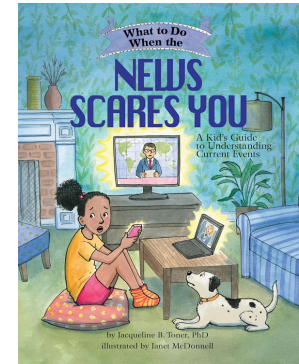
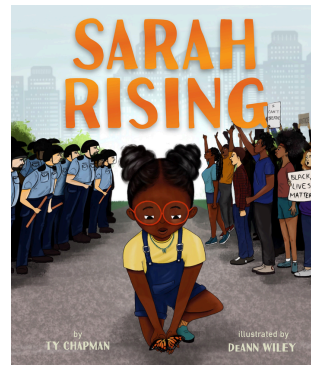
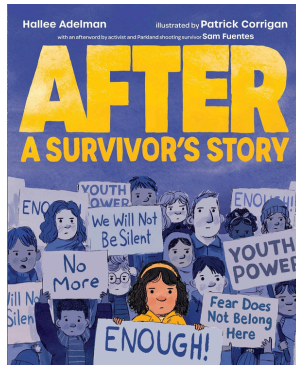
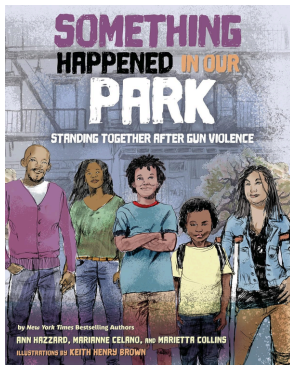


Books to Support Children Through Scary News, Violence & Family Separation



Making Sense of Scary News

Titles that help kids process tough headlines and find calm when the world feels overwhelming.

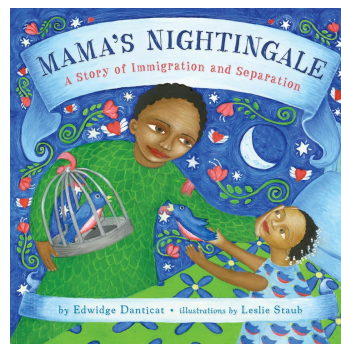
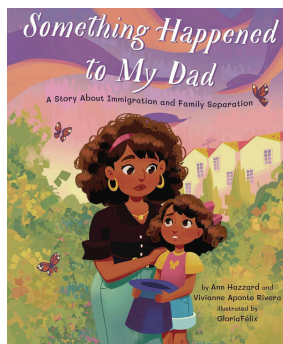
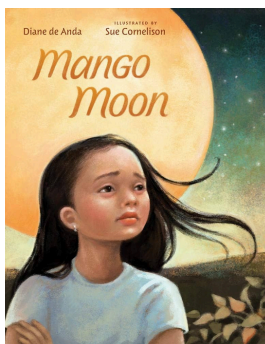


Healing After Gun Violence

Books that help children process fear and grief after shootings.

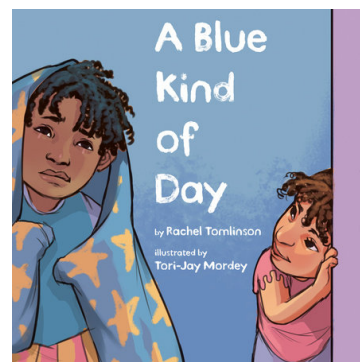
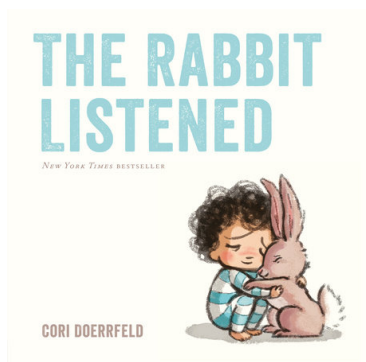
Healing After Police Violence

Books that support children in processing grief, anger, and injustice after police violence.



