and uploaded to Dragonfly before a candidate can participate in clinic days or tryouts. Please note that one of these forms is a physical form. A physician, not a nurse practitioner, **MUST** sign the physical form.

**** All forms are due completed to Coach Ernest and paperwork submitted to Dragonfly on Wednesday, February 21st by 2:00 P.M. (NO EXCEPTIONS) with a \$25 check made payable to Bryant High School to cover the cost of the tryout and the judges. ****

Schedule

Cheer clinic will be held each afternoon in the football field house until 5:00 P.M. Each participant should be dressed properly in shorts, shirt, and tennis shoes with their hair pulled back. Each participant needs to be dressed and ready in the field house by 3:10 each day. Each candidate must be at each day of clinic to be eligible to tryout. **Clinic and tryouts are closed to the public.**

Monday, February 26th– Clinic Day 1 (3:10-5:00)

Tuesday, February 27th– Clinic Day 2 (3:10-5:00)

Wednesday, February 28th– Clinic Day 3 (3:10-5:00)

Thursday, February 29th- Clinic Day 4 (3:10-5:00)

Friday, March 1st- Tryouts (3:30- until finished)

Cheerleading Try-Out Clinic

When: Monday, Tuesday, Wednesday, Thursday (February 26-29)

Where: Football Field House at Bryant High School

What to wear: Appropriate length shorts and t-shirt

Socks and tennis shoes

Hair pulled back into a ponytail

NO JEWELRY (this includes belly button rings)

What else: \$25 Try-out fee and all forms due Wednesday, February 21st @ 2 pm (NO LATE PACKETS WILL BE ACCEPTED)

Cheerleading Try-Outs

When: Friday, March 1st (3:30-until finish)

Where: Football Field House at Bryant High School

What to Wear: Navy Shorts

Solid White or Grey T-Shirt or Tank- no writing- no bras showing

White Socks

Tennis Shoes

Hair pulled back in a straight ponytail

NO JEWELRY

What else: CLOSED TO PUBLIC!!!

Below are the scoring categories for the 2024-2025 tryouts:

Dance, Fight Song, Situational Sideline, Cheer, Jumps (Double Toe, Hurdler, and Jump of Choice- connected), Tumbling (running and standing), Spirit, Stunting, and Grades/Discipline

The cheerleading program at Bryant High School is extremely fun, but also a lot of hard work. I expect these girls to work very hard in practice and at home. I require extreme commitment to the sport and to academics. There is a healthy balance that we can maintain; it just requires effort on everyone's part.

Tumbling practice will be a requirement for the squad. Each cheerleader will require their own transportation to and from the gym. We will be practicing with Legacy Athletics at the High Velocity gym. The location of the gym is 2513 Leroy Stevens Rd, Mobile, AL 36695. Tumbling is not included in your fees. You will be required to pay this at the start of each month. The fee each month is \$50. He takes cash or check. You may pay up front for the year if preferred! We will be going the months of April, May, July, August, September, October, November!

The cost of cheer for the 2024-2025 school year is a minimum of \$2200. This will include their camp wear, uniforms, warmups and camp. This does not include letterman jackets, megaphones, or themed pep rally outfits. This price is subject to change if you are a returning cheerleader as one uniform will be used again for the 2024-2025 year.

Break down for payments and turning in money is as follows: ****

1st payment- March 8th / \$700

2nd payment- March 20th/ \$700

3rd payment- April 5th/ \$600

4th payment- TBA- Final balances will be cleared up no later than April 24th.

Estimated Expenses are as follows:

Camp: \$475

Blue Uniform (2023 version): \$255

White Uniform (Will be used for Comp) (NEW)- \$250

Grey Uniform (NEW) (Will be used for Pep Rallies as well)- \$250

Navy Liner: \$70

Pom Poms: \$40

Cheer Bag: \$100

Cheer Shoes: \$110

Camp Outfits: (3 tops, 3 bottoms (one will be grey skirt from uniform), 3 sports bras)- \$350

Megaphones: (Juniors, Seniors- ONLY)- \$85

Warm Up (JV Jacket from 2023 stays the same for JV): \$150

Optional Sweatshirt: \$80

Bows: \$40

Briefs: \$20

Socks: \$20 (Varsity only)

Letterman: (Varsity only Not included in the price estimate- \$360-400)

Sponsor Tee: \$15

There also may be other additional costs as the year goes on for themed games, excursions.

2024-2025 Bryant Cheerleading

Uniform Fitting

March 6th 3-6

MUST have a parent with you for fittings. You will sign up for a time slot.

