## October 2025 Stark County Junior/Senior High School Menu

Breakfast is served every day from 7:30-8:00 am Ketchup, Mustard, Ranch and French Dressing, Hot Sauce, and BBQ Sauce are Offered Menu is Subject to Change 1% White, Strawberry, Chocolate Milk are offered at all meals A Plant Based Meal is offered.	Our Breakfast is Offer vs. Serve. Children can pick 3 out of 4 items as long as 1 of the items is ½ cup of fruit or juice.  Our Lunches are Offer vs. Serve. Children can pick 3 out 5 Meal Groups (Meat/Meat Alternative Fruit, Grain, Vegetables, Milk. As long as the Child has ½ cup of fruit or vegetable with 2 other components on their tray.	1 Wednesday WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice WG Corn Dogs, Smoothie Meal, Chef Salad, Yogurt Meal, Deli or WG Uncrustable Meal Bake Beans 28 gm, Corn 16 gm, Pears 16 gm, Fresh Fruit and Veggies	2 Thursday Mini Cinnamon and Sugar Donuts 40 gm, WG Cereal, Fruit, Juice  WG Bun 28 gm, BBQ Rib gm, Chef Salad, Deli or WG Uncrustable Meal, Yogurt Meal or Chicken or Cheese Quesadilla Cinnamon Applesauce 26 gm, Fresh Fruit and Veggies	3 Friday WG Cereal, WG French Toast Sticks 42 gm, Syrup 20 gm, Fruit, Juice  Taco in a Bag 24 gm, Taco Meat, Shredded Cheese, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal Romaine 1.5g, Salsa 8 gm, Pineapple 17 gm, WG Raspberry Churros 56 gm, Fresh Fruit and Veggies
6 Monday WG Cereal. Pancakes Bites 37 gm, Syrup 20 gm, Fruit, Juice WG Bosco Sticks 50 gm, Beef Ravioli 36 gm, Panini Meal, Yogurt Meal, Deli Meal, Chef Salad Peas 11 gm, Carrots 6 gm, Pears 16 gm, Fresh Fruit and Veggies,	7 Tuesday WG Cereal, WG English Muffin 21 gm, Egg Patty 1 gm, Cheese Slice 2 gm, Fruit, Juice WG Bun 28 gm, Tenderloin 14 gm, Deli Meal, Yogurt Meal, Chef Salad Hot Apple Slices 21.92 gm, Broccoli w/ Cheese 10 gm, Baked Beans 28 gm, Fresh Fruit and Veggies	8 Wednesday WG Cereal, WG Breakfast Bar40 gm, Fruit, Juice WG Bun 26 gm, Meatball Sub 5 gm Cheese 4 gm, Smoothie Meal, Deli Meal, Yogurt Meal, Chef Salad Green Beans 4g, Mixed Fruit 22 gm, Fresh Fruit and Veggies	9 Thursday WG Cereal, WG Pumpkin Bread 44 gm, Yogurt, Fruit, Juice WG Bun 26 gm, Pulled Chicken, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal, Chicken or Cheese Quesadilla 38g Oven Fries 22 gm, Pineapple 17 gm Fresh Fruit and Veggies	10 Friday WG Cereal, Biscuit 26 gm, Sausage Gravy 8 gm, Fruit, Juice WG Multi Cheese Garlic Bread 43,5 gm, Chef Salad, Deli Meal, Uncrustable, Yogurt Meal, Romaine 1.5 g, Marinara Sauce 7 gm, Cinnamon Applesauce 26 gm, WG Cookie 28 gm, Fresh Fruit and Veggies

WG Cereal, WG Breakfast Pizza 33 gm, Fruit, Juice  Totchos (Tater Tots, Taco Meat, Cheese Sauce, 27 gm, WG Chips 32 gm) Panini Meal, Yogurt Meal, WG Uncrustable, Deli Meal, Chef Salad Refried Beans 24 gm, Salsa 8 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies	14 Tuesday WG Cereal, WG Waffle 24 gm, Syrup 20 gm, Fruit, Juice WG Roll 15 gm, Pasta Dinner, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal, Green Beans 4 gm, Pears 16 gm, Fresh Fruit and