



MARCH 2023

KANSAS SCHOOL FOR THE DEAF

Served every day with breakfast: Milk (Skim or 1%), Fruit and !00% Juice
 Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

Monday



Tuesday

Wednesday

Thursday

Friday

6 BAGELS W/ CREAM CHEESE
 MANDARIN ORANGE CHICKEN
 VEGETABLE FRIED RICE
 ORIENTAL VEGETABLES
 PINEAPPLE

7 EGG, POTATO
 BREAKFAST BOAT
 BREADED BEEF FINGERS
 MASHED POTATOES W/ GRAVY
 GREEN BEANS
 PEACHES

8 BREAKFAST WRAP
 CHICKEN QUESADILLA
 REFRIED BEANS
 CORN
 APPLESAUCE

9 EARLY DISMISSAL
 PANCAKE ON A STICK
 CHILI CHEESE FRITOS
 VEGGIE STICKS
 PEARS
 CINNAMON ROLLS

10 NO SCHOOL


13 NO SCHOOL
 SPRING BREAK


14 NO SCHOOL
 SPRING BREAK

15 NO SCHOOL
 SPRING BREAK


16 NO SCHOOL
 SPRING BREAK

17 NO SCHOOL
 SPRING BREAK


20 NO SCHOOL
 PROFESSIONAL
 DEVELOPMENT

21 FRUIT STRUDEL
 TURKEY CORNDOG
 SWEET POTATO TOTS
 CORN
 PINEAPPLE

22 WAFFLES W/ SYRUP
 HOT HAM & CHEESE SANDWICH
 BAKED BEANS
 VEGETABLE BLEND
 APPLE SLICES

23 SCRAMBLED EGGS
 & TOAST
 BEEF TACO
 LETTUCE, TOMATO, SALSA
 REFRIED BEANS
 MEXICALI CORN
 PEARS

24 BREAKFAST PIZZA
 FISH NUGGETS
 MACARONI & CHEESE
 PEAS
 MIXED FRUIT

27 BREAKFAST BURRITO
 CHEESE PIZZA
 STEAMED BROCCOLI
 GLAZED CARROTS
 PINEAPPLE

28 FRENCH TOAST STICKS
 W/ SYRUP
 SPAGHETTI & MEAT SAUCE
 GARLIC BREAD
 ITALIAN VEGETABLES
 SIDE SALAD
 FROZEN FRUIT CUP

29 OATMEAL.DONUTS
 CHICKEN FRIED CHICKEN
 ROLL
 MASHED POTATOES W/ GRAVY
 PEAS & CARROTS
 ORANGE SLICES

30 PANCAKE ON A STICK
 CHEESEBURGER
 FRENCH FRIES
 VEGETABLE BLEND
 GRAPES

31 BREAKFAST SANDWICH
 CRISPY CHICKEN SANDWICH
 PASTA SALAD
 PEAS & CARROTS
 FRUIT COCKTAIL

Questions????

Contact Cindy Rawie, Food Service Director
crawie@kssdb.org

Due to availability, substitutions to the menu may occur.
 This institution is an equal opportunity provider.

MARCH 2023

KANSAS SCHOOL FOR THE DEAF



Monday

Tuesday

Wednesday

Thursday

Friday



6

SPAGHETTI & MEAT SAUCE
GARLIC BREAD
ITALIAN VEGETABLE BLEND
PEACHES

7

CHICKEN NOODLE SOUP
ROLL
CORN
GRAPES

1

SHRIMP POPPERS
FRIED RICE
STIR FRY VEGETABLES
PINEAPPLE

2

FRENCH TOAST STICKS
SCRAMBLED EGGS
SAUSAGE
HASHBROWN TRIANGLES
STRAWBERRIES

3

6

7

8

9

10



MEATLOAF
BREAD & BUTTER
MACARONI & CHEESE
PEAS
APPLESAUCE

13

NO SCHOOL
SPRING BREAK



14

NO SCHOOL
SPRING BREAK

15

NO SCHOOL
SPRING BREAK



16

NO SCHOOL
SPRING BREAK

17

NO SCHOOL
SPRING BREAK



20

NO SCHOOL
PROFESSIONAL
DEVELOPMENT

21

EGG ROLL
FRIED RICE
BROCCOLI
STRAWBERRIES

22

SPAGHETTI & MEAT SAUCE
GARLIC BREAD
ITALIAN VEGETABLES
CHOCOLATE PUDDING
W/ VANILLA WAFERS

23

OVEN-FRIED CHICKEN
BREAD & BUTTER
MASHED POTATOES W/ GRAVY
MIXED FRUIT SALAD

24

27

PHILLY CHEESESTEAK
PEPPERS & ONIONS
VEGETABLE BLEND
PEARS

28

LOADED BAKED POATO
SLICED HAM, BACON BITS,
CHEESE, SOUR CREAM,
BROCCOLI, BLACK BEANS, SALSA

29

TATER TOT CASSEROLE
MIXED VEGETABLES
TROPICAL FRUIT SALAD

30

CHICKEN POT PIE
BISCUIT
GREEN BEANS
MANDARIN ORANGES

31

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