

If a student requires blood glucose testing or insulin injections during the school day, the following policy applies.

### **ELEMENTARY, MIDDLE OR JUNIOR HIGH SCHOOL STUDENTS**

Students will complete blood glucose testing and insulin injections in the health room or office, under the supervision of a school nurse or designee, unless there is a documented reason to not do so. Students and staff are required to use universal precautions for the disposal of waste.

Parents are responsible for notifying the school administrator of the student's diabetes management plan and signing medical releases as necessary. The school nurse will be responsible for implementing the student's diabetes management plan, monitoring hypoglycemic and hyperglycemic reactions, and documenting the medical care provided.

If the parent or guardian of an elementary, middle, or junior high student requests that the student practice his/her diabetes management plan outside of the health room/office, the school administrator and school nurse will review the request and grant or deny it based on relevant considerations, including, but not limited to, the age and maturity of the child, the ability to self-administer, understanding and practice of universal precautions, and adherence to diabetes management plan.

If an elementary or middle school student is allowed to self-administer, the parent or guardian, student, and the school nurse must complete and sign a plan for independent diabetes management, documenting how the nurse, student, and parent will continue to work together.

### **HIGH SCHOOL STUDENTS**

Students may self-administer blood glucose testing and insulin injections. In practicing self-administration, students are required to practice universal precautions for the disposal of waste.

### **UNIVERSAL PRECAUTIONS**

Universal precautions for the disposal of waste will be posted in the health room and students and staff are required to comply with the guidelines. Any accidental pricks or punctures must be reported and appropriate medical response accessed.



**LEGAL REFERENCE:**

Idaho Code Sections

33-506(3) – Organization and government of board of trustees

33-520(4) – Governance of schools

33-520 – Policy governing medical inhalers, epinephrine auto-injectors, insulin and blood glucose monitoring supplies

**ADOPTED:** June 15, 2021

**AMENDED:**