Spring Practice Begins

Practices will be held after school at Bryant

April 22nd 3-4:30

Practice will more than likely be held on Monday, Tuesday, and Thursday

Tumbling with Adrian

\$50 Monthly Tumbling

First month payment due April 1st

(cash, check- Adrian Roberts)

Cheerleading Camp

Louisiana State University

June 6th- June 9th

***** Sponsorships due May 1*****

More information will be provided at uniform fittings.

Please contact Madison Ernest via email at mernest@mcpss.com for any questions.

Game Day Sign Expectations:

- Minimum length- 6 feet
- Words written neatly, spelled correctly
- Words are level, straight • Signs should be readable from across the field
- Approved by coach prior to hanging at game
- Required signs: 2 per home game, 1 per away game, 3 run thrus for away games
- It is the cheerleader's responsibility to remove all signs after each game.

Sheet Signs

- Coach must approve all sheet signs two weeks prior to hanging for first home game
- Home Games: hang after school on Thursday, must be down prior to Monday morning
- Sign frames must be taken down the weekend of the last home game.

**Bryant High School
Parental Permission form
Cheer Candidate Pledge**

Parental Permission To Be A Cheerleader

I, the undersigned, have read and fully understand the rules and regulations, which will govern my daughter/son if she/he is chosen to represent Bryant High School as a cheerleader. I further understand that this is an extra-curricular activity and that attendance at all games, practices, fund raisers, special events, and summer camp is a requirement of the elected cheerleaders.

I hereby give consent to my child, _____, to try out for cheerleader at Bryant High School and recognize her/his responsibilities and requirements as a leader of their school.

I have read the Bryant High School Cheerleading Constitution, and my child is bound by all the rules and regulations within it.

I understand that if chosen, my child will be required to pay for summer cheerleading camp, uniform pieces, and additional items (pom poms, etc.) A reasonable estimate of these expenditures is \$2200. A payment schedule is within the 2024-2025 cheer packet. *For those selected as cheerleader, the first payment will be due no later than MARCH 8th.* Cheerleaders, and sometimes parents, will be required to be at all fundraisers sponsored by the cheerleading squad.

I UNDERSTAND THAT ALL BILLS MUST BE PAID IN FULL BEFORE CHEERLEADERS ATTEND CAMP. IT IS OUR POLICY NOT TO GIVE OUT MERCHANDISE, SUCH AS UNIFORMS, BEFORE THEY ARE PAID IN FULL. ANY MONEY THAT IS PAID FOR A STUDENT TO BECOME A CHEERLEADER IS NON-REFUNDABLE SHOULD THAT STUDENT BE DISMISSED FOR ANY REASON THROUGHOUT THE YEAR.

I understand that my signature on this form means that I will abide by and support the rules and regulations as they are stated above and those stated in the cheerleading constitution.

Parent/Guardian _____

Date _____

I, the undersigned, have read and fully understand the rules and regulations, which will govern me if I am chosen to represent Bryant High School as a cheerleader. I have read the Bryant High School Cheerleading Constitutions and bound by all the rules and regulations within it. I further understand that this is an extra-curricular activity and that attendance at all games, practices, fundraisers, special events, and summer camp is a requirement of a cheerleader/mascot. I do recognize the importance of my parents' responsibilities if I am chosen as a squad member. I understand that I am responsible for my part of raising or earning the money needed to be a member in good standing. Above all else, I am willing to uphold this cheer constitution and privileges and responsibilities that come with being a cheerleader/mascot at Bryant High School.

Cheer Candidate _____

Date _____

Mobile County Public Schools
Athletic Insurance Form
Varsity and Junior Varsity

This form is specifically for parents who do not desire to take the school accident insurance policy. All schools require that students who participate in athletics have proof of insurance on file.

I hereby give permission for my son/daughter, _____, to participate in the sport of Cheerleading at Alma Bryant High School during the 2024-2025 school years. I will assume the responsibility for any medical treatment that he/she will need if injury occurs during the practicing or participation in this sport, or on trips involving this sport. Furthermore, I herewith release the Mobile County Board of Education, its servants and agents, and Alma Bryant High School from all responsibility for any injury from such activities.

Insurance Company:

Policy Number:

Group Number:

Signature of Parent:

Address:

Emergency Contact Name:

Emergency Contact Phone Number:

Please attach a copy of the athlete's Insurance Card (front and back) below or on a separate sheet.

