

**BREAKFAST**

**AUGUST 2022**

Portage Area Elementary School

Cereals Offered Daily:  
 Trix  
 Apple Cinnamon Cheerios  
 Lucky Charms

Breakfast Kits Offered Daily:  
 Fudge Pop tart  
 Strawberry Pop tart  
 Cocoa Puff Bar

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25 Chocolate Chip Crumb Cake or Mini Strawberry Filled Bagel Assortment of Fruit 100% Juice Choice of Milk	26 Donut or Mini Strawberry Filled Bagel Assortment of Fruit 100% Juice Choice of Milk
29 Breakfast Pizza or Mini Strawberry Filled Bagel Assortment of Fruit 100% Juice Choice of Milk	30 Omelet w/Toast or Mini Strawberry Filled Bagel Assortment of Fruit 100% Juice Choice of Milk	31 French Toast Squares or Mini Strawberry Filled Bagel Assortment of Fruit 100% Juice Choice of Milk		

**What is CEP and what does it mean for me?**

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

**The 5 food groups to a school breakfast are:**

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

Choice at least 3 food groups.  
 Take at least 1/2 cup fruit and/or vegetable.



**Meal Prices**  
 2<sup>nd</sup> Breakfast - \$2.00    Adult Breakfast - \$3.00  
 Milk (2<sup>nd</sup>) - \$.50  
 Bottled Water (Large) - \$.50  
 Bottled Water (Small) - \$.30

**A copy of the menu with the nutritional and allergy information is available at:**  
<https://www.schoolcafe.com/PortageASD>