



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1 W/G Cheerios  Fresh Fruit	2 Eggo Mini French Toast Bag  Fresh Fruit	<b>What is a Meal?</b>  BREAKFAST INCLUDES: 1. Whole Grain Item 2. 4oz. Of Fruit 3. Milk 1% white
5 W/G Cinnamon Toast Crunch Cereal  Fresh Fruit	6 Strawberry Mini Bagel  Fresh Fruit	7 Eggo Mini Waffles  Fresh Fruit	8 W/G Cheerios  Fresh Fruit	9 Eggo Mini French Toast Bag  Fresh Fruit	
12 W/G Cinnamon Toast Crunch Cereal  Fresh Fruit	13 Strawberry Mini Bagel  Fresh Fruit	14 Eggo Mini Waffles  Fresh Fruit	15 W/G Cheerios  Fresh Fruit	16 Eggo Mini French Toast Bag  Fresh Fruit	
19 W/G Cinnamon Toast Crunch Cereal  Fresh Fruit	20 Strawberry Mini Bagel  Fresh Fruit	21 Eggo Mini Waffles  Fresh Fruit	22 W/G Cheerios  Fresh Fruit	23 Eggo Mini French Toast Bag  Fresh Fruit	
26 <b>No School</b>	27 Strawberry Mini Bagel  Fresh Fruit	28 Eggo Mini Waffles  Fresh Fruit	29 W/G Cheerios  Fresh Fruit	30 Eggo Mini French Toast Bag  Fresh Fruit	
<b>NUTRI SERVE FOOD MANAGEMENT</b> Kristine Colo, Food Service Director 856-224-4900 ext. 2128 <a href="mailto:ma1535@metzcorp.com">ma1535@metzcorp.com</a>			<b>Meal Prices</b> Student Breakfast \$2.50		



Meet Your Nutritious Friend:  
Arctic Artichoke

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1  Popcorn Chicken  Hot Vegetable Mac & Cheese	2  Pizza (4x6) Plain or Pepperoni  Hot Vegetable Fries	<b>What is a Meal?</b>  You must choose at least 3 of the 5 components available for the school lunch price.  - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum 1/4 cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Daily Lunch Alternatives:</b>  • PBJ Lunch Combo  • Cereal Lunch Combo  <b>Cold Veggie Bags:</b>  <b>Monday:</b> Carrots/Toasty Bean Bites  <b>Tuesday:</b> Cucumber Slices  <b>Wednesday:</b> Peppers  <b>Thursday:</b> Grape Tomatoes  <b>Friday:</b> Caesar Salad  <b>Choice of Fruit</b>  Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b>  1% White Milk, Fat Free Chocolate, & Strawberry
5  Chocolate Chip French Toast w/ Sausage Links  Hot Vegetable Tater Tots	6  Walking Taco w/ Churro  Hot Vegetable Corn	7  Ham and Cheese on Roll w/Lays Chips  Hot Vegetable Carrots	8  Chicken Patty on WG Bun  Hot Vegetable Waffle Fries/Baked Beans	9  Pizza Crunchers  Hot Vegetable Carrots	
12  Mini Confetti Pancakes w/ Sausage Patty  FEATURED VEGGIES Hashbrown Rounds	13  Soft Shell Chicken Tacos  FEATURED VEGGIES Corn	14  Cheeseburger on WG Bun  FEATURED VEGGIES Tater Tots	15  Baked BBQ Chicken  FEATURED VEGGIES Mashed Potatoes	16  Stuff Crust Pizza  FEATURED VEGGIES Peas	
19  Eggo Mini Blueberry Waffle w/ Sausage Links  FEATURED VEGGIES Tater Tots	20  Soft Shell Beef Tacos  FEATURED VEGGIES Corn	21  Pulled Pork on Kaiser Roll  FEATURED VEGGIES Broccoli/Baked Beans	22  Chicken Cheesesteak  FEATURED VEGGIES Green Beans	23  Personal Pizza  FEATURED VEGGIES Carrots	
26  NO SCHOOL	27  Southwest Chicken Bowl w/ Rice  FEATURED VEGGIES Corn	28  Fish Sticks  FEATURED VEGGIES Broccoli	29  Popcorn Chicken  FEATURED VEGGIES Fries	30  Stuff Max Sticks w/ Sauce  FEATURED VEGGIES Peas	
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