#### MIDLAND HIGH SCHOOL DAILY ANNOUNCEMENTS MONDAY SEPTEMBER 9, 2024

# PLEDGE OF ALLEGIANCE

### **ANNOUNCEMENTS**

Are you interested in joining a club at Midland High School? Would you like to learn more about the clubs that MHS has to offer? On Thursday, September 12, there will be a Club Fair in Eyeball Alley during both lunches. Plan to stay on campus for lunch that day and learning more about how you can become more involved at MHS. If you are currently a member of an MHS Club, we invite you to help recognize the club fair by wearing your favorite MHS club, organization, or team spirit wear.

September is the National Suicide Prevention Awareness Month. Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender, or background. The purpose of this month is to raise awareness of this urgently important crisis. This month is used to shift public perception away from the stigma surrounding mental health issues, spread hope, and share vital information with people affected by suicide. Through these efforts, we hope to ensure that individuals, friends, and families have access to the resources they need to discuss suicide prevention and to seek help. Suicide is preventable and help is available, you are not alone If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org to reach the 988 Suicide & Crisis Lifeline.

Tomorrow is World Suicide Prevention Day. All Chemics are invited to <u>wear yellow or orange tomorrow</u>, <u>Tuesday</u>, <u>September 10</u>, 2024, in recognition of this day. Please join us in eliminating the stigma surrounding mental health and help us in recognizing that suicide is preventable.

Chemics, homecoming ballots are in your in your email. Please use your voice and participate in this year's election. You also have the chance to request songs for homecoming on the ballot. You must vote by 6:00 p.m. tomorrow.

This Thursday is Club Fair Day during both lunches and after school. Stop by and learn more about the clubs and organizations offered at MHS. The clubs that will be represented are Club Med, International Club, Robotics, Becca's Closet, and the Green Club.

It's time for our annual Chemic Idol competition. As part of homecoming week, the Chemic Idol competition will be held during the 3rd-hour assembly on Friday, September 27. <u>What is Chemic Idol?</u> It is a friendly dance routine competition between various clubs, organizations, and sports teams at Midland High School. Each group has 1:15 minutes to perform their Chemic Idol routine. Are you interested in your club performing? Check out your email for more information, or see Josie Cripe, Ella Karbowski, Porter Pritchard, Leighna Eastman, or Ms. Albright- in room 337.

### It is MHS MISSION MONDAY!

"Everything we do is a representation of Chemic Pride." Chemics are ACCOUNTABLE. Accountability is a concept that involves taking responsibility for your actions, decisions, and obligations.

Here are some words that represent accountability:

- Reliability
- Dependability
- Commitment
- Follow-through

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And these are actions that show accountability:

- Admitting mistakes and errors openly and honestly.
- Apologizing and making amends when harm has been caused.
- Seeking feedback and constructive criticism to improve.

### How will you show that you are an Accountable Chemic this week?

## **POSITIVE THINKING**

### Little Bits of Magic

Life throws obstacles in our way sometimes. To be human is to face the challenges we didn't see coming. It's not our job to clear away the obstacles, but it is our job to work through them, find the magic hidden beneath them, and share what we learn with the people we love. Little bits of magic are always there as long as we choose to see the good beneath the surface.

## **SPORTS ACTION**

Girls Cross-Country - The girls' cross-country team earned a solid 4th place at Saturday's Northwood Invitational. Emma McLaughlin and Avery Shepard finished with medalist honors. Sawyer Collins, Addie Jones, and Ella McLaughlin completed the scoring for Midland. Congrats go out to Emma, Hannah Murtha, Leila Reyes, Sophia Mika, Kayden Metcalf, and Libby Sacr for setting new lifetime personal bests!

Boys Cross-Country - The Chemic boys' cross-country team took first place at Saturday's Northwood Invitational finishing 20 points ahead of the 2nd-place team. Midland had six runners finish with medalist honors and an amazing eighteen of the team's twenty-six runners earned new lifetime best times. Cameron Cochran, Andrew Worsley, Logan Bellinger, Spencer Porritt, and Landon Ferren were the scoring runners for the Chemics with Matthew Berg also earning medalist honors. Congrats to Adam Ogamba and Dom Heires for each knocking over a minute off their previous personal bests!

Varsity Volleyball Finishes Second at Flushing Tournament on Sat. Sept. 7<sup>th</sup>. The Varsity Volleyball team competed, taking second place at the Flushing Volleyball Tournament on Saturday Sept. 7th. In pool play, Midland beat Birch Run 25-15, 25-20; then beat Swartz Creek 25-17, 25-19. In the third match, Midland defeated Goodrich 25-15, 25-14 to advance to the Gold bracket. In the gold bracket semifinals, Midland beat Wixom St. Catherine Academy 2-1, with scores 25-19, 22-25, and the decisive game 3, 15-7; then lost to Flushing 19-25, 20-25 in the finals. Team went 4-1 on the day so current team record is now 6-3.

# IN SPORTS ACTIVITIES

JV Golf @ Bay City Central 3pm JV/Varsity Soccer v Lapeer 5:30pm/7:15pm