

# OCTOBER 2024

## INGRAM ELEMENTARY SCHOOL

\*MENUS ARE SUBJECT TO CHANGE

Monday



Tuesday

Wednesday

Thursday

Friday

PIZZA **1**  
CORN  
TOSSED SALAD W/ RANCH  
FRUIT  
MILK

BEEF NACHOS **2**  
W/ CORNBREAD  
PINTO BEANS  
LETTUCE & TOMATO  
FRUIT  
MILK

CHEESE STICK **3**  
W/ MARINARA  
BROCCOLI  
CARROTS  
FRUIT  
MILK

**SCIENCE** **4**  
**ALIVE**  
**SACK LUNCHES**

CHICKEN NUGGETS **7**  
WG DINNER ROLL  
MASHED POTATOES  
GREEN BEANS  
FRUIT  
MILK

PIZZA **8**  
CORN  
TOSSED SALAD W/ RANCH  
FRUIT  
MILK

BEAN BURRITO **9**  
VEGGIE CUP W/ RANCH  
BROCCOLI  
FRUIT  
MILK

ORANGE CHICKEN **10**  
FRIED RICE  
CARROTS  
PEAS  
FRUIT  
MILK

HOT DOG **11**  
FRENCH FRIES  
BAKED BEANS  
FRUIT  
MILK

**NO** **14**  
**SCHOOL**

PIZZA **15**  
CORN  
TOSSED SALAD W/ RANCH  
FRUIT  
MILK

CHICKEN TACO **16**  
W/ CORNBREAD  
PINTO BEANS  
LETTUCE & TOMATO  
FRUIT  
MILK

MINI CORNDOGS **17**  
BROCCOLI  
CARROTS  
FRUIT  
MILK

CHEESEBURGER **18**  
TATER TOTS  
BURGER SALAD  
FRUIT  
MILK

SALISBURY STEAK **21**  
WG DINNER ROLL  
MASHED POTATOES  
GREEN BEANS  
FRUIT  
MILK

PIZZA **22**  
CORN  
TOSSED SALAD W/ RANCH  
FRUIT  
MILK

BEEF NACHOS **23**  
W/ CORNBREAD  
PINTO BEANS  
LETTUCE & TOMATO  
FRUIT  
MILK

ORANGE CHICKEN **24**  
FRIED RICE  
CARROTS  
PEAS  
FRUIT  
MILK

HAMBURGER **25**  
TATER TOTS  
BURGER SALAD  
FRUIT  
MILK

STEAK FINGERS **28**  
WG DINNER ROLL  
MASHED POTATOES  
GREEN BEANS  
FRUIT  
MILK

PIZZA **29**  
CORN  
TOSSED SALAD W/ RANCH  
FRUIT  
MILK

QUESADILLA **30**  
PINTO BEANS  
LETTUCE & TOMATO  
FRUIT  
MILK

RAVIOLI **31**  
WG CHEESE STICK  
BROCCOLI  
CARROTS  
FRUIT  
MILK



AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER