



# Elementary Menu October 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	FALL BREAK INTERSESSION
<b>FALL BREAK INTERSESSION</b>	<b>FALL BREAK INTERSESSION</b>	<b>FALL BREAK INTERSESSION</b>	<b>FALL BREAK INTERSESSION</b>	<b>FALL BREAK INTERSESSION</b>
Super Donut	Waffle & Sausage	Chocolate Muffin	Egg Bagel/Sausage on a stick	Banana Bread
Nachos with Chicken Corn Fresh Banana 1% Milk or Fat Free Chocolate	Strawberry Uncrustable Carrot Coins Fresh Orange 1% Milk or Fat Free Chocolate	Cheese Quesadilla Green Beans Fresh Apple 1% Milk or Fat Free Chocolate	Cheeseburger Tater Tots Fresh Orange 1% Milk or Fat Free Chocolate	Turkey & Cheese Sandwich Mixed Vegetables Fresh Apple 1% Milk or Fat Free Chocolate
9	10	11	12	
	<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>	
16	17	18	19	
Banana Chocolate Bar Cinnamon Toast Crunch	Sausage on a Stick Frosted Flakes	Breakfast Pizza Honey Nut Cheerios	Cinnamon Bun Apple Jacks	Sausage Egg & Cheese Muffin Froot Loops
Orange Chicken & Rice Beef Dippers & Rice Steamed Broccoli Diced Pears	Spicy Chicken Sandwich Spaghetti & Meatballs Corn Applesauce	Cheesy Bread w/ Marinara Sauce Bean & Cheese Burrito Green Peas Fresh Bananas	Sonoran Dog Cheeseburger Tater Tots Pineapple Tidbits	Pepperoni Pizza Cheese Pizza Mixed Vegetables Blueberries
23	24	25	26	
Coffee Cake Cocoa Puffs	Pancake & Sausage Cheerios	Chorizo & Egg Burrito Lucky Charms	Bagel & Cream Cheese Trix	Yogurt & Strawberry Parfait Kix
Chicken Patty Sandwich Macaroni & Cheese Green Beans Orange	Popcorn Chicken Bowl & Roll Corn Dog Mashed Potatoes & Gravy Diced Peaches	French Bread Cheese Pizza Chicken Nuggets Mixed Vegetables Mandarin Oranges	Cheese Nachos Beef Nachos Corn Fresh Banana	French Toast & Sausage Pancake Sausage Wrap Hashbrown Apple
30	31			
Bagel Breakfast Pizza Fruit Loops	Pumpkin Bread Cinnamon Toast Crunch			
Mini Corn Dogs BBQ Rib Sandwich Carrot Coins Applesauce	Chicken Tamale Cheese Quesadilla Refried Beans Dirty Pudding			

\*Salad Bar, Juice, and Choice of Milk (Nonfat Chocolate and 1% Unflavored Milk) offered daily.

Menu is Offer Versus Serve, Grades Pre-K-8th grade

USDA is an equal opportunity provider and employer.