



BREAKFAST

FEBRUARY 2026

Student Breakfast: FREE
Adult Breakfast: \$2.84

Rappahannock County Elementary School *Must select 1/2 cup Fruit or Juice w/ Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

2

French Toast Sticks with
Sausage Patty
Bagel & Cream Cheese

3

Panther Sandwich
Fruit & Yogurt Parfait

4

Sausage Gravy & Biscuit
Muffin & Yogurt

5

Ham, Egg, & Cheese Croissant
Mini Strawberry Cream Bagels

6

Breakfast Pizza
Muffin & Yogurt

9

French Toast Sticks with
Sausage Patty
Bagel & Cream Cheese

10

Panther Sandwich
Fruit & Yogurt Parfait

11

Sausage Gravy & Biscuit
Muffin & Yogurt

12

No School

Parent Teacher Conferences

13

No School

Staff Development

16

No School

HOLIDAY

17

Panther Sandwich
Muffin & Yogurt

18

Sausage Gravy & Biscuit
Fruit & Yogurt Parfait

19

Ham, Egg, & Cheese Croissant
Mini Strawberry Cream Bagels

20

Breakfast Pizza
Muffin & Yogurt

23

French Toast Sticks with
Sausage Patty
Bagel & Cream Cheese

24

Panther Sandwich
Fruit & Yogurt Parfait

25

Sausage Gravy & Biscuit
Muffin & Yogurt

26

Ham, Egg, & Cheese Croissant
Mini Strawberry Cream Bagels

27

Breakfast Pizza
Muffin & Yogurt

Daily Offerings:
Cereal & Grahams
Fruit
Fruit Juice
Milk Choice

Menus are subject to change. For information on which menu items may contain allergens, please contact the cafeteria manager.

"This institution is an equal opportunity provider."



FEBRUARY 2026

Rappahannock County Elementary School

Student Lunch: FREE
Adult Lunch: \$4.82

***Must select 1/2 cup Veg or Fruit with Lunch**

Monday

2
Chicken Filet Sandwich

Sweet Potato Fries
Green Beans

9
Chicken Fajitas w/ Rice

Fiesta Corn & Black Beans
Fresh Carrots

16
No School

HOLIDAY

23
Hamburger w/ Toppings

Onion Rings
Butternut Squash

Tuesday

3
Beef & Cheese Nachos

Corn
Refried Beans

10
Spaghetti w/ Meat Sauce
Garlic Bread

Fresh Cucumbers
Fresh Cherry Tomatoes

17
Breakfast for Lunch
French Toast Sticks w/
Sausage

Hash Brown
Carrots

24
Chicken Alfredo w/
Garlic Bread

Fresh Cucumbers
Fresh Cherry Tomatoes

Daily Offerings:
Salad (Pre-Order)
Loaded Baked Potato
PB&J
Fruit
Milk Choice

Wednesday

4
Fresh Baked Pizza
Cheese or Pepperoni

Fresh Broccoli Florets
Fresh Carrots

11
Fresh Baked Pizza
Cheese or Pepperoni

Fresh Carrots
Fresh Celery Sticks

18
Fresh Baked Pizza
Cheese or Pepperoni

Fresh Bell Peppers
Fresh Celery Sticks

25
Fresh Baked Pizza
Cheese or Pepperoni

Fresh Celery Sticks
Fresh Bell Peppers

Thursday

5
Cheeseburger
or Pizza Bento Box

French Fries
Fresh Cucumbers
Fresh Cherry Tomatoes

12
No School

Parent Teacher Conferences

19
Grilled Cheese
or Protein Bento Box (**New**)

Tomato Soup
Fresh Broccoli Florets

26
Walking Tacos (**New**)
or Pizza Bento Box

Refried Beans
Fresh Carrots

Friday

6
Corn Dog

Mashed Potatoes
Fresh Celery Sticks
Fresh Bell Peppers

13
No School

Staff Development

20
Chicken Tenders
with Roll

French Fries
Fresh Cucumbers
Fresh Carrots

27
Chicken Nuggets
With Roll

French Fries
Fresh Broccoli Florets

Harvest of the Month Butternut Squash

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