Veggies	15 Wednesday WG Cereal, WG Mini Chocolate Donuts 41 gm, Fruit, Juice WG Bun 28 gm, WG Chicken Patty 16 gm, Smoothie Meal, Deli Meal, WG Uncrustable, Yogurt Meal, Chef Salad Sweet Potato Fries 23 gm, Peaches 14g, Fresh Fruit and Veggies	16 Thursday WG Cereal, Cinnamon Roll 42 gm Fruit, Juice WG Pizza, Deli Meal, WG Uncrustable, Yogurt Meal, Chef Salad, Chicken or Cheese Quesadilla 38g Carrots, 6 gm, Romaine 1.5 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies	17 Friday NO SCHOOL
20 Monday WG Cereal, WG Pigs in the Blanket 30 gm, Syrup 20 gm, Fruit, Juice  WG Roll 15 gm, WG Chicken Stripes w/ Sweet and Sour Sauce, Panini Meal, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal WG Chicken Rice, Broccoli w/Cheese 10 gm, Mandarin Orange 17 gm, Fresh Fruit and Veggies	21 Tuesday WG Cereal, WG Mini Cinnamon & Sugar Donuts 20 gm, Juice, Fruit WG Chili Crispitos 72 gm, Chef Salad, Deli Meal,WG Uncrustable, Yogurt Meal Refried Beans 24 gm, Salsa 8 gm, Pears 16 gm, Fresh Fruit and Veggies	22 Wednesday WG Cereal, WG Pancake Bites 37 gm, Syrup 20 gm, Fruit, Juice WG Corn Dogs 60 gm, Strawberry Smoothie Meal, Deli Meal, WG Uncrustable, Chef Salad, Yogurt Meal Sweet Potato Fries 23 gm, Peaches 14 gm, Fresh Fruit and Veggies	23 Thursday WG Cereal, WG Apple Frugal 38 gm, m, Fruit, Juice WG Pretzel 30 gm, Cheese Sauce, Chicken Noodle Soup 6 gm, Crackers, Chef Salad, Chicken or Cheese Quesadilla 38g, Yogurt Meal, Deli Meal, WG Uncrustable Corn 16 gm, Tropical Fruit 22 gm, Fresh Fruit and Veggies	24 Friday WG Croissant 29 gm, Sausage Patty 1 gm, Egg Patty 1 gm, Cheese Slice 2 gm, , WG Cereal, Fruit, Juice WG Pizza Sticks 64 gm, Marinara Sauce 7 gm, Chef Salad, Yogurt Meal, Deli Meal, Green Beans 4 gm, Rosy Applesauce, 22 gm, Bavarian Creme Desert 10 gm, Fresh Fruit and Veggies
27 Monday WG Toast 14 gm, Jelly 9 gm, Cheese Omelet 2 gm, WG Cereal, Fruit, Juice  Biscuits 52 gm, Chicken Ala King, Panini Meal, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal Peas 11gm, Mashed Potatoes 17 gm, Mandarin Orange 17 gm, Fresh Fruit and Veggies	28 Tuesday WG Cereal, WG Breakfast Pizza Bagel 30 gm, Juice, Fruit WG Toasted Cheese, 30, gm Chili, Crackers, Chef Salad, Deli Meal, Uncrustable, Yogurt Meal Romaine 1.5 gm, Peaches 14 gm, Fresh Fruit and Veggies	29 Wednesday WG Cereal, Biscuit 26g, Sausage and Gravy 8g, Fruit, Juice  Early Dismissal at 11:00 NO LUNCH  Cereal- Marsh Matey-22g Honey graham 22g, Cinn toaster 24 gm Juice- apple 13 g, grape 19g, of 13 g, Fruit punch 14 g, Pontart-Cinn 73g, Blueberry-72g, Strawberry-75 g	30 Thursday WG Cereal, WG Bagel w/Cream Cheese 41 gm, Fruit, Juice WG Roll 15 gm, Tater Tot Casserole, Chicken or Cheese Quesadilla ,Chef Salad, Deli Meal, Yogurt Meal Green Beans 4 gm., Rosy Applesauce 22 gm. Fresh Fruit and Veggies	31 Friday WG Cereal, (Spooky Donut) WG Long John 33 gm, Fruit, Juice WG Roll 15 gm, WG Chicken Nuggets, Chicken or Cheese Quesadilla ,Chef Salad, Deli Meal, Uncrustable, Yogurt Meal <u>Oven</u> Fries 22 gm, Pears 16 gm, Sidekick 23 gm, Fresh Fruit and Veggies