# SGSC PARENT NEWSLETTER

**SEPTEMBER 13TH-17TH, 2021** 

## FROM THE PRINCIPAL

Good afternoon Everyone,

We are so excited to see our students this week! We are seeing such great improvement from the students throughout each grade level. We will continue to push forward through these hard times to be able to make those gains with all students!

Parents - please make sure that you are attempting to reach out to the teachers before emailing or calling myself or Ms. McBride with issues related to your child's behavior and academics. The relationship between the parent and teacher is SO important. They are the ones that are spending the most time with your child each day, grading their assignments, and monitoring their behavior. They will be able to help you much quicker than we will. We want to strengthen the important relationship between the parent and teacher. Of course, we will always be there, but our first question will be "Have you spoken to the teacher?"

This week, we had a much lower number of COVID cases in the school (only adding 1 positive case to the existing 2 cases from the previous week) and much lower quarantines due to a large number of students returning on Monday, September 13th. Thank you for all of the support as we move forward!

If your child has to quarantine due to COVID exposure, please have your child complete their assignments in Google Classroom. The teachers are adding items into these classrooms, but so far - hardly any students are completing the work. The teachers are working really hard to keep the content moving along while students are quarantining - please make sure your child is logging in and getting the assignments completed! Also, the Google Classroom assignments are for those students that are quarantined due to COVID exposure or a positive test, the Google Classroom is not an option for students that have an appointment or go out of town, etc. and will be out of school. Thank you all and if there are questions, please email me: galmon@sowegastemcharter.org.

We are so thankful to our staff for all that they are doing to serve those in person and those that are quarantining! If you would like to nominate a Staff member for a SHOUT OUT, please click the link below to complete the form! Thanks so much for recognizing our staff and all of their efforts!

Staff Shout Out Form: https://forms.gle/ngToLSDxjNZ8HjwH6

As always, if you have any questions or concerns, please feel free to send me an email at <a href="mailto:galmon@sowegastemcharter.org">galmon@sowegastemcharter.org</a>.

Sincerely, Ginger Almon

### **COVID UPDATE FROM SGSC FOR 9-13-21**

COVID INFORMATION FOR SGSC 9/13/2021

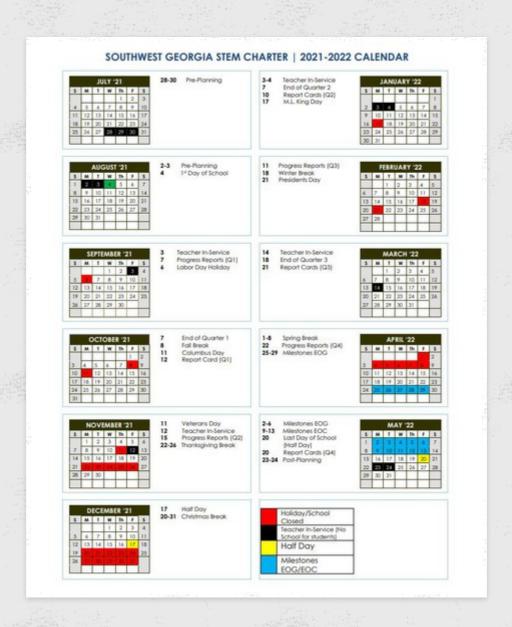
Positive Cases: Staff - 0 Students - 3

Quarantines: Staff - 0 Students - 3 Other information:
Please do not send your child to school if they are experiencing symptoms related to COVID, if someone in the household is positive, or if there is a pending COVID test for the student or household member.



These figures are based on what will happen on Monday, September 13th. Also, please keep in mind that some of the positive cases are remaining on the count because we leave them up for the two weeks - these are not necessarily new COVID cases - some may also be from last week. If you have any further questions, please reach out to our school nurse, Kristen Roland - <a href="kroland@sowegastemcharter.org">kroland@sowegastemcharter.org</a> or 229.345.3033 or myself <a href="majorage-galmon@sowegastemcharter.org">galmon@sowegastemcharter.org</a>.

# SCHOOL CALENDAR



# SGSC CAFETERIA INFORMATION

Please remember all students will receive a free lunch and breakfast this year!





