

## Kremlin-Hillsdale Public Schools

PO Box 198, Kremlin, OK 73753 Phone: (580) 874-2281 Fax: (580) 874-4488

The Bronc Way Every Day

## Dear Parent or Guardian:

Enclosed is your student's 2024-2025 athletic physical packet. In order to keep each student's physical organized and easy to scan, it is important to adhere to the following:

- All pages of the packet must be turned in together.
- Packets will be distributed in a 9x12 envelope and must be submitted in a 9x12 envelope no folding or staples.
- Physicals and forms for 2024-2025 must be dated May 1, 2024 or after. This is an OSSAA rule, so no exceptions can be made.

Athletes may get a physical on May 22, 10:30 a.m. -2:30 p.m. in the elementary school pit area for free. There is a sign-up sheet in the high school and elementary office. You may call the office to sign-up. Physicals will begin at 10:30 a.m. Packets will need to be turned into the elementary office by July 15<sup>th</sup>. This will include all athletes that participated this year and any who want to or think they might participate next year. Managers will also be included due to traveling with the teams. Having them in by July 15<sup>th</sup> will allow ample time to have checked and scanned all physicals prior to the teams beginning practice for the upcoming season. In addition, by having them by July 15<sup>th</sup>, coaches are able to be more efficient in tracking physicals for the coming year. Athletes will not be allowed to participate until their physical is completed. It is my goal to have all athlete physicals completed so no one has to miss any practice or game time.

Thank you for assisting me in this. Following these guidelines will make it a lot easier in processing and preparing the documents needed for the upcoming athletic season.

Respectfully,

Garan Qualls
Athletic Director