



Mrs. Kesitilwe

Counselor Newsletter

May 1st, 2022

Dates to Remember

Last Day of School

Thursday May 19th @ 11:45



HAPPY SUMMER

It has been a pleasure working with your students this year. Wishing you a happy and safe summer. Be sure to use your Toolbox. See you August 8th 2022

What We Are Learning

Patience Tool "I am strong enough to wait". Patience is the ability to wait quietly. Patience develops our capacity for tolerating situations that are not in our control. Children learn patience when we model it. If patience is not modeled, children may learn to be impatient, demanding and impulsive.

Courage Tool – "I have the courage to do the right thing" Courage is having inner strength and bravery to do the "right thing" even when it is difficult. When we feel troubled by our own or others' behaviors, it takes courage to use our tools when other are not using theirs.

REINFORCING THE TOOLS AT HOME

Encourage your child to be patient and remind them that they are strong enough to wait. Give them complements when they show patience.

Encourage them to do the right thing even when it's difficult. Share with them about the times when you had be courageous.

K-3 will be bringing their toolboxes home. Please have them explain each tool to you, including their gestures and taglines. 4th-5th graders know the tools as well, please have them share with you what they have learnt from toolbox this year.



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Summer Activities

for Kids & Families

1. Water balloon/squirt gun fight
2. Sidewalk chalk
3. Play in the sprinkler
4. Make popsicles
5. Make an outdoor fort
6. Outdoor movie night or drive-in movie
7. Nature scavenger hunt
8. Pool day
9. Library- books/summer programs
10. Ice Cream shop.
11. Hike at local park
12. Go Fishing
13. Visit the beach or lake
14. Visit the zoo
15. Summer scrapbook
16. Outdoor games:
Badminton, volleyball,
Wiffle ball, kickball, tag,
basketball
17. Plant a container garden
18. Have a picnic lunch or dinner
19. Write a play & perform it for the family outdoors
20. Camp out in backyard.
21. Bonfire + S'mores
22. Visit local farm
23. Ride bikes/skate/walk
24. DIY bubbles
25. Paint rocks
26. Fly kites
27. Visit a local festival
28. DIY backyard obstacle course
29. Catch fireflies

