

Southland Lady Raiders
Basketball School Records

Most Points Scored in a Game

1992 Jenny Cromer 43

Most Points Scored in a Season

1987-88 Amy Williams 555

Most Points Scored in a Career

2001-06 Angela Lamb 1436

Best Field Goal Percentage

1985-86 Amy Williams 64%

Most 3-Point Goals in a Game

2000 Leslie Legg 7

2006 Kayla Israel 7

Most 3-Point Goals in a Season

2017-18 Cassi Bass 51

Most 3-Point Goals in a Career

2014-18 Kathleen Kinslow 114

Most Free Throws in a Game

1996 Joey Shepard 14

Most Free Throws in a Season

1979-80 Denise Holloway 105

Most Free Throws in a Career

1993-98 Amanda Mathis 294

Best Free Throw Percentage

2018-19 Macy Williams 80.40%

Most Rebounds in a Game

2005-06 Angela Lamb 26

Most Rebounds in a Season

1980-81 Edna Smith 341

Most Rebounds in a Career

2001-06 Angela Lamb 1196

Most Assists in a Game

1988 Lendy Johnson 16

Most Assists in a Season

1991-92 April Gresham 182

Most Assists in a Career

1983-87 Julie Young 432

Most Points by Team in a Game

2000 vs Tiftarea 89

Most Points by Team in a Season

1981-82 1737

Most Victories in a Season

1997-98 24

Region Championships

1979-80

1980-81

1989-90

1995-96

1997-98

1998-99

2018-19

2020-21

2021-22

State Championships

1979-80

1985-86

2020-21