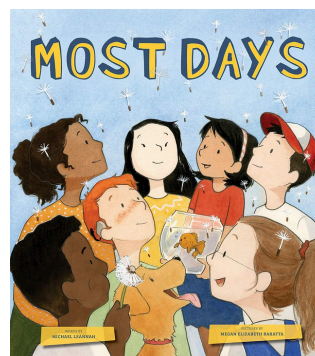
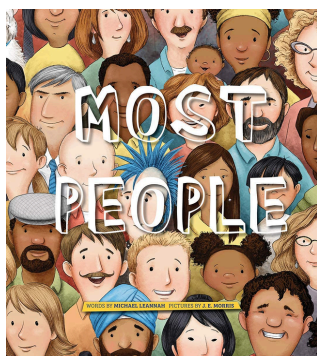
Understanding Deportation & Family Separation

Stories that help children make sense of deportation, detention, and family separation, centering kids' lived experiences.



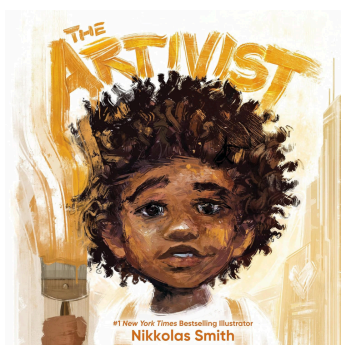
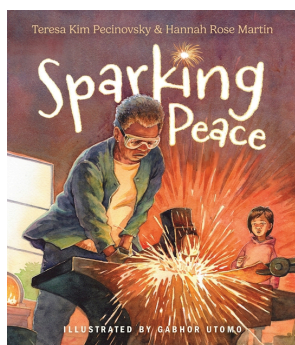
Being There for Big Feelings

Stories that model empathy, presence, and how to support others when they're struggling with sadness or loss.



Grounding Reminders

Gentle stories that reassure kids the world holds goodness, beauty, and calm - even when life feels heavy.



Peace Building, Activism & Community

Books that inspire kids to imagine peace, raise their voices, and build a better world together.

Books to Support Children Through Scary News, Violence & Family Separation

Making Sense of Scary News

- The Breaking News by Sarah Lynne Reul
- On the News: Our First Talk About Tragedy by Dr. Jillian Roberts, illustrated by Jane Heinrichs
- What to Do When the News Scares You by Jacqueline Toner, PhD, illustrated by Janet McDonnell

Understanding Deportation & Family Separation

- Something Happened to My Dad by by Ann Hazzard & Viviana Aponte Rivera, illustrated by Gloria Felix
- Mama's Nightingale by Edwidge Danticat, illustrated by Leslie Staub
- Mango Moon by by Diane de Anda, illustrated by Sue Cornelison
- Until Someone Listens by by Estela Juarez & Lissette Norman, illustrated by Teresa Martínez

Healing After Gun Violence

- Sarah Rising by Ty Chapma, illustrated by DeAnn Wiley
- We Miss You, George Floyd by Shannon Gibney

Healing After Police Violence

Something Happened in Our Park: Standing Together After Gun Violence by Ann Hazzard, Marianne Celano, and Marietta Collins

After: A Survivor's Story by Hallee Adelman, illustrated by Sandra de la Prada

Grounding Reminders

- Most People by Michael Leannah, illustrated by Jennifer E. Morris
- Most Days by Michael Leannah, illustrated by Megan Elizabeth Baratta
- The Rhino Suit by Colter Jackson

Being There for Big Feelings

- A Blue Kind of Day by Rachel Tomlinson, illustrated by Tori-Jay Mordey
- The Rabbit Listened by Cori Doerrfeld
- Beneath by Cori Doerrfeld

Peace Building, Activism & Community

- Sparking Peace by Necole Tunsil, illustrated by Mónica Paola Rodríguez
- The Artist by Nikkolas Smith
- We Are the Builders! by Kelly Starling Lyons, illustrated by Cornelius Van Wright & Ying-Hwa Hu