

DECEMBER 2022

Henry L. Slater Elementary Menu

BREAKFAST IS COMPLEMENTARY TO ALL STUDENTS (after morning bell)

Lunch – **\$3.00** paid SY22-2023 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when student is participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 Breakfast Cereal Bar w/Cracker Fruit & Milk Lunch Chicken Burger Ham & Cheese Sand Veggie, Fruit & Milk
5 Breakfast Chocolate Oat Bar Peaches & Milk Lunch Hamburger Hot Dog Sweet Potato Fries Fruit , Veggies, Milk	6 Breakfast Bagel w/ Cream cheese Applesauce & Milk Lunch Quesadilla Chicken Fajita Sand Fruit, veggies, Milk	7 Breakfast Warm Waffle Apple & Milk Lunch Orange Chicken w/ Fried Rice Turkey & Cheese Wrap Fruit, veggies, Milk	8 Breakfast Cereal w/ Cracker Banana & Milk Lunch Pizza Stix w/ Marinara Toasted Cheese Sand Fruit, veggies, Milk
12 Breakfast Berry French Toast Fruit & Milk Lunch Homemade Chicken Noodle Soup w/ Roll & Cheese Stix Toasted Cheese Sand Fruit, Veggies, Milk	13 Breakfast Yogurt w/ Cracker Fruit, Milk Lunch (one option) Chicken Nuggets w/ Scalloped Potato Sweet Corn Fruit, veggies, Milk	14 Breakfast Cinnamon Roll Applesauce, Milk Lunch (one option) Corn Dog Baked Beans Fruit, veggies, Milk	15 Breakfast Cracker, String cheese Apple, Milk Lunch (one option) PB & Jelly Sack lunch Cheese Stick, Carrots w/ Ranch, Chips Assorted Fruit & Milk
NO SCHOOL		WINTER BREAK 	
			RETURN TO SCHOOL JAN 3, 2023

This institution is an equal opportunity provider.