



Head Start and PreSchool Lunch October 2024

October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	
	<p>1</p> <p><b>Lunch Entree</b> Chicken filet Sandwich</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Fresh Banana</p> <p><b>Milk</b> 1% Milk</p>	<p>2</p> <p><b>Lunch Entree</b> Scrambled Eggs</p> <p><b>Vegetables</b> HASH BROWN OVAL</p> <p><b>Fruit</b> Applesauce</p> <p><b>Grains</b> Cereal Variety (1 WG)</p> <p><b>Milk</b> 1% Milk</p>	<p>3</p> <p><b>Lunch Entree</b> Hamburger with Bun</p> <p><b>Vegetables</b> Vegetarian Beans</p> <p><b>Fruit</b> Diced Pears</p> <p><b>Milk</b> 1% Milk</p>	<p>4</p> <p><b>Lunch Entree</b> Garlic Cheese French Bread Pizza</p> <p><b>Vegetables</b> Romaine Lettuce</p> <p><b>Fruit</b> Assorted 100% Fruit Juice</p> <p><b>Milk</b> 1% Milk</p>	
	<p>7</p> <p><b>Lunch Entree</b> Mini Corn Dogs</p> <p><b>Vegetables</b> Whole Kernal Corn</p> <p><b>Fruit</b> Diced Peaches</p> <p><b>Milk</b> 1% Milk</p>	<p>8</p> <p><b>Lunch Entree</b> Pigs in a Blanket</p> <p><b>Vegetables</b> Cheesy Broccoli</p> <p><b>Fruit</b> Fresh Banana</p> <p><b>Milk</b> 1% Milk</p>	<p>9</p> <p><b>Lunch Entree</b> Pasta and Meat Sauce</p> <p><b>Vegetables</b> Cut Green Beans</p> <p><b>Fruit</b> Diced Pears</p> <p><b>Milk</b> 1% Milk</p>	<p>10</p> <p><b>Lunch Entree</b> Chicken with Gravy</p> <p><b>Vegetables</b> Mashed Potatoes</p> <p><b>Fruit</b> Pineapple Tidbits</p> <p><b>Grains</b> Biscuit, Baked</p> <p><b>Milk</b> 1% Milk</p>	<p>11</p> <p><b>Lunch Entree</b> Walking Taco</p> <p><b>Fruit</b> Mandarin Oranges</p> <p><b>Milk</b> 1% Milk</p>
	<p>14</p> <p><b>Lunch Entree</b> Nachos with Ground Beef</p> <p><b>Vegetables</b> Whole Kernal Corn</p> <p><b>Fruit</b> Tropical Fruit</p> <p><b>Milk</b> 1% Milk</p>	<p>15</p> <p><b>Lunch Entree</b> Cheesy Pull-Apart, Italian Cheeses &amp; Garlic</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Fresh Banana</p> <p><b>Milk</b> 1% Milk</p>	<p>16</p> <p><b>Lunch Entree</b> Chicken Nuggets</p> <p><b>Vegetables</b> Au Gratin Potatoes</p> <p><b>Fruit</b> Mandarin Oranges</p> <p><b>Milk</b> 1% Milk</p>	<p>17</p> <p><b>MEA BREAK</b></p>	<p>18</p> <p><b>MEA BREAK</b></p>
	<p>21</p> <p><b>Lunch Entree</b> Hot Dog on a Bun</p> <p><b>Vegetables</b> Vegetarian Beans</p> <p><b>Fruit</b> Mixed Fruit Cup</p> <p><b>Milk</b> 1% Milk</p>	<p>22</p> <p><b>Lunch Entree</b> Pizza Crunchers</p> <p><b>Vegetables</b> Cheesy Broccoli</p> <p><b>Fruit</b> Fresh Banana</p> <p><b>Milk</b> 1% Milk</p>	<p>23</p> <p><b>Lunch Entree</b> Rotini Pasta Alfredo Florentine w/ Chicken, JTM 1688</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Diced Peaches</p> <p><b>Milk</b> 1% Milk</p>	<p>24</p> <p><b>Lunch Entree</b> Bosco Cheese Bread Stick</p> <p><b>Vegetables</b> Romaine Lettuce</p> <p><b>Fruit</b> Assorted 100% Fruit Juice</p> <p><b>Milk</b> 1% Milk</p>	<p>25</p> <p><b>Lunch Entree</b> Pepperoni Pizza</p> <p><b>Vegetables</b> Green Peas</p> <p><b>Fruit</b> Applesauce Cup</p> <p><b>Milk</b> 1% Milk</p>

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>28</p> <p><b>Lunch Entree</b> ChickenTenders</p> <p><b>Vegetables</b> Whole Kernal Corn</p> <p><b>Fruit</b> Mixed Fruit Cup</p> <p><b>Milk</b> 1% Milk</p>	<p>29</p> <p><b>Lunch Entree</b> Mandarin Orange Chicken</p> <p><b>Vegetables</b> Celery Sticks</p> <p><b>Fruit</b> Fresh Banana</p> <p><b>Grains</b> Fried Brown Rice WG</p> <p><b>Milk</b> 1% Milk</p>	<p>30</p> <p><b>Lunch Entree</b> Boneless Chicken Wings</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Assorted 100% Fruit Juice</p> <p><b>Grains</b> Dinner Roll</p> <p><b>Milk</b> 1% Milk</p>	<p>31</p> <p><b>Lunch Entree</b> Stuffed Crust Cheese Pizza</p> <p><b>Vegetables</b> California Blend Vegetables</p> <p><b>Fruit</b> Diced Pears</p> <p><b>Milk</b> 1% Milk</p>	

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