

HeRCARe SERVICES

Riverside University Health System's High Risk Care Access and Resources (HeRCARe) is a team of experts experienced in Maternal-Fetal Care

OUR COMPREHENSIVE SERVICES INCLUDE:

- Total prenatal care
- High-risk pregnancy consultation
- High-resolution ultrasound 3D
- Genetic counseling and Testing
- Nutrition counseling with CPSP
- Sweet Success Diabetes education
- Behavioral counseling
- Non-stress testing
- Video visits

LOCATIONS ACROSS RIVERSIDE COUNTY

Women's Health Center - Main Campus
26600 Cactus Ave., 3rd Floor
Moreno Valley, CA 92555

Hemet Family Care Center
880 N. State Street
Hemet, CA 92543

Corona Community Health Center
2813 S. Main Street
Corona, CA 92882

Lake Elsinore Family Care Center
2499 E. Lakeshore Drive
Lake Elsinore, CA 92530

Banning Family Care Center
3055 W. Ramsey Street
Banning, CA 92220

Jurupa Valley Community Health Center
8876 Mission Boulevard
Jurupa Valley, CA 92509

Palm Springs Community Health Center
191 Sunrise Way
Palm Springs, CA 92262

HeRCARe Program



HeRCARe

High-Risk Care Access and Resources



(951) 600-MOMS (6667)

ruhealth.org/hercare

Why Do You Need an MFM?

When you are expecting a baby, it can be one of the happiest moments of a woman's life, but finding out you have a high-risk pregnancy can be very upsetting. A high-risk pregnancy does not necessarily mean your pregnancy will be more complicated or difficult, however, it does mean that you will need a consultation with an expert who is specially trained to support you with advanced maternal-fetal care.

HeRCARe's Maternal-Fetal Medicine (MFM) doctors are for all mothers in Riverside County facing a high-risk pregnancy. These specialists are recognized in the region for the care and management of women with complicated pregnancies. Common problems include:

- Heart disease, high blood pressure, diabetes, seizures, or other medical conditions
- Problems in this or past pregnancies, such as preterm birth
- Twins, triplets, or more
- Special tests or procedures needed
- Abnormal ultrasound finding or baby with a birth defect

Services Provided

Total prenatal care

High-risk pregnancy consultation

High-resolution ultrasound and 3D

Genetic counseling and testing

Nutrition counseling

Sweet Success Diabetes education

Behavioral health support

Non-stress testing

Video visit with provider during ultrasound

Community Health Centers Located Across Riverside County

Medical and Surgical Center
Women's Health Center - Third Floor
26600 Cactus Avenue
Moreno Valley, CA 92555



3055 W. Ramsey Street
Banning, CA 92220



880 N. State Street
Hemet, CA 92543



2813 S. Main Street
Corona, CA 92882



2499 E. Lakeshore Drive
Lake Elsinore, CA 92530



8876 Mission Boulevard
Jurupa Valley, CA 92509



191 Sunrise Way
Palm Springs, CA 92262

Call: (951) 600-MOMS (6667)

Fax: (951) 571-8916

Email: HeRCARe@ruhealth.org