




# APRIL 2024

## Forest Hills Consolidated School

A look into May:  
5/24 Early Release @ 11:30 am  
5/27 No School – Memorial Day

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cereal <b>1</b></p> <p>Ham Hoagie Chips Veggie Sticks &amp; Hummus</p>	<p>Waffles <b>2</b></p> <p>Beef Stroganoff over Egg Noodles &amp; Peas</p>	<p>Cottage Cheese &amp; Fruit Bar <b>3</b></p> <p>Spaghetti with Meat Sauce Tomato &amp; Cucumbers Garlic Bread</p>	<p>Muffin <b>4</b></p> <p>KFC Famous Bowl Popcorn Chicken Mashed Potato Corn &amp; Gravy</p>	<p>Oatmeal <b>5</b></p> <p>English Muffin Pizza Ceasar Salad</p>
<p><b>No School</b> <b>8</b></p>  <p>Watch the Total Eclipse</p>	<p><b>2 Hour Delay</b> <b>No Breakfast</b> <b>9</b></p> <p>Elementary starts at 9:45 am Middle &amp; High School starts at 9:50 am</p> <p>Turkey &amp; Cheese Wrap Chips &amp; Veggie Sticks</p>	<p>Cereal <b>10</b></p> <p>American Chop Suey Cole Slaw &amp; Roll</p>	<p>Pop Tart <b>11</b></p> <p>Soft Chicken Taco Black Bean Salad</p>	<p>Bagel <b>12</b></p> <p>Hot Dog French Fries, Broccoli <b>Early Release at 11:30 am</b></p>
<p><b>No School</b> <b>15</b></p> <p><b>Patriot's Day</b></p> <p><i>Patriots' Day commemorates the battles of Lexington &amp; Concord, which were fought near Boston in 1775.</i></p> 	<p><b>No School</b> <b>16</b></p> <p>Spring Break</p>	<p><b>No School</b> <b>17</b></p> <p>Spring Break</p>	<p><b>No School</b> <b>18</b></p> <p>Spring Break</p>	<p><b>No School</b> <b>19</b></p> <p>Spring Break</p>
<p>Cereal <b>22</b></p> <p>Breakfast for Lunch Scrambled Eggs Baked Beans Sausage Gravy &amp; Biscuit</p>	<p>Waffle <b>23</b></p> <p>Elem - Chef/Chicken Salad MS/HS – Salad Bar</p>	<p>Yogurt Parfait <b>24</b></p> <p>Cheese Ravioli Green Beans &amp; Garlic Bread</p>	<p>Cinnamon Roll &amp; Bacon <b>25</b></p> <p>Tuna Sandwich French Fries &amp; Veggie Sticks</p>	<p>Cottage Cheese &amp; Fruit Bar <b>26</b></p> <p>Hamburger/Cheeseburger Potato Salad &amp; Peas</p>
<p>Cereal <b>29</b></p> <p>Chicken Cordon Bleu Buttered Noodles &amp; Corn</p>	<p>Bagel <b>30</b></p> <p>Pigs in a Blanket Chips &amp; Hummus Veggie Sticks</p>			

**Menu is subject to change based on availability.**

Snack Milks & Extra Milks at mealtimes are available to purchase - \$.50 each

A variety of low-fat milk is served at every meal as well as fruits & vegetables. PBJ or yogurt is offered as an alternative lunch choice.

This institution is an equal opportunity provider.