ALMA BRYANT HIGH SCHOOL CHEERLEADING WAIVER

CHEERLEADER NAME _____

DATE OF BIRTH _____

ADDRESS _____

Agreement for Assumption of Risk, Indemnification, Release

I understand that cheerleading (to include stunting and tumbling) by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries and/or illness. I am aware of the risks of participation, which include, but are not limited to, minor injury, such as bruises, contusions, broken bones, concussion, and catastrophic injuries, such as paralysis and even death. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

In consideration of my participation in these activities, I agree to defend, hold harmless, indemnify, and release the Mobile County Public School System, Alma Bryant, High School, and cheer coaches from and against any and all claims, demands, actions, or causes of action of any sort on account of damage to personal property, personal injury, or death which may result from my participation in the above-listed activity. I understand that by agreeing to this clause I am releasing claims and giving up substantial rights, including my right to take legal action. I authorize Alma Bryant High School and its staff to consent, on my behalf, to any emergency medical/hospital care or treatment to be rendered upon the advice of a licensed physician. I agree to be responsible for all necessary charges incurred by any hospitalization or treatment rendered pursuant to this authorization.

Athlete Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

**Bryant High School Cheer
Competition Squad
2024-2025**

Below is a list of responsibilities and requirements for everyone who wants to be a part of the team. Competition season can be super fun, but also requires a lot of dedication.

First off, competition practices will be solely during the summer and after school. This will be mainly on Monday and Wednesday afternoon but can be other days as well. You cannot miss more than 2 practices if you choose to be on this team. Missed practices may only be excused absences that are permitted by the coach at least 24 hours in advance. If you must miss a practice due to being sick, a doctor's excuse is required.

Secondly, competition season is expensive. The white uniform with the blue liner underneath will be the competition uniform. However, the following items will also be needed: 2nd pair of shoes (\$110), Bow (\$20), 2nd pair of poms (\$50). Choreography will also be an added expense. Depending on the amount of athletes, determines the cost. Average choreography fees are around \$125-\$250 an athlete. Competition fees are also an added expense of around \$50 per athlete for AHSAA Regionals/State and \$60 per athlete for UCA regionals which will more than likely require us to travel. This does not include hotels or travel for the competitions. We will be having optional fundraisers for those wanting to help raise money to alleviate expenses for their individual bills.

Lastly, if any obligation of being a cheerleader such as grades, discipline, attendance, or expenses are not met, the athlete will be dismissed from the competition squad. The payments for the above expenses will be split. The first one being due by June 1, 2024.

By signing below, you as the athlete understand and agree to abide by all the requirements of a competition cheerleader at Bryant for the 2024-2025 competition season.

X_____ Date: _____

By signing below, you as the parent understand and agree to pay the expenses and help hold your athlete accountable for the 2024-2025 competition season.

X_____ Date: _____

2024-2025 Alma Bryant High School Cheerleader Constitution

1 PURPOSE:

1.1 The purpose of the Alma Bryant High School Cheerleaders shall be to promote and uphold team spirit for those we encounter, develop good sportsmanship by example, and support good community relations and between teams and squads during events. The organizational goal is to work in harmony with the team management and administration, other athletic teams, and sporting organizations.

2 ELIGIBILITY:

2.1 A cheerleader candidate must support the Alma Bryant High School Cheerleading Squad above all other teams.

2.2 A candidate must be neatly presented and medically fit as deemed by a doctor, the Alma Bryant High School Principal, and the cheerleading Coach. If under 18 years old, the candidate must provide parental permission.

2.3 A candidate may be male or female and in the 9th-12th grades at Alma Bryant High School for the 2024-2025 school year. Candidates in the 9th grade for the 2024-2025 school year will only be considered for the JV team. Candidates in the 11th and 12th grades for the 2024-2025 school year will be considered for the varsity team only. Candidates in the 10th grade for the 2024-2025 school year may be considered for either the JV or varsity teams.

2.4 Acceptance of a candidate shall be based on ability, the coach's agreement, acceptance of the squad rules, and without prejudice of race, creed, or color.

2.5 Cheerleaders should have a "C" average unless there is an extenuating circumstance deemed by administration. This average is to be computed by utilizing the 1st & 2nd quarter grades of the 2023-2024 school year.

2.6 An applicant is ineligible to try out if there have been recurring disciplinary issues.

2.7 An applicant will be deemed eligible by both sponsor and administration based on the above criteria.

3 ATTENDANCE REQUIREMENTS:

3.1 All cheerleaders will attend all practices, competitions, or events unless the Alma Bryant High School principal and cheerleading coach pre-approved. The entire regular squad will cheer at **all** games, promotions, fundraisers, community and charity events.

