

OCTOBER 2021

Breakfast & Lunch

Marengo County Schools

Monday

Tuesday

Wednesday

Thursday

Friday



BREAKFAST **4**
Pop tarts, fruit cup, milk
LUNCH
BBQ sandwich, slaw, baked beans, pineapple & cherries, milk

BREAKFAST **5**
Sausage pancake bites, fruit cup, milk
LUNCH
County fried steak, rice, gravy, green peas, peaches, ketchup, milk

BREAKFAST **6**
Bologna biscuit, fruit squeeze, milk
LUNCH
Corn dog, macaroni & cheese, baby carrots, ranch, rosy applesauce, ketchup, mustard, milk

BREAKFAST **7**
Berry waffles, strawberry cream cheese, fruit juice, milk
LUNCH
Hot wing, baked potato, broccoli & cheese, margarine, sour cream, mandarin oranges, ranch, milk

BREAKFAST **1**
Pancakes, yogurt, fruit juice
LUNCH
Pizza, tossed salad, salad dressing, w/k corn, pears, milk

BREAKFAST **8**
Toasted pastry, yogurt, fruit juice
LUNCH
Cheese burger, French fries, baby limas, mixed fruit, ketchup, mayo, mustard, dills, milk

BREAKFAST **11**
Peanut butter & jelly sandwich, fruit cup, milk
LUNCH
Chicken fajitas, lettuce, tomato, ranch, w/k corn, baby carrots, ranch, fruit cup, salsa, milk

BREAKFAST **12**
Sausage biscuit, jelly, fruit squeeze, milk
LUNCH
Sloppy Joe, French Fries, green beans, peaches, milk

BREAKFAST **13**
Cereal, banana, milk
Lunch
Pork chop, turnips, sweet potatoes, fresh apple, cornbread, milk

BREAKFAST **14**
Strudel, yogurt, milk
LUNCH
Beef-a-roni, tossed salad, salad dressing, corn on the cob, fruit squeeze, roll, milk

BREAKFAST **15**
Breakfast pizza, fruit juice, milk
LUNCH
Fish sandwich, slaw, baked beans, fruit sobet, ketchup, tarter sauce, milk

18
Professional Delopment Day

BREAKFAST **19**
Pancake sausage bites, fruit cup, milk
LUNCH
Hot Dog, french fries, green peas, strawberries & kiwi, ketchup, mustard, milk

BREAKFAST **20**
Breakfast pizza, fruit juice, milk
LUNCH
BBQ chicken, potato salad, broccoli & cheese, roll, peaches, milk

BREAKFAST **21**
Peanut butter & jelly sandwich, fresh fruit, milk
LUNCH
Beef stragnoff, mashed potatos, baby limas, pineapple chunks, roll, milk

BREAKFAST **22**
Steak biscuit, fruit cup, milk
LUNCH
Spicy chicken sandwich, baby carrots, ranch, chips, fresh fruit, ketchup, mayo, mustard, milk

BREAKFAST **25**
Egg & cheese omlete, fruit juice, milk
LUNCH
Beef Nuggets, creamed potatoes, gravy, green beans, pears, roll, lketchup, milk

BREAKFAST **26**
Waffles, fresh fruit, milk
LUNCH
Pepperoni calzone, tossed salad, salad dressing, w/k corn, mixed fruit, milk

BREAKFAST **27**
Pop Tart, fruit squeeese, milk
LUNCH
Pork Chop, turnips, sweet potatoes, fresh grapes, cornbread, milk

BREAKFAST **28**
Chicken biscuit, fruit cup, milk
LUNCH
Baked ham, macaroni & cheese, green beans, pineapple & cherries, roll, milk

BREAKFAST **29**
Cereal, banana, milk
LUNCH
Fish nuggets, slaw, baked beans, hushpuppies, ketchup, tarter sauce, fruit cup, milk

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