



# ANDALUSIA JUNIOR HIGH BREAKFAST AND LUNCH

# OCTOBER

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

5

**Lucky Charms Cereal Bar**

Pepperoni Stuffed Crust Pizza, Garden Spinach Salad, Broccoli and Cheese, and Rosie Applesauce

6

**Chorizo Sunrise Stick**

Beef Breaded Nuggets with Sauce, Rice Pilaf, Romaine Salad w/ Ranch Dressing, and Fresh Fruit

7

**Blueberry Muffin**

Scrambled Eggs, Cinnamon Roll, Hash Brown Potatoes, Spicy Ranch Dressing, Carrot Sticks, Orange Wedges

1

**Breakfast Sausage Pizza**

Spaghetti and Meat Sauce, Corn on the Cob, Garlic Knot, Tossed Salad, Sliced Cucumber, and Ranch Dressing, and Fresh Fruit

2

**Strawberry Cream Cheese Bagel/Pop Tart**

Ham and Cheese Sandwich, Nacho Cheese Doritos, Tossed Salad, Carrots/Ranch, and Fresh Strawberries

8

**Chicken Biscuit**

Lasagna with Ground Beef, Tossed Salad w/Ranch Dressing, Garlic Toast, Steamed Cauliflower, Green Beans, Chocolate Graham Crackers, and Fresh Fruit

9

**Donuts/Fudge Pop Tart**

Cheese Sticks, Marinara Sauce, Broccoli, Corn, Tossed Salad, Ranch Dressing, and Fresh Fruit

12

**NO  
SCHOOL!**

13

**Mini Donuts**

Chicken & Waffles of Wonder, Ring of Fire Fries, Showtime Side Salad, Flying Fresh Peaches, and a Carousel Cookie

14

**Mini Blueberry Pancakes**

Trapeze Tacos with Fixins', Silly Squash, Breathtaking Beans, High Wire Honeydew/Cantaloupe, and Carnival Cream Banana Pudding

15

**Breakfast Burrito**

Acrobat Alfredo Pasta, Flirtlop Cornbread, Showstopper Collards, Bullseye Black-eyed Peas, Tumbling Tangerines, and a Juggling Ice Cream

16

**Chocolate Chip French Toast Minis**

Ringmaster's CornDogs, Big Top Baked Beans, Tightrope Tater Tots, Rosie Applesauce and a Grand Finale Apple Fritter

**National School Lunch Week!**

19

**Trix Cereal Bar**

Crispitos, Salsa, English Peas, Tossed Salad, Ranch Dressing, and Pears

20

**Sausage Biscuit**

Nachos with Ground Beef, Salsa, Sour Cream, Black Beans, Brown Rice, Tossed Salad, Ranch Dressing, and Orange Wedges

21

**Cinni Minis/Fudge Pop Tart**

Chicken Fillet with Bun, Potato Wedges, Broccoli and Cheese, and Bananas

22

**Strawberry Pancake Puff**

Chicken Bites, Boom Boom Sauce, Rolls, Steamed Carrots, Tossed Salad w/ Ranch, Mandarin Oranges

23

**Chocolate Chip Muffin**

Round Cheese Pizza, Tossed Salad, Ranch Dressing, Corn Nuggets, Green Beans, and Watermelon Chunks

26

**Cinnamon Toast Soft Bar**

Salisbury Steak, Brown Gravy, Creamed Potatoes, Turnips, Cornbread Muffin, Tossed Salad, Ranch Dressing, and Cantaloupe

27

**Chicken Biscuit**

Chicken and Cheese Quesadilla, Salsa, English Peas, Black Beans, Pears, Fresh Fruit and Chocolate Chip Cookie

28

**Apple Frudel**

Sausage, Mini Biscuit, Cheese Grits, Hash Brown Potatoes, Carrot Sticks, and Ranch Dressing, and Orange Wedges

29

**Maple Pancake Sausage Griddle**

Tangerine Chicken, Fried Rice, Fortune Cookies, Green Beans, and Pineapple Chunks

30

**Mini Blueberry Waffles**

Hamburger with Bun, Lettuce and Tomato, Steamed Carrots, Sidewinder Fries, and Grapes