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|  | **Objective** | **Activity** | **Resource** | **Evaluation** | **Standard** |
| **Monday** | The student will demonstrate the skills necessary to participate in the activity that they’re assigned to. Students will learn about healthy choices and a healthy lifestyle. | Airball, walking, archery, ultimate Frisbee, ragball, wiffle ball, basketball, volleyball, kickball, soccer, 4-square, recreational games, physical fitness testing.  | Equipment suitable for each activity; different balls and courts. | Teacher observation and Physical Fitness test measured against state standards. Students will produce 6 articles per semester on assigned topics relating to PE. | 7th:1, 2, 3, 4, 13, 168th:1, 3, 5, 15 |
| **Tuesday** | The student will demonstrate the skills necessary to participate in the activity that they’re assigned to. Students will learn about healthy choices and a healthy lifestyle. | Airball, walking, archery, ultimate Frisbee, ragball, wiffle ball, basketball, volleyball, kickball, soccer, 4-square, recreational games, physical fitness testing. | Equipment suitable for each activity; different balls and courts. | Teacher observation and Physical Fitness test measured against state standards. Students will produce 6 articles per semester on assigned topics relating to PE. | 7th:1, 2, 3, 4, 13, 168th:1, 3, 5, 15 |
| **Wednesday** | The student will demonstrate the skills necessary to participate in the activity that they’re assigned to. Students will learn about healthy choices and a healthy lifestyle. | Airball, walking, archery, ultimate Frisbee, ragball, wiffle ball, basketball, volleyball, kickball, soccer, 4-square, recreational games, physical fitness testing. | Equipment suitable for each activity; different balls and courts. | Teacher observation and Physical Fitness test measured against state standards. Students will produce 6 articles per semester on assigned topics relating to PE. | 7th:1, 2, 3, 4, 13, 168th:1, 3, 5, 15 |
| **Thursday** | The student will demonstrate the skills necessary to participate in the activity that they’re assigned to. Students will learn about healthy choices and a healthy lifestyle. | Airball, walking, archery, ultimate Frisbee, ragball, wiffle ball, basketball, volleyball, kickball, soccer, 4-square, recreational games, physical fitness testing. | Equipment suitable for each activity; different balls and courts. | Teacher observation and Physical Fitness test measured against state standards. Students will produce 6 articles per semester on assigned topics relating to PE. | 7th:1, 2, 3, 4, 13, 168th:1, 3, 5, 15 |
| **Friday** | The student will demonstrate the skills necessary to participate in the activity that they’re assigned to. Students will learn about healthy choices and a healthy lifestyle. | Airball, walking, archery, ultimate Frisbee, ragball, wiffle ball, basketball, volleyball, kickball, soccer, 4-square, recreational games, physical fitness testing. | Equipment suitable for each activity; different balls and courts. | Teacher observation and Physical Fitness test measured against state standards. Students will produce 6 articles per semester on assigned topics relating to PE. | 7th:1, 2, 3, 4, 13, 168th:1, 3, 5, 15 |

**PE Department Lesson Plans**

Teacher: Bedwell, Burnett, Cahoon, Riddle, Slay Periods: 1, 2, 4, 5, 6