Menu subject to change daily without notice.

| September 2022 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | Breakfast: <br> Bagels with Cream Cheese <br> Lunch: <br> Burritos <br> Corn <br> Salad/FF Dressing <br> Fruit | Breakfast: <br> Biscuit \& Gravy with Sausage Patty <br> Early Dismissal |
| No School 5 |   <br> Breakfast: 6 <br> PC Griddles  <br>   <br> Lunch:  <br> Hot Pockets  <br> Salad/FF Dressing  <br> Green Peas  <br> Fruit  | Breakfast: <br> Strawberry Shortcake <br> Lunch: <br> Hot Ham \& Cheese Sweet Potato Fries Coleslaw Apple Slices |   <br> Breakfast: 8 <br> Cereal/Yogurt  <br> Lunch:  <br> BBQ Chicken Wrap  <br> Beets  <br> Cheetos  <br> Fruit  |   <br> Breakfast:  <br> Sausage Biscuit  <br>   <br> Lunch:  <br> Spaghetti  <br> Cheese  <br> Garlic Stick  <br> Green Beans  <br> Fruit  |
| Breakfast: <br> Pancakes <br> Lunch: <br> Sub Sandwich Corn Chips Lettuce, Tomato, Onion, Pickles Craisins | Breakfast: Hashbrown Go-gurt Lunch: Taco/Shell Corn Lettuce/Cheese/Salsa Tomato/Sour Cream Fruit | Breakfast: <br> Mini Cinni <br> Lunch: <br> Pretzel Sticks Cheese/Marinara Go-gurt Carrots/FF Dip Fruit | Breakfast: Pizza Lunch: Chicken and Noodles Crackers Cheese Stick Cooked Carrots Fruit |   <br> Breakfast:  <br> Bacon Biscuit  <br>   <br> Lunch:  <br> Fish Patty on Bun  <br> Slaw Salad  <br> Beets  <br> Plain Chips  <br> Fruit  |
|   <br> Breakfast:  <br> Poptarts  <br>   <br> Lunch:  <br> Hot Dog on Bun  <br> Potato Salad  <br> Corn Chips  <br> Fruit  | Breakfast: Frudel Lunch: Salisbury Steak w/ gravy Roll Mashed Potatoes Green Beans Fruit | Breakfast: Chicken Biscuit Lunch: Bosco Stick Marinara Sauce Salad/ FF Dressing Fruit |  22 <br> Breakfast:  <br> Tornado  <br>   <br> Lunch:  <br> Chicken Alfredo  <br> Garlic Stick  <br> Broccoli  <br> Fruit  | Breakfast: Egg/Cheese Wrap Lunch: Grilled Cheese Goldfish Fresh Veggies/ FF Dip Fruit |
| Breakfast: <br> French Toast <br> Lunch: <br> Italian Cheesy Pull Apart <br> Marinara Sauce <br> Salad/FF Dressing <br> Beets <br> Fruit | Breakfast: Honeybun Lunch: Lasagna Rollups Garlic Bread Green Beans Fruit |  28 <br> Breakfast:  <br> Muffins  <br>   <br> Lunch:  <br> Chicken Tenders  <br> Bread  <br> Mashed Potatoes  <br> Spinach  <br> Fruit  <br> Ice Cream Cup  | Breakfast: 29 Yogurt, Fruit \& Granola Lunch: Sliced Ham Roll Augratin Potatoes Broccoli Fruit | Breakfast: Cereal Bar Lunch: Sweet \& Sour Chicken Rice Mixed Vegetables Fruit |

Chef salads available for grades 6-12

Breakfast will be served in classroom.

All breakfast served with $100 \%$ juice, fruit and option of white or chocolate fat-free milk.
All lunches served with white or chocolate fat-free milk.

Bread \& condiments served as needed.

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