

# New Mexico Public Education Department

## Triennial Assessment Template School

### Wellness Policy

#### Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years; however, local educational agencies (LEAs) may assess their policy more frequently if they wish. The results of the assessment must be made available to the public.

#### Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including:

1. Compliance with the wellness policy.
2. How the wellness policy compares to model wellness policies.
3. Progress made in attaining the goals of the wellness policy.

#### Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEAs choose to post the results on their district website.

#### Recordkeeping

Keep a copy of the most recent triennial assessment and supporting documentation on file. This will be needed when you have a school nutrition program administrative review.

*For questions about this document or school wellness policy requirements, contact:*  
[Sharona.Secatero2@ped.nm.gov](mailto:Sharona.Secatero2@ped.nm.gov).

# School Wellness Policy: Triennial Assessment Summary

## Section 1: General Information

<b>School(s) included in the assessment</b>	
To'Hajiilee Community School	

<b>Month and year of current assessment</b>	<b>Date of last school wellness policy revision</b>
January 29, 2026	August 5, 2025

<b>Website address for wellness policy and/or information on how the public can access a copy</b>
<a href="http://www.tohajiileeschool.com">www.tohajiileeschool.com</a> Staff Weekly Newsletter Parent Newsletter Parent Letter

## Section 2: Wellness Committee Information

<b>How many times per year does your school wellness committee meet?</b>	Next Triennial January 2029
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### Designated School Wellness Leader

Name	Job Title	Email Address
Carol Begay	Commodity Clerk; Committee Chair	<a href="mailto:carol.begay@tohajiilee.com">carol.begay@tohajiilee.com</a>

### School Wellness Committee Members

Name	Job Title	Email Address
Kimberly Bruce	PAC/ Committee Vice-Chair	<a href="mailto:kbruce@tohajiilee.com">kbruce@tohajiilee.com</a>
Madeline Edwards	PAC / Committee Secretary	<a href="mailto:medwards@tohajiilee.com">medwards@tohajiilee.com</a>
Willinda Castillo	Chief School Administrator	<a href="mailto:willinda.castillo@tohajiilee.com">willinda.castillo@tohajiilee.com</a>
Michael Carroll	Supervisory Instructional Leader	<a href="mailto:mcarroll@tohajiilee.com">mcarroll@tohajiilee.com</a>
Timothy Chavez	Food Service Lead Cook	<a href="mailto:tchavez@tohajiilee.com">tchavez@tohajiilee.com</a>
Myles Abeyta	Student	
Jojie Ceniza	G&T Teacher/Sped Coordinator	<a href="mailto:jceniza@tohajiilee.com">jceniza@tohajiilee.com</a>
Leomar Juaton	Health/PE/Performing Arts Teacher	<a href="mailto:ljuaton@tohajiilee.com">ljuaton@tohajiilee.com</a>
Melissa Begay	School Counselor	<a href="mailto:melissa.begay@tohajiilee.com">melissa.begay@tohajiilee.com</a>
Diane Sandoval	PAC	<a href="mailto:diane.sandoval@tohajiilee.com">diane.sandoval@tohajiilee.com</a>
Benjamin Keith	Facility Supervisor	<a href="mailto:bkeith@tohajiilee.com">bkeith@tohajiilee.com</a>
Joshua Barbone	Student	
Elayne Costello	Early Childhood Mentor Teacher	<a href="mailto:ecostello@tohajiilee.com">ecostello@tohajiilee.com</a>

### Section 3. Comparison to Model School Wellness Policies

Complete the [WellsAT3.0 assessment tool](#) and keep a copy of the results on file for at least **five** full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

**Indicate model policy language used for comparison:**

- Alliance for a Healthier Generation: Model Policy**
- WellsAT 3.0 example policy language
- Other (please specify):

**Describe how your wellness policy compares to model wellness policies.**

The To'Hajiilee Community School (TCS) wellness policy aligns with the USDA Local School Wellness Policy requirements by promoting nutrition education, physical activity, and student wellness in support of academic success. Consistent with federal guidance (7 CFR §210.31), the policy emphasizes access to healthy meals and opportunities for physical activity during the school day, reflecting core components of evidence-based model wellness policies.

The TCS wellness policy supports **community involvement**, as required by the USDA, by recognizing the role of families, school staff, and the local community in promoting student wellness. This aligns with federal expectations for stakeholder engagement, though model policies typically formalize this through standing wellness committees and documented participation.

In terms of **goal setting and evaluation**, TCS identifies general wellness goals related to nutrition and physical activity, meeting USDA requirements for establishing wellness objectives. However, model wellness policies further strengthen compliance by including measurable benchmarks and regular triennial assessments to monitor progress and guide continuous improvement.

