

2417 - COMPREHENSIVE HEALTH EDUCATION

Pursuant to State law, the School Board shall provide an evidence-based, medically-accurate comprehensive instruction on:

- A. health education that addresses concepts of community health, consumer health, environmental health, and family life, including:
 1. injury prevention and safety;
 2. internet safety;
 3. nutrition;
 4. personal health;
 5. prevention and control of disease;
 6. substance use and abuse; and
 7. prevention of child sexual abuse, exploitation, and human trafficking.
- B. life skills that build confidence, support mental and emotional health, and enable students to overcome challenges, including:
 1. self-awareness and self-management;
 2. responsible decision-making;
 3. resiliency;
 4. relationship skills and conflict resolution;
 5. understanding and respecting other viewpoints and backgrounds;
 6. for students in grades 9 through 12, developing leadership skills, interpersonal skills, organizational skills, and research skills; creating a resume, including a digital resume; exploring career pathways; using State career planning resources; developing and practicing the skills necessary for employment interviews; workplace ethics and workplace law; managing stress and expectations; and self-motivation.
- C. for students in grades 7 through 12, teen dating violence and abuse. This component will include, but is not limited to, the definition of dating violence and abuse, the warning signs of dating violence and abusive behavior, the characteristics of healthy relationships, measures to prevent and stop dating violence and abuse, and community resources available to victims of dating violence and abuse.
- D. for students in grades 6 through 12, an awareness of the benefits of sexual abstinence as the expected standard and the consequences of teenage pregnancy.
- E. for students in grades 6 through 12, the social, emotional, and physical effects of social media. This component must include, but need not be limited to, the negative effects of social media on mental health, including addiction; the distribution of misinformation on social media; how social media manipulates behavior; the permanency of sharing materials online; how to maintain personal security and identify cyberbullying, predatory behavior, and human trafficking on the Internet; and how to report suspicious behavior encountered on the Internet.

Additionally, the District shall notify parents of students of the availability of the Florida Department of Education's online instructional material.

The health education and life skills instruction and materials may not contradict the principles enumerated in F.S. 1003.42.

However, classroom instruction by school personnel or third parties on sexual orientation or gender identity may not occur in prekindergarten through grade 8, except when required by F.S. 1003.42 and F.S. 1003.46. If such instruction is provided in grades 9 through 12, the instruction must be age-appropriate or developmentally appropriate for students in accordance with State standards.

Instruction in Acquired Immune Deficiency Syndrome, Sexually Transmitted Diseases, or Health Education

[DRAFTING NOTE: Please be aware that if the Board selects this option, F.S. 1003.46 includes mandatory areas of instruction that must be provided to students. Neola is making you aware that the required instruction includes sensitive topics. For the Board's benefit, Neola has listed all statutorily required areas of instruction in this option.]

The Board shall provide instruction in acquired immune deficiency syndrome education as a specific area of health education in accordance with the requirements of F.S. 1003.46. Such instruction may include, but is not limited to, the known modes of transmission, signs and symptoms, risk factors associated with acquired immune deficiency syndrome, and means used to control the spread of acquired immune deficiency syndrome. The instruction shall be appropriate for the grade and age of the student and shall reflect current theory, knowledge, and practice regarding acquired immune deficiency syndrome and its prevention. Throughout instruction in acquired immune deficiency syndrome, sexually transmitted diseases, or health education, when such instruction and course material contains instruction in human sexuality, schools shall:

- A. classify males and females as provided in F.S. 1000.21 and teach that biological males impregnate biological females by fertilizing the female egg with male sperm; that the female then gestates the offspring; and that these reproductive roles are binary, stable, and unchangeable;
- B. teach abstinence from sexual activity outside of marriage as the expected standard for all school age students while teaching the benefits of monogamous heterosexual marriage;
- C. emphasize that abstinence from sexual activity is a certain way to avoid out of wedlock pregnancy, sexually transmitted diseases, including acquired immune deficiency syndrome, and other associated health problems;
- D. teach that each student has the power to control personal behavior and encourage students to base actions on reasoning, self esteem, and respect for others; and,
- E. provide instruction and material that is appropriate for the grade and age of the student.

[END OF OPTION]

This instruction shall enable students to master the standards set forth in the State academic standards.

The health education instruction **Instruction** will include basic training in first aid, including **at least one (1) hour of cardiopulmonary resuscitation (CPR)**, once in middle school in a physical education or health class and once in high school in a physical education or health class. Instruction in the use of cardiopulmonary resuscitation must allow students to practice the psychomotor skills associated with performing cardiopulmonary resuscitation and include the use of an automated external defibrillator (AED). **instruction for students in grades 9 and 11. The CPR training will be based on a nationally recognized program that uses current evidence based emergency cardiovascular care guidelines. The instruction will allow students to practice the psychomotor skills associated with performing CPR. Students will be provided instruction in the use of automated external defibrillator when available.**

Health education materials shall, at all times, reflect current theory, knowledge, and practice, and shall be evidence-based and proven effective. The materials shall be available for review at each school site.

Parent Opt-Out

Any student whose parent makes a written request to the school principal shall be permitted to opt-out from the teaching of reproductive health or any disease, including HIV/AIDS, its symptoms, development, and treatment. A student so exempted may not be penalized by reason of that exemption and shall be given alternative assignments during this time.

Parents shall be notified of their right and the process to request an exemption. The District's website homepage includes a link for a student's parent to access and review the instructional materials, as defined in F.S. 1006.29, to teach the curriculum.

The District shall annually review and confirm that the information provided on the District's website homepage is accurate and up to date and shall notify parents by physical or electronic means any time revisions are made to such information.

Florida Department of Education Approved Materials

The Florida Department of Education shall approve all materials used by the Board to teach reproductive health or any disease, including HIV/AIDS, its symptoms, development, and treatment, as part of the courses referenced in F.S. 1003.42.

Instructional Personnel Training

Personnel providing instruction in human sexuality shall receive training based on District approved standards, prior to presenting such instruction.

[NOTE: INCLUDE THE FOLLOWING OPTIONAL LANGUAGE IF YOUR DISTRICT WILL REQUIRE THAT THE COMPREHENSIVE HEALTH EDUCATION CURRICULUM INCLUDE CARDIOPULMONARY RESUSCITATION (CPR) INSTRUCTION.]