


October SECONDARY

Milk and a Grab N' Go will be offered with every meal.

Celebrate!

As we enter into October it is hard not to think of the Holiday season coming up right around the corner. Check out some fun Holidays below you can celebrate now to hold you over until Halloween at the end of the month!



- October 2nd is National Custodian Worker Day
-  October 5th is World's Teacher Day
- October 9th-13th is National School Lunch Week!!- Celebrate by eating lunch at your school cafeteria!
- October 28th is Make a Difference Day!

What will you be celebrating this October?

Monday

Tuesday

Wednesday

Thursday

Friday

2

Spaganzza w/ Garlic Toast
or Choice of Pizza
Seasoned Vegetables
Garden Salad
Fruit Dessert

3

Chili Cheese Fries or Crisпитos
Pinto Beans
Spanish Rice
Homemade Salsa
Fruit Cup

4

Smothered Steak or Chicken Strips with Hot Roll
Mashed Potatoes
Street Corn
Mixed Fruit Cup

5

Asian Bowl with Fried Rice or Popcorn Chicken
Seasoned Vegetables
Fruit Salad

6

ENJOY YOUR DAY OFF!

9

ENJOY YOUR DAY OFF!

10

Nachos
Refried Beans
Spanish Rice
Homemade Salsa
Fresh Apple

11

Chicken & Waffles or Chicken Strips with Hot Roll
Mashed Potatoes
Seasoned Veghetables
Peach Crisp

12

Cheesy Bites or Mini Corn Dogs
Mac & Cheese
Cucumber Nachos
Tumbleweed Bites
Fruit Cup

13

Cheese Burger or BBQ Sub Basket with Fries
Lettuce, Pickles, & Tomatoes
Fresh Baked Cookie
Fresh Fruit

16

Lasagna with Breadstick or Choice of Pizza
Seasoned Vegetables
Garden Salad
Fruit Cup

17

Tacos or Crisпитos
Lettuce & Tomatoes
Pinto Beans
Spanish Rice
Homemade Salsa
Pineapple

18

Steak Fingers or Boneless Wings
Hot Roll
Mashed Potatoes
Seasoned Green Beans
Fresh Fruit

19

Crispy Chicken Wrap or Hot Dog
Buttered Bowties
Carrot Dippers
Seasoned Corn
Fruit Cup

20

Cheese Burger or BBQ Sub Basket with Fries
Lettuce, Pickles, & Tomatoes
Fresh Baked Cookie
Fresh Fruit

23

Chicken Alfredo with Garlic Bread or Choice of Pizza
Glazed Carrots
Seasoned Vegetables
Fruit Dessert

24

Frito Pie or Crisпитos
Spanish Rice
Pinto Beans
Homemade Salsa
Lettuce & Tomatoes
Fruit Cup

25

Crispy Chicken Drumstick or Chicken Strips
Hot Roll
Mashed Potatoes
Street Corn
Orange Smiles

26

Asian Bowl with Fried Rice or Popcorn Chicken
Steamed Vegetables
Fruit Salad

27

ENJOY YOUR DAY OFF!

Breakfast

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

Monday

Tuesday

Wednesday

Thursday

Friday

Week of 10/2 & 10/16

Breakfast on Bun

French Toast Sticks

Bacon & Eggs w/ Toast

Breakfast Taco

Biscuits & Sausage

Week of 10/9 & 10/23

Breakfast Bowl

Pancake Wrap

Eggs & Sausage w/ Toast

Breakfast Pizza

Yogurt Parfait Scoobies