3.2 If the cheerleader is tardy or misses a practice, she must notify the sponsor at least 24 hours before practice begins.

3.3 A cheerleader cannot be absent for more than 2 unexcused practices; this includes summer practices. Upon the 2nd unexcused absence, the cheerleader will be dismissed from the squad. A doctor's note must be provided for more than one absence due to illness.

3.4 Each cheerleader is to attend the last practice before the game/event in order to cheer at the game unless there is a doctor's note or a pre-arranged excused absence per the coach.

3.5 3 tardies to practice or games will equal 1 absence.

3.6 Summer Camp: All cheerleaders are required to attend the annual cheer camp as a squad.

3.7 Competitions: A separate competition squad may be chosen for the competition season. See section 15 for more information on the competition squad.

3.8 If any other activities or opportunities are chosen by the coach, the coach shall decide if the event is mandatory or optional. Reasonable notice of all such activities/opportunities will be given for mandatory events and as early as possible for others.

3.9 If a cheerleader is involved in other school-related activities such as Mobile Azalea Trail Maids, Distinguished Young Women, soccer, softball, tennis, track, basketball, etc., she must give the coach **at least one week's notice of schedule conflicts**. Schedules should be given to the coach as soon as they become available.

3.10 If the football or basketball team qualifies for an area, regional, state etc., tournament, or game, cheerleader participation will be required.

4 Financial Responsibilities:

4.1 Annual Camp/Clinics: The cheerleader is responsible for the cost of attending summer cheerleading camp. Fundraiser projects will be available to assist those participating.

4.2 Transportation: The parents of the cheerleader will be responsible for supplying game/event transportation. The coach and school are not held responsible for transportation. The parents will also be responsible for getting the cheerleader to/from cheer camp at the chosen location by the coach.

4.3 Members will provide their own refreshments when not provided by the coach or event organizers.

4.4 Each member will be required to purchase their own cheer clothing/uniforms/spirit props each year.

5 SELECTION OF CO-CAPTAINS AND OTHER OFFICERS:

5.1 The Alma Bryant High School Varsity cheerleading squad will have up to one captain and two co-captains. The captain will be an 11th or 12th-grade cheerleader chosen by the coach based on conduct, academics, work ethic, and experience. The co-captain/s will be a 10th or 11th-grade cheerleader chosen by the coach based on conduct, academics, and work ethic.

5.2 The Alma Bryant High School JV cheerleading squad will have one captain and one co-captain. The captain will be a 9th or 10th grade cheerleader chosen by the coach based on conduct, academics, work ethic, and experience. The co-captain will be a 9th or 10th-grade cheerleader chosen by the coach based on conduct, academics, and work ethic.

6 DUTIES AND RESPONSIBILITIES OF COACHES/MANAGERS:

The coach is responsible for:

6.1 Ensuring that squad members are safe, that First Aid is available, and that the emergency contact list is always kept up to date and present.

6.2 Organizing and arranging training schedules, equipment, training facilities, and events.

7 DUTIES OF CAPTAIN AND CO-CAPTAIN:

7.1 Set an example to the rest of the squad by following the rules and regulations of the Alma Bryant High School Cheerleaders. The Captain and Co-Captain will set an example by doing more than their share.

7.2 Be at practice early and start practice on time.

7.3 Assist in setting cheers and chants to be used at games and events. The squad should make suggestions, but the decision shall be made by the Captain, Co-Captain, and Coach.

7.4 Act as a peacemaker in case of disagreements.

7.5 Coordinate the painting and hanging up of signs.

7.6 Be responsible for welcoming visiting squads and setting a good example of friendliness to other cheerleaders.

7.7 Keep the crowd cheering and your cheerleaders in proper formation during games.

7.8 Show no partiality within the squad.

7.9 If the Captain or Co-Captain cannot perform her duties, the coach will choose another cheerleader to perform those duties.

8 PRACTICE SCHEDULE:

8.1 Will be set by the coach. Cheerleaders will be given a copy of the practice schedule within a reasonable time frame. Practice schedules for April- July will be provided to the athletes in March.

8.2 All cheerleaders are required to attend all practice sessions unless valid reasons are notified to the coaches. Valid reasons include a doctor's note, a death in the family, or any other reason deemed valid by the coach or Alma Bryant High School principal. You must inform the coach at least three days in advance if you need to miss practice.

