



DECEMBER 2025

INGRAM TOM MOORE HIGH & MIDDLE SCHOOL

Breakfast Served 7:15am to 7:45am

Second Breakfast 8:30am to 8:45am

Monday

WG Mini Pancakes
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

1

Tuesday

WG Donut & Sausage
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

2

Wednesday

WG Biscuit & Sausage
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

3

Thursday

Eggs, Hashbrown, Toast/jelly
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

4

Friday

WG Cinnamon Roll
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

5

WG French Toast Sticks
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

8

WG Muffin
And WG Cereal
Fruit
100% Fruit Juice
Milk

9

WG Biscuit & Sausage
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

10

Breakfast Taco
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

11

WG Poptart w/Grahams
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

12

WG Pancake on Stick
Or
WG Cereal
Chilled Fruit
100% Fruit Juice
Milk

15

WG Breakfast Pizza
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

16

WG Biscuit & Sausage
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

17

WG Breakfast Burrito
Or
WG Cereal
Fruit
100% Fruit Juice
Milk

18

SCHOOL
HOLIDAY

19



22



23



24



25



26

CHRISTMAS
HOLIDAYS

29

CHRISTMAS
HOLIDAYS

30

CHRISTMAS
HOLIDAYS

31

Remember To Start Each Day With A Healthy Breakfast

Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Asst Fruits Offered Daily

Assorted Cereal Bowl Paks Offered Daily and All Bread Items Are Whole Grains

*ALL MENUS ARE SUBJECT TO CHANGE

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

