



COVID-19 in Schools

Guidelines for Quarantine After Exposure in K-12 School Settings

This chart can help guide quarantine decisions for COVID-19 exposures that occur in school settings.

Determine case's infectious period based on the date of onset of symptoms:

First date of infectious period

2 days prior to onset.

____ / ____ / ____

Date of onset of symptoms

(or COVID-19 test if asymptomatic)

____ / ____ / ____

Last date of infectious period

10 days after onset.

____ / ____ / ____

Was the COVID-19 case in school or a participant in school activities during infectious period?

Was anyone ≤ 6 feet* of the case for > 15 minutes during the infectious period?

YES

NO

YES **NO**

No at school exposures need to be assessed. The case should self-isolate away from school until after the last day of the infectious period. Individuals exposed to the case outside of school may need to quarantine (e.g., household contacts)

Is the contact fully vaccinated?

NO

YES

Contact should:

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Quarantine away from school and extracurricular activities for:

- **10 full days if no they have NO symptoms; or**
- **7 days if they have NO symptoms and test negative (PCR or antigen) on or after day 5 of quarantine.**

- Wear a mask indoors.
- May remain in the normal in-person classroom setting and participate in extracurricular and sport activities as long as they have no symptoms.
- Be tested 3-5 days after exposure. If they test positive they should isolate for at least 10 days from the date of the positive test.

*In the K-12 indoor setting, students who are ≥ 3 feet away from an infected student do not need to quarantine if both students were consistently wearing masks. This exception does not apply to teachers, staff, other adults, or exposures outside of the classroom.

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