The policy promotes **healthy choices** by encouraging nutritious foods and physical activity consistent with USDA meal standards and Smart Snacks in School regulations. Finally, TCS demonstrates alignment with **compliance and accountability** requirements by adhering to federal nutrition standards, though model policies often provide clearer procedures for public reporting and policy evaluation as outlined in USDA guidance.

## Section 4. Compliance with the Wellness Policy and Progress Toward Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education.
  - Physical activity.
  - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.

- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

<b>Nutrition Promotion and Education Goal(s)</b>	<b>Describe progress and next steps.</b>
<ul style="list-style-type: none"> <li>● Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.</li> </ul>	<p>Progress: Policy includes guidelines for food and beverages sold on campus.</p> <p>Next Steps:</p> <ol style="list-style-type: none"> <li>1. Stakeholders input healthy foods and beverages.</li> <li>2. Notify all staff about the implementation of the TCS Wellness Policy.</li> <li>3. Notify and educate parents of the TCS Wellness Policy.</li> </ol>

Meeting Goal

**Partially Meeting Goal**

Not Meeting Goal

<b>Physical Activity Goal(s)</b>	<b>Describe progress and next steps.</b>
<ul style="list-style-type: none"> <li>● Description of public involvement, public updates, policy leadership, and evaluation plan.</li> </ul>	<p>Progress: TCS continues to implement physical education, breakfast, recess, and lunch.</p> <p>Next Step:</p> <ol style="list-style-type: none"> <li>1. Family, staff, and student engagement activities</li> </ol>

Meeting Goal

**Partially Meeting Goal**

Not Meeting Goal

<b>School-based activities to promote student wellness goal(s)</b>	<b>Describe progress and next steps.</b>
<ul style="list-style-type: none"> <li>● Specific goals for: <ul style="list-style-type: none"> <li>○ Nutrition promotion and education</li> <li>○ Physical activity</li> <li>○ Other school-based activities that promote student wellness.</li> </ul> </li> </ul>	<p>Progress: Offer meals that meet the Dietary Guidelines for American and USDA Healthy Meals Initiatives</p> <p>Progress: Promote regular physical activity as a component of healthy living through physical education.</p> <p>Progress: To'Hajiilee Community School offers opportunities for students to participate in physical activity either before and/or after the school day (or both) through a variety of methods.</p> <p>Next Steps:</p> <ol style="list-style-type: none"> <li>1. Implementation of brain break activities</li> </ol>

	<p>in the classrooms</p> <p>2. Monthly calendar of recommended physical activities for families and students</p>
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Meeting Goal  
**Partially Meeting Goal**  
 Not Meeting Goal

<p><b>Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and smart snacks)</b></p>	<p><b>Describe progress and next steps.</b></p>
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<ul style="list-style-type: none"> <li>Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.</li> </ul>	<p>Progress: Committee established food and beverage policy</p> <p>Next Steps:</p> <ol style="list-style-type: none"> <li>Stakeholders input healthy foods and beverages.</li> <li>Notify all staff about the implementation of the TCS Wellness Policy.</li> <li>Notify and educate parents of the TCS Wellness Policy.</li> </ol>
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Meeting Goal  
**Partially Meeting Goal**  
 Not Meeting Goal

<b>Guidelines for other foods and beverages available on the school campus, but not sold</b>	<b>Describe progress and next steps.</b>
<ul style="list-style-type: none"> <li>Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).</li> </ul>	<p>Progress: Committee established food and beverage policy</p> <p>Next Steps:</p> <ol style="list-style-type: none"> <li>Stakeholders input healthy foods and beverages.</li> <li>Notify all staff about the implementation of the TCS Wellness Policy.</li> <li>Notify and educate parents of the TCS Wellness Policy.</li> </ol>

Meeting Goal  
**Partially Meeting Goal**  
 Not Meeting Goal

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps.
<ul style="list-style-type: none"> <li>• Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.</li> </ul>	<p>Progress: To'Hajiilee Community School is committed to providing a school environment that ensures opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing commercial distractions.</p> <p>Next Steps:</p> <ol style="list-style-type: none"> <li>1. TCS will continue to strive to teach students how to make informed choices about nutrition, health, and physical activity.</li> <li>2. TCS will continue to impart education through nutrition education and health promotion efforts.</li> <li>3. TCS will always protect and promote student's health by permitting advertising and marketing for only those foods and beverages that are permitted to be sold on the school campus, consistent with the TCS wellness policy.</li> </ol>

Meeting Goal

**Partially Meeting Goal**

Not Meeting Goal

**Include any additional notes, if necessary.**