8.3 All cheerleaders will be required to take cheerleading during the school year. This class counts as a required practice. Any cheerleader missing class without a proper excuse will be subject to disciplinary action.

9 UNIFORMS & PRACTICE WEAR:

9.1 Uniforms will be purchased by all Alma Bryant High School cheerleading squad members.

9.2 Only official squad jackets may be worn over the uniform. Uniforms will only be worn for events as designated by the coach.

9.3 Cheerleaders in uniform or wearing any item of squad or team identification must always conduct themselves in a manner becoming an Alma Bryant High School cheerleading squad member.

9.4 Cheerleaders will be required to wear either Alma Bryant-specific camp wear or practice wear in Alma Bryant school colors. Shorts must be an appropriate length and have built-in bloomers or spandex. Tank tops/sleeveless tops must not show the sports bra. Sports bras must be worn. Cheerleaders may wear running shoes for the running portion of practice but must wear appropriate cheer shoes for jumping/tumbling/stunting practice.

10 APPEARANCE:

10.1 For safety reasons, jewelry or watches will not be worn with a uniform or at practice.

10.2 For safety reasons, nail length may not exceed fingertips. Nails must be a light neutral color when in uniform.

10.3 Uniforms must be always kept spotless.

10.4 All hairstyles must be neat and secured up out of the face so as to not need attention (combing etc.) while performing. Any cheerleader with hair longer than shoulder length must wear her/his hair in a ponytail while in uniform or at practice.

10.5 Cheerleaders should always look their best, especially when in uniform.

11 CONDUCT:

11.1 Squad members are required to maintain and uphold the reputation of the Alma Bryant High School cheerleaders through their own conduct and squad spirit.

11.2 Members must be courteous, polite, and friendly and try to smile for everybody.

11.3 All cheers and chants shall be in a positive and sportsmanlike manner.

11.4 Members will make every attempt to ignore or dissuade negative responses at events and not become involved in such action themselves.

12 FUNDRAISING ACTIVITIES:

12.1 All cheerleaders will participate in all fundraising projects. The money raised will be used to fund additional agreed expenses during the year, such as extra items of kit or equipment. Donations to and fundraising for, Alma Bryant High School cheerleading team funds or charity projects may be conducted as agreed by the squad and coach.

12.2 All fundraising activities will be approved by the coach.

13 DISCIPLINARY ACTION:

13.1 It shall be squad policy that disciplinary action will only be invoked as a last resort and that every reasonable attempt will be made to avoid situations likely to lead to such action through squad discussion and positive encouragement by example and by finding ways and means to correct negative trends. Demerits will be given for every violation of the listed constitution, practice rules, and/or squad rules. Written notice of such will be given. With 5 demerits, the cheerleader will be suspended from 1 event (practice remains mandatory). With 10 demerits, the cheerleader will be suspended from 2 events (practices still mandatory). With 15 demerits, the cheerleader will be dismissed from the squad.

13.2 A cheerleader may be suspended from games/events for the following reasons:

- unexcused absence
- excessive absence or tardiness
- failure to cooperate with coach
- grade point average falling below 2.5
- failure to abide by squad rules and regulations.

13.3 A cheerleader may be dismissed from the squad for the following reasons:

- excessive and irreconcilable disruptive influence on the squad
- conduct likely to bring the squad or team reputation into disrepute (such as the use of alcohol or drugs)
- C, D, E offense per the Mobile County Public School System handbook
- pregnancy
- conduct on social media
- any other action deemed necessary by the coach or administration

14 SOCIAL NETWORKING:

14.1 The coach has the right to monitor all social networking sites, including but not limited to Snapchat, Facebook, Twitter, TikTok, YouTube, Instagram, etc.

14.2 Cheerleaders are to conduct themselves as representatives of Alma Bryant High School on social networking sites. Inappropriate language, pictures, and other content will not be tolerated.

14.3 Cyberbullying will not be tolerated. Any cheerleader suspected of or found guilty of cyberbullying will be terminated from the squad.

15 COMPETITION SQUAD:

15.1 Based on the performance of both the varsity and JV cheerleading squads at camp, a separate competition squad may be chosen to attend local, state, and national competitions. The cheerleading coach will determine the squad's formation after camp.

15.2 Based upon the squad's performance at preliminary events and upon receiving a bid, the coach will decide if the squad will attend the National High School Cheerleading Championship held in Orlando, FL, in February.

