

JANUARY 2024

Hines Middle School Breakfast and Lunch Menu

Lunch – \$3.55 paid SY232024 & 0¢-reduced □ Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée with salad bar options of, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p>2 Breakfast Pancake on a stick w/ String cheese or Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Frito- Chili Hot Dog w/ FF Veggie, Fruit & Milk</p>	<p>3 Breakfast Breakfast Pizza- Veggie, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Lg Pretzel w/ cheese Seasoned Green Beans Veggie, Fruit & Milk</p>	<p>4 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> BBQ Shredded Pork Sand w/ Cole Slaw Veggie, Fruit & Milk</p>
<p>8 Breakfast Warm Waffle- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Stix w/ Marinara Veggie, Fruit & Milk</p>	<p>9 Breakfast Chocolate Oat Bar- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Philly Sand w/ Pasta Salad Veggie, Fruit & Milk</p>	<p>10 Breakfast Biscuit w/ Egg & Sausage Veggie, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Orange Chicken, Vegetable Fried Rice, Veggie Egg Roll Veggie, Fruit & Milk</p>	<p>11 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Italian Meatball Sub Veggie, Fruit & Milk</p>
<p>15 NO SCHOOL MARTIN LUTHER KING JR DAY</p>	<p>16 Breakfast Blueberry Parfait- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Soft Chicken Taco's Seasoned Rice Veggie, Fruit & Milk</p>	<p>17 Breakfast French Toast w/ Berries Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Stuffed Baked Potato Chili & Cheese w/ Roll Veggie, Fruit & Milk</p>	<p>18 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Nuggets w/ Corn Roll Veggie, Fruit & Milk</p>
<p>22 Breakfast Pancake on a stick w/ String cheese- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Sweat & Sour Chicken W/ Veggie Noodles Fruit, Veggie, Milk</p>	<p>23 Breakfast Cereal Bar w/ Sun seeds Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Corn Dog w/Baked Beans Veggie, Fruit & Milk</p>	<p>24 Breakfast Fresh Cinnamon Roll- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Veggie, Fruit & Milk</p>	<p>25 Breakfast Cereal w/ Fruits and Grains, Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Burger w/ FF Veggie, Fruit & Milk</p>
<p>29 Breakfast Yogurt, String cheese, Granola Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Turkey w/ Gravy & Mashed Potato, Green Beans Veggie, Fruit & Milk</p>	<p>30 Breakfast Bagel w/ Cream Cheese- Cereal & Grains, fruit & Milk Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Homemade Mac & Cheese w/ TX Toast Veggie, Fruit & Milk</p>	<p>31 Breakfast Cereal w/ Fruits and Grains, Milk Lunch <i>Sandwiches & Salads daily</i> BBQ Pork Rib Sand Scalloped Potato Fruit, Veggie, Milk</p>	

This institution is an equal opportunity provider.