

DECEMBER 2024

BREAKFAST



School Information: This Institution is an Equal Opportunity Provider.

All Fruit is either fresh, frozen or in light syrup.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



MONDAY

Cereal
Fruit
Juice
Milk

2

TUESDAY

Pancake on a Stick
Syrup
Fruit
Juice
Milk

3

WEDNESDAY

Omelet
Toast
Fruit
Juice
Milk

4

THURSDAY

Donut
Fruit
Juice
Milk

5

FRIDAY

Biscuit
Gravy
Sausage
Fruit
Juice
Milk

6

Cereal
Fruit
Juice
Milk

9

Waffle
Syrup
Fruit
Juice
Milk

10

Oatmeal
Fruit
Juice
Milk

11

Egg Patty
Bacon
Fruit
Juice
Milk

12

Biscuit
Gravy
Fruit
Juice
Milk

13

Cereal
Fruit
J Juice
Milk

16

Pumpkin Bread
Fruit
Juice
Milk

17

Oatmeal
Fruit
Juice
Milk

18

Omelet
Toast
Fruit
Juice
Milk

19

Biscuit
Gravy
Sausage
Fruit
Juice
Milk

20

Winter Break

23

Winter Break

24

Winter Break

25

Winter Break

26

Winter Break

27

Winter Break

30

Winter Break

31



Menu subject to change without notice due to availability of products.