

2026/2027 HEAD START LUNCH

October 2026

Monday	Tuesday	Wednesday	Thursday
			1 Lunch Entree Zoo Animal Shaped Chicken Nuggets Vegetables Corn Fruit Diced Peaches Milk 1% Milk
5 Lunch Entree Chicken Nuggets Vegetables Green Peas Fruit Diced Peaches Milk 1% Milk	6 Lunch Entree Pasta and Meat Sauce USDA Items Vegetables Cut Green Beans Fruit Diced Pears Milk 1% Milk	7 Lunch Entree Hot Dog on a Whole Grain Bun Vegetables Vegetarian Baked Beans-RVS & Head Start Fruit Fresh Fruit Variety Milk 1% Milk	8 Lunch Entree Walking Taco Doritos Vegetables Steamed Mixed Vegetables Fruit Mixed Fruit Cup Milk 1% Milk
12 Lunch Entree Birria (Beef) and Cheese Pupusa Vegetables Corn Fruit Diced Peaches Milk 1% Milk Misc. Mozzarella String Cheese	13 Lunch Entree Chicken filet Sandwich Vegetables Cut Green Beans Fruit Diced Pears Milk 1% Milk	14 Lunch Entree Pizza Crunchers Vegetables Vegetarian Baked Beans-RVS & Head Start Fruit Applesauce Milk 1% Milk	15 FALL BREAK
19 Lunch Entree Cheesy Pull-Apart, Italian Cheeses & Garlic Vegetables Corn Fruit Tropical Fruit Milk 1% Milk	20 Lunch Entree Nachos with Ground Beef Vegetables Refried Beans Fruit Applesauce Milk 1% Milk	21 Lunch Entree Chicken Nuggets Vegetables Green Peas Fruit Diced Peaches Milk 1% Milk	22 Lunch Entree Mandarin Orange Chicken Vegetables Baby Carrots Fruit Pineapple Tidbits Grains Chicken and Vegetable Fried Rice HEAD START Milk 1% Milk
26 Lunch Entree Sloppy Joe Sandwich Vegetables Potato Smiles Fruit Mixed Fruit Cup Milk 1% Milk	27 Lunch Entree Penne Pasta Alfredo Primavera with Chicken/Pre K/Head Start Vegetables Steamed Mixed Vegetables Fruit Diced Pears Milk 1% Milk	28 Lunch Entree USDA PULLED PORK SANDWICH Vegetables Cut Green Beans Fruit Fresh Fruit Variety Milk 1% Milk	29 Lunch Entree Popcorn Chicken Vegetables Mashed Potatoes Fruit Diced Peaches Milk 1% Milk

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