15.3 In order to be considered for the competition squad, candidates must be a member of either the Alma Bryant High School JV cheerleading squad or the Alma Bryant High School Varsity cheerleading squad. No candidates who are unable to tumble will be invited to join the competition squad.

15.4 All competition cheerleaders are required to be at all competitions and practices. The competition team will practice more often than those not on the competition team. All competition cheerleaders will be required to attend one to two all-day practices to learn the choreography for this year's routine.

15.5 Competition cheerleaders will be required to participate in all fundraising activities.

15.6 Every effort will be made to cover the entire cost of competition through fundraising. Competition cheerleaders will be required to either raise money or cover the cost of uniforms, poms, signs, competition fees, hotel rooms, etc.

16 Tumbling/Stunting Lessons

16.1 All cheerleaders will be required to participate in tumbling lessons after school, one day a week, outside of regular practice. There will be a cost of \$50 per month for this service at High Velocity with the trained staff members of Legacy Athletics. Stunting may also be taught at this time as well.

Cheerleader Demerit List

Each participant on the cheerleading squad is expected to act and represent Alma Bryant High School in a mannerly way. All cheerleaders must agree to the following guidelines. **WITH:**

- 5 demerits, the cheerleader will be suspended from 1 event (practice remains mandatory)
 - 10 demerits, the cheerleader will be suspended from 2 events (practices still mandatory)
 - 15 demerits, the cheerleader will be obligated to have a meeting with the head cheer coach and principal to discuss the possibility of being dismissed from the team
1. 1 demerit for not wearing a hair bow (games/school).
 2. 1 demerit for wearing the wrong socks (games/school).
 3. 1 demerit for fingernail polish or nail length that exceeds fingertips (games/practices/school).
 4. 1 demerit for wearing jewelry or watches (games/practices/school).
 5. 1 demerit for not wearing hair neatly pulled back (out of face).
 6. 1 demerit for chewing gum (games/practices/events).
 7. 2 demerits for not having poms (games/events).
 8. 2 demerits for not dressing out/inappropriate attire at practice.
 9. 2 demerits for failure to hang sheet sign before game day or remove sheet sign before the next school day.
 10. 2 demerits for failure to hang appropriate signs at home or away games.
 11. 2 demerits for inadequate cheer or dance proficiency (practice/events).
 12. 2 demerits for being late (practice/events)
 13. 3 demerits for goofing off and being unsafe (games/practices).
 14. 3 demerits for inappropriate classroom behavior.
 15. 3 demerits for behavior that does not reflect **bylaw 1.1** (It shall be the purpose of the Bryant High School Cheerleaders to promote and uphold team spirit for those we encounter, to develop good sportsmanship by example, to support good relations in the community and between teams and squads during events.).
 16. 5 demerits for wearing the wrong uniform (games/events).
 17. 5 demerits for a D on a nine-week grade report.
 18. 5 demerits for complaints from a teacher.
 19. 5 demerits for personal display of affection while in uniform (game/practice/event).
 20. 5 demerits for missing practice or event without a proper excuse as cited in **bylaw sections 3 and 8**. (If a cheerleader has to miss practice or event, a note/email/call from the parent or athlete must be sent to the coach as soon as the cheerleader is aware of the absence- if you are sick the morning of a practice or event and miss the entire day, you will be excused).
 21. 10 demerits for inappropriate social media usage.
 22. 10 demerits for an E on a nine-week grade report.
 23. 10 demerits for missing a game without a proper excuse as cited in **bylaw section 3**. (If a cheerleader has to miss a game or pep rally, a note/email/call from the parent or athlete must be sent to the coach as soon as the cheerleader is aware of the absence- if you are sick the morning of a game or pep rally and miss the entire day, you will be excused).

*If a cheerleader gets an office referral at any time, the coach and school administration will discuss whether they will still be able to stay on the team. Conduct that is inappropriate of an ABHS cheerleader will not be tolerated. The coach and administration will determine the demerits and punishment.

I have read and understood the 2024-2025 Alma Bryant High School cheerleading constitution and agree to abide by the rules set forth by it.

Cheerleader Signature: _____

Parent Signature: _____

Date: _____

Because the constitution for the cheerleaders is a school board policy, all cheerleaders are required to follow them. Once selected, a copy of this constitution will be given to you. However, it is impossible to design regulations and a constitution to address all potential situations that might arise. Therefore, it must be understood that the principal and coach reserve the right to make final judgments regarding any action that may be considered inappropriate by an individual on the cheerleading squad. Certain infractions could involve suspension or expulsion from the squad.