



OCTOBER 2025

Hadley- Luzerne Jr-Sr High School

Every STUDENT gets 1st meal for free!!!
Extras, snacks and drinks can be purchased
by using cash, or off the student's accounts.
Linqconnect.com

Monday

Tuesday

Wednesday

Thursday

Friday

Offered Daily:
*Powerpacks
*Wraps/Sandwiches
*Salads

Nugs

Chicken Nuggets
Sweet Potato Fries
Melba Sauce
Dinner Roll
Sliced Cucumbers

6

Walking Taco

Seasoned Ground Beef
Doritos
Lettuce, Tomato, Shredded Cheese
Jalapeno Cheddar Refried Beans
Corn

7

Mac 'n' Cheese

Macaroni and Cheese
WW Dinner Roll
Roasted Broccoli
Red Pepper Strips
Apple Crisp

8

Pizza Day

Cheese, Pepperoni,
Assorted Pizza
Roasted Cauliflower
Side Salad

9

Dipper Day

Cheese filled Breadsticks
Marinara Sauce
Roasted Broccoli
Cherry Tomatoes

3

½ Day

To Go Lunch
Available

10

**NO
SCHOOL**

13

Dippin' Day

Buffalo Chicken Dip
WG Tortilla Chips
Roasted Broccoli
Carrots & Celery

14

Brunch for Lunch

French Toast Sticks
Sausage Links
Hash Browns
Honey Carrots
NYS Grape Juice

15

BBQ Pulled Pork

BBQ Pulled Pork on a
WW Bun
Fries
Baked Beans
Cole Slaw

16

Pizza Crunchers

Cheese and Sauce filled
Pizza Crunchers
Green Beans
WW Garlic Parmesan Rolls
Cherry Tomatoes

17

Chicken Patty

Chicken Patty
on WG Bun
Tater Tots
Peas
Cherry Tomatoes

20

Soup N' Salad

Broccoli Cheddar or Loaded
Baked Potato Soup
Caesar Salad
Bread Stick

21

Loaded Fries

Waffle Fries
Buffalo Chicken or Cheese Sauce
WW Dinner Rolls
Zesty Green Beans
Baby Carrots

22

Eagles Bowl

Popcorn Chicken
Mashed Potatoes
w/Gravy
Steamed Corn
WW Dinner Roll

23

Pizza Day

Cheese, Pepperoni,
Assorted Pizza
Mixed Vegetables
Side Salad

24

Chicken Tenders

Chicken Tenders
w/ Dipping Sauce
Smiles
WW Dinner Roll
Sliced Cucumbers

27

Turkey & Gravy

Oven Roasted Turkey
w/ Gravy
Mashed Potatoes
Roasted Broccoli
Baby Carrots

28

Mozzarella Sticks

Mozzarella Sticks
Marinara Sauce
Garlic Bread
Peas
Cherry Tomatoes

29

Goulash

Meat Sauce
served over Macaroni
Breadstick
Green Beans
Red Pepper Strips

30

Stromboli

Homemade Cheese, Pepperoni,
and Assorted Specialty Stromboli
with Sauce
Tossed Salad
Dessert

31

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2112 ext 3117, or email scheffco@hlcs.org.