

 **BREAKFAST**

 **LUNCH**

OCTOBER 2022

Kansas School for the Deaf

Served every day with breakfast: Milk (Skim or 1%), Fruit and 100% Juice

Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

Monday

BREAKFAST PIZZA **3**
CHEESEBURGER
WAFFLE FRIES
STEAMED CARROTS
GRAPES

SCRAMBLED EGGS & TOAST **10**
PEPPERONI PIZZA
STEAMED BROCCOLI
GLAZED CARROTS
PINEAPPLE

BREAKFAST PIZZA **17**
MANDARIN ORANGE CHICKEN
VEGETABLE FRIED RICE
ORIENTAL VEGETABLES
FRUIT COCKTAIL

MINI WAFFLES W/ SYRUP **24**
BBQ PORK PATTY ON BUN
GLAZED CARROTS
SLICED APPLES

PUMPKIN MUFFIN/OATMEAL **31**
MUMMY DOG
VAMPIRE VEGGIES
SPOOKY STRAWBERRIES
CREEPY COOKIE
GHOSTLY MILK OR WITCH'S BREW

Tuesday

EGG & CHEESE BOSCO STICK **4**
CHEESE PIZZA
GREEN BEANS
CORN
PINEAPPLE

EGG & POTATO BREAKFAST BOAT **11**
CHICKEN NUGGETS
W/ MACARONI & CHEESE
STEAMED BROCCOLI
CORN ON THE COB
APPLE SLICES

EGG & CHEESE BOSCO STICK **18**
SLOPPY JOE ON BUN
WAFFLE FRIES
BAKED BEANS
PEACHES

PANCAKE ON A STICK **25**
CHICKEN QUESADILLA
CORN
REFRIED BEANS
APPLESAUCE

Wednesday

DONUT/OATMEAL **5**
BEEF, BEAN & CORN ENCHILADAS
MEXED VEGETABLES
SIDE SALAD
DICED PEARS

BISCUITS & GRAVY OR FRUIT STRUDEL **12**
SALISBURY STEAK W/ ROLL
MASHED POTATOES & GRAVY
SAUTEED ONIONS & PEPPERS
MANDARIN ORANGES

OATMEAL/MUFFINS **19**
FIESTADA PIZZA
ROASTED CAULIFLOWER
CARROTS
BAKED APPLES

BREAKFAST BURRITO **26**
BEEF STEAK FINGERS
DINNER ROLL
MASHED POTATOES W/ GRAVY
GREEN BEANS
MIXED FRUIT SALAD

Thursday

PANCAKES W/ SYRUP **6**
LEMON PEPPER TILAPIA ROLL
SAUTEED SPINACH
RED POTATOES
BANANA

NO SCHOOL **13**

FRENCH TOAST STICKS W/ SYRUP **20**
CHILI CHEESE FRITOS
CARROTS & CELERY STICKS
PEARS
CINNAMON ROLL

MUFFINS/STRING CHEESE **27**
CHICKEN ALFREDO
W/ GARLIC BREAD
VEGETABLE BLEND
GRAPES

Friday

NO SCHOOL **7**
GPSD MENU
BEEF HOT DOG
TATER TOTS
VEGETABLE BLEND
FROZEN FRUIT CUP

NO SCHOOL **14**

SAUSAGE, EGG, & CHEESE ENGLISH MUFFIN **21**
FISH SANDWICH
GREEN BEANS
CREAMY COLESLAW
BANANA

SCRAMBLED EGGS & TOAST **28**
CHEESEBURGER
TATER TOTS
MIXED VEGETABLES
SLICED PEARS

Questions????
Contact Cindy Rawie, Food Service Director
crawie@kssdb.org

Due to availability, substitutions to the menu may occur.

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
3 SWEET & SOUR CHICKEN VEGETABLE FRIED RICE MIXED FRUIT SALAD	4 BEEF TACO SALAD TORTILLA CHIPS LETTUCE, TOMATO, SALSA, CHEESE FRUIT COCKTAIL	5 GRILLED CHICKEN SANDWICH FRENCH FRIES MANDARIN ORANGES	6 TAMALE PIE W/ CHEESE GREEN BEANS PEACHES CHURROS	7 GPSD MENU LASAGNA ITALIAN VEGETABLE BLEND FRUIT MIX SHERBET
10 CHICKEN NACHOS LETTUCE, TOMATO, SALSA CHEESE SAUCE REFRIED BEANS FRUIT COBBLER	11 MEATLOAF MACARONI & CHEESE GREEN BEANS MANDARIN ORANGE JELLO SALAD	12	13	14
17 TATER TOT CASSEROLE MIXED GREENS SALAD MIXED VEGETABLES APPLESAUCE	18 HAM & CHEESE HOT POCKET PEAS STRAWBERRIES	19 OVEN-FRIED CHICKEN LEGS ROLL MASHED POTATOES W/ GRAVY MIXED FRUIT SALAD	20 BEEF TACO SALAD TORTILLA CHIPS LETTUCE, TOMATO, SALSA, CHEESE FRUIT COCKTAIL	21
24 GENERAL TSO CHICKEN STEAMED RICE EGG ROLL GARDEN PEAS PINEAPPLE	25 MACARONI & CHEESE W/ LITTLE SMOKIES SPINACH MIXED FRUIT	26 PEPPERONI PIZZA STEAMED BROCCOLI ICE CREAM CUP	27 SHEPHERD'S PIE ROLL MIXED VEGETABLES CHERRY COBBLER	28
31 BREADED PORK STEAK SCALLOPED POTATOES JACK O'LANTERN PRETZEL PEARS				

[Questions???

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