SE	PTEMBER	2021 Sou	thwest Georgia S	TEM Charter	LUNCH
á	School information is on September (** and o Salter Day: September		whole pains, Lock for to	rains Monthli Aim to make at least her words "100% whole grain" or "100 C Whole grains provide more habitet	Statute Park
	MONDAY	TOESDAY	WEDNESONY	THURSDAY	FRIDAY
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**BREAKFAST** 

LUNCH



# FROM MS. MCBRIDE...

September is School Attendance Awareness Month and it's no secret that this year has had its challenges! You might be noticing an increase in school refusal and school avoidance. In the

age of COVID, many students are experiencing environmental stress (wearing masks, social distancing), new pressures (inconsistent schedules, family stress), and academic expectations (online learning, navigating digital platforms) - they are anxious and stressed out! Other contributing factors may include a combination of school, family, and child dynamics. All of these big feelings may present themselves as emotional distress (crying, begging, worrying), somatic complaints (sleep issues, headaches, stomach pain, etc) or as behaviors (clinginess, tardiness, classroom disruptions, skipping school, etc). The good news is there are ways to identify and work through the anxiety that presents itself in school refusal and avoidance!

#### Talk It Through

• Externalize the anxiety - How does the ..... get in the way of you attending school? When is ...... in charge and when are you in charge?

#### Home Help

- Establish routines (bedtime, wake time, mealtime, homework time, etc.)! It is helpful for weekday routines to mimic routine at school. If it is a home-learning day routine should still be followed.
- Set clear expectations. Students must go to school or be doing your home learning during school times unless physical symptoms are severe enough to warrant a doctor visit.

#### **School Strategies**

 Make it a team approach. Who are the people who should be involved and working together for this student? Differing perspectives are important in considering the root causes!

# TPGMING ENTS SESC

# MARK YOUR CALENDARS

September 13th - Middle School Softball @ Clay County at 4:30 pm

September 14th - Middle School Softball against Clay County in Shellman at 4:30 pm

September 15th - Varsity Softball against Terrell County in Shellman at 4:30 pm (Double

Header)

September 16th - Middle School Softball @ Terrell County at 4:30 pm

September 18th - Middle School Softball @ Spring Creek Charter School at 10:00 am

September 18th - Cross Country @ Marion County XC Invitational at 8:00 am

September 29th - School Picture Day - all grades

October 8th-11th - Fall Break







Positive
Office
Referral
Ruleigh shouther soid,
"Byleigh is already to the poers,

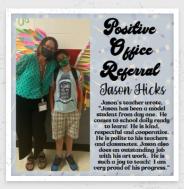
Ruleigh's teacher said,
"Ruleigh is always lending a
helping hand to her peers,
and she participates in class
every day. When she is out,
she is always sure to turn in
her makeup work. Ryleigh
has been such a joy to teach
these first few weeks. We are
looking forward to wurching
her grown this year!"



Positive Ozjice Rejerral

## Latalie Wats

latalie's teacher wrote, Natalie has a positive attitude and is hard sorking, she has made great strides in her cademics and is a joy o have in class. Keep up the great work, latalie! We are all so proud of you!"



















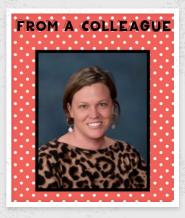










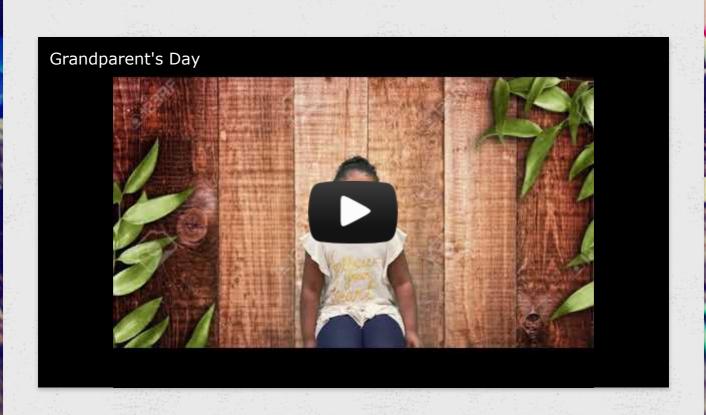








# GRANDPARENT'S DAY VIDEO





# FROM OUR INSTRUCTIONAL COACHES...

Hello Parents.

We know that when students are quarantined, it can be difficult for them to get their school work complete. Oftentimes, this is because a school day is more structured than a student's typical summer or weekend day at home. Which is absolutely understandable!

There are several different ways that you can schedule your student's day during quarantine periods to ensure they get their school work completed and don't fall behind due to being absent. Below are a couple of websites that provide schedules that may be helpful for the academic success of your child. Of course, these can be adapted to meet your family's needs.

nutritionandtherapy.com

Hallowell Todaro
ADHD CENTER

unwrap the gift

Daily Schedule | Hallowell Todar...

hallowelltodaro.com

# ONE TEAM.

ONE MISSION.

NO EXCUSES.





# SOUTHWEST GEORGIA STEM CHARTER SCHOOL

Facebook



**229-345-3033** 

💡 185 Pecan Street, Shellman, ...



galmon@sowegastemcharter....



swgeorgiastemcharter.com/

