

SHAC Minutes for October 6, 2026

Members of the SHAC met on Tuesday, October 6, 2026 at 4:15 pm in the cafeteria on the secondary campus. Those present were Stacy Cabaniss, Elizabeth Aguilera, Vianca Barrientos, Michelle Fairchild, Lydia Nichols, Tammy Amerson-Wilson, Emily Morales, Allison Page, Jennifer Rieger, John Slaton, Sean Bloomer, Regena Shirley, Amy Barnes, Jill Chesson, Kayla Casey, Tamie Rzanca and Catherine Kern. Minutes from the May 5, 2026 meeting were emailed to all members prior to the meeting for additions and corrections. Michelle Fairchild made a motion to accept the minutes as presented, Amy Barnes seconded the motion, and it was unanimously approved.

Counselor News-

IES: Annie Jones, IES Counselor, emailed an update to the committee. Enrollment at the Elementary School as of October 6, 2026 is 647 students. Mrs Jones has begun teaching her guidance lessons and they are as follows: PK-2nd grade students are participating in a 2 hour emotional regulation boot camp from October 5-8. Third graders are focusing on identifying and understanding feelings, and 4th and 5th grade students have begun anti-bullying education. Mrs Jones will begin small group sessions with students on November 9, with the initial focus being on social skills for selected students from Kindergarten and 1st grade. On October 26 and 27, Mrs Jones and Mrs Brandt, IES Principal, will be attending a seminar on Capturing Kids Hearts. This program is designed to help educators build connections with students based on trust, and to foster self-managing classrooms. Mrs Jones also noted that the first round of Benchmark testing will take place on December 1 and 3, and the subjects will be math and reading.

IMS: Allison Page, IMS Counselor, reported several updates to the SHAC. Pathways for MS students has been moved to 8th period this year. The 212 Initiative is continuing this year for all students. Lessons are sent out each Monday, and students receive them during Warrior Room. Mrs Page goes into one classroom to do the lesson and teachers do the rest of them. Students are learning the characteristics of a true IMS Warrior, and how to represent the 212 Warrior Way in every aspect of their day. New this year to IMS students is the Heat Challenge, where each grade competes against each other to see who can turn up the heat and make every extra degree count. Grade levels earn points throughout the year by showing up each day and being ready to learn, by displaying

excellence in learning, making good choices and being responsible, and finally by taking pride in their school and making an effort to keep their classrooms and all other areas at school clean and organized. Points will be added up and the winning grade will be determined at the end of each 6 weeks. Mrs Page also reminded the committee that there are many resources in the community to help students and families in need, and staff should be encouraged to reach out to any of the counselors if they are aware of a specific need. Students are also preparing for Red Ribbon Week, which will be October 26-31. There will be dress up days and students will learn how they can continue to stay drug free. Total enrollment for IMS is 298 students as of today, October 6, 2026.

ITM: Mrs Tamie Rzanca, ITM Counselor, reported that testing has begun for students. Juniors have taken the ASVAB, the SAT was administered to those who signed up, and students will be taking the PSAT, as well as the ACT. Mrs Page and Mrs Rzanca are currently working on getting names of students and their families who will be receiving a Thanksgiving meal this year. This is made possible by generous donations from local businesses and individuals each year. Mrs Rzanca is also working with students daily to meet their social and emotional needs. Current enrollment for ITM is 434 students.

Nurse News-

IES: Regena Shirley, IES Nurse, reported that she has been working on completing the state required vision, hearing, and Acanthosis Nigricans screenings for students. The spinal screenings for 5th grade girls will also be completed before the end of the first semester, per state regulations.

IMS/ITM: Catherine Kern, IMS/ITM nurse, told the committee that all vision, hearing and Acanthosis Nigricans screenings will begin the week of October 12. Spinal screenings for 7th grade girls and 8th grade boys will be completed by the end of November. The annual Worth the Wait program for Middle School students was held on August 27 and August 28 in the auditorium. The presentation was done by nurses from the Pregnancy Resource Center in Kerrville and covered topics such as making healthy and safe choices, risky behaviors, relationship goals, sex and the law and teen pregnancy. Letters were mailed to all 7th grade parents prior to the presentation and students were able to attend if their parents signed and returned the permission slip.

Gym News-Michelle Fairchild informed the committee that the annual Adventure Dash Fun Run raised just over \$42,000, which will go back into the school. FitnessGram testing for grades 3-5 has begun for the school year. This testing evaluates 5 health related fitness areas, including aerobic capacity, body composition, muscular strength and endurance and flexibility. Results are submitted at the end of each school year. Students are preparing for Red Ribbon Week at the end of the month, and are looking forward to the annual Walkathon, which will be held on November 20.

Cafeteria News-the committee welcomed Jennifer Rieger as the new Director of Child Nutrition for Ingram ISD. Jennifer had previously been at the Elementary School and became the Director when Jenny Carpenter retired at the end of the 25-26 school year. Jennifer reported that National School Lunch Week will be October 12-16, and this year's theme will be Cafeteria Circus. This week helps students and their families understand how important it is to eat a healthy lunch at school and how it can impact them both inside and out of the classroom. Mrs Rieger said that they are working on menu changes and adding new items for students, and hope to increase the percentage of students who are currently eating lunch at school. Free lunches are available to all students, and the secondary campus is currently serving 67% of the student population at lunchtime. Mrs Rieger will also be working with other school staff and the SHAC to complete the Triennial Assessment, which examines the effectiveness of the Local Wellness Policy for the district, and must be completed every 3 years.

New Business-Ingram ISD will be hosting a Wellness Fair on Friday, October 30, 2026 from 5:30-7:30 pm before the home football game. We will be partnering with the Hunt School, as well as many other businesses and individuals from the community to provide resources and information about mental and physical health and wellbeing to our students and their families. It will be open to the public, and there will be family friendly activities, such as face painting, a bounce house and gaga ball pitt, giveaways and much more.

Ingram ISD will also be hosting a flu shot clinic for staff and their children on October 30, 2026 during Staff Development. Kerrville Drug Company will be administering the vaccines and staff can sign up by responding to the district wide email that was sent or contact Catherine Kern if interested. The cash price is \$25.00, or Kerrville Drug Company will file with insurance.

ITM is pleased to welcome John Slaton as the new Principal and Sean Bloomer as the new Assistant Principal. They have many years of experience, both in the classroom and in leadership roles, and are a wonderful addition to the Warrior family.

There were several changes to the membership list that were made by the SHAC, and the list has been updated for the 26-27 school year. Officers are elected every two years, and this year, the committee voted via email to keep the officer positions the same as the previous two years. Regena Shirley made a motion that the positions remain the same, Jill Chesson seconded the motion, and it was approved. Officers will be as follows: Chairman Lydia Nichols, Vice Chairman Selena Sheets and Secretary Catherine Kern.

Tammy Amerson-Wilson, Wesley Nurse, is working on getting a grant for the district to fund a clothing closet and will provide more updates as they are available. Anastasia Cabaniss, the local Health Dept nurse, reported that free flu vaccines are available to anyone in the community who does not have health insurance. Emily Morales, Community Health Worker for Methodist Healthcare Ministries, also discussed several resources for students and families and asked that they be contacted for any student or family in need.

Meeting dates for the 26-27 school year will be as follows: December 1, 2026, February 2, 2027, and May 4, 2027. They will begin at 4:15 pm and will be held in the cafeteria on the secondary campus.

There was no further business to discuss and the meeting was adjourned.

Respectfully submitted by:

Catherine Kern, Secretary