

October 2026

EAT SMART
BE SMART

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Buffalo Chicken Dip with Tortilla Chips Chicken Ceasar Salad with Roll Turkey & Cheese Hoagie Oven Fries Baby Carrots	2 Cheese Pizza Turkey BLT Salad Italian Hoagie Roasted Zucchini Red Pepper Strips
5 Italian Meatballs & Cheese on a Torpedo Roll Buffalo Chicken Salad with Roll Italian Hoagie Oven Fries Baby Carrots	6 Walking Taco over Chips Turkey BLT Salad Turkey & Cheese Hoagie Green Beans Caesar Salad	7 Chicken Alfredo over Pasta Buffalo Chicken Salad with Roll Italian Hoagie Steamed Broccoli Garden Salad	8 Toasted Cheese Sandwich (V) Chicken Ceasar Salad with Roll Turkey & Cheese Hoagie Tomato Soup Corn Salad	9 Cheese pizza Turkey BLT Salad Italian Hoagie Roasted Sweet Potatoes Chickpea Salad
12 Columbus Day SCHOOL CLOSED	13 Chicken & Cheese Quesadilla Turkey BLT Salad Turkey & Cheese Hoagie Steamed Rice Salsa	14 Chicken Nuggets w/ Goldfish Cracker Buffalo Chicken Salad with Roll Italian Hoagie Steamed Broccoli Carrot Sticks	15 Mac & Cheese Chicken Ceasar Salad with Roll Turkey & Cheese Hoagie Tater Triangles Stewed Tomatoes	16 Cheese pizza Turkey BLT Salad Italian Hoagie Oven Roasted Zucchini Chickpeas
19 Pasta with Meatballs Buffalo Chicken Salad with Roll Italian Hoagie Steamed Mixed Veggies Cucumber Slices	20 Twin Soft Tacos Turkey BLT Salad Turkey & Cheese Hoagie Refried Beans Lettuce & Tomato	21 Cowboy Burger on a Bun Buffalo Chicken Salad with Roll Turkey & Cheese Hoagie Glazed Carrots Broccoli Salad	22 Chicken Tenders w/ Goldfish Crackers Chicken Ceasar Salad with Roll Turkey & Cheese Hoagie Curly Fries Apple Cider Slaw	23 Cheese pizza Turkey BLT Salad Italian Hoagie Honey Cinnamon Sweet Potato Corn Salad
26 Breaded Chicken Tenders with Waffles Buffalo Chicken Salad with Roll Italian Hoagie Sidewinder Fries Chickpea Salad	27 Walking Taco over Chips Turkey BLT Salad Turkey & Cheese Hoagie Mexicali Corn Seasoned Black Beans	28 Chicken Patty on a Bun Buffalo Chicken Salad with Roll Turkey & Cheese Hoagie Steamed Broccoli Celery Sticks with Ranch	29 Bacon Cheeseburger Chicken Ceasar Salad with Roll Turkey & Cheese Hoagie Tater Tots Peas & Carrots	30 Cheese pizza Turkey BLT Salad Italian Hoagie Steamed Green Beans Baby Carrots

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
 Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.80
 Adult \$5.00

Available Daily

Sunbutter and Jelly Sandwich with Goldfish and a Cheese Stick
 ½ Cheese Sandwich with Yogurt
 Toasted Cheese Sandwich

Fruit & Veggie Selection

Hot & Cold Vegetable of the Day
 Fresh Fruit, Cupped Fruit and 100% Fruit Juice Available Daily
 Students may choose two ½ cup servings.

Milk Selection

1% White Milk, Fat Free Chocolate, Fat Free Strawberry

Your Dining Services Team

Dawn Janelli
 Food Service Director
 (609) 487-7900 ext. 5070
 Dawn.Janelli@metzcorp.com



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

October 2026

EAT SMART
BE SMART

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Buffalo Chicken Dip with Tortilla Chips Oven Fries Fresh or Cupped Fruit 1% White Milk	2 Cheese Pizza Roasted Zucchini Fresh or Cupped Fruit 1% White Milk
5 Italian Meatballs & Cheese on a Roll Oven Fries Fresh or Cupped Fruit 1% White Milk	6 Walking Taco with Chips Caesar Salad Fresh or Cupped Fruit 1% White Milk	7 Chicken Alfredo over Pasta Broccoli Fresh or Cupped Fruit 1% White Milk	8 Toasted Cheese Sandwich (V) Tomato Soup Fresh or Cupped Fruit 1% White Milk	9 Cheese Pizza Roasted Sweet Potatoes Fresh or Cupped Fruit 1% White Milk
12 Columbus Day SCHOOL CLOSED	13 Chicken & Cheese Quesadilla Steamed Rice Fresh or Cupped Fruit 1% White Milk	14 Chicken Nuggets w/ Goldfish Carrot Sticks Fresh or Cupped Fruit 1% White Milk	15 Mac & Cheese Stewed Tomatoes Fresh or Cupped Fruit 1% White Milk	16 Cheese Pizza Oven Roasted Zucchini Fresh or Cupped Fruit 1% White Milk
19 Pasta with Meatballs Steamed Mixed Veggies Fresh or Cupped Fruit 1% White Milk	20 Soft Tacos Lettuce & Tomato Fresh or Cupped Fruit 1% White Milk	21 Cowboy Burger on a Bun Broccoli Salad Fresh or Cupped Fruit 1% White Milk	22 Chicken Tenders w/ Goldfish Crackers Curly Fries Fresh or Cupped Fruit 1% White Milk	23 Cheese Pizza Honey Cinnamon Sweet Potato Fresh or Cupped Fruit 1% White Milk
26 Breaded Chicken Tenders Sidewinder Fries Fresh or Cupped Fruit 1% White Milk	27 Walking Taco with Chips Mexicali Corn Fresh or Cupped Fruit 1% White Milk	28 Chicken Patty on a Bun Steamed Broccoli Fresh or Cupped Fruit 1% White Milk	29 Bacon Cheeseburger Tater Tots Fresh or Cupped Fruit 1% White Milk	30 Cheese Pizza Baby Carrots Fresh or Cupped Fruit 1% White Milk

Pre K Lunch is pre-ordered and served in the classroom as a complete meal.

A complete meal includes Meat/Meat Alternative, Whole Grain, Vegetable, Fruit and 1% White Milk

Lunch Prices

Student \$3.80
Adult \$5.00

Your Dining Services Team

Dawn Janelli
Food Service Director
(609) 487-7900 ext. 5070
Dawn.Janelli@metzcorp.com



(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

