

LINCOLN HEIGHTS MIDDLE SCHOOL

MARCH 2024 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>** All meals are served with fruit, juice, and milk</p>	<p><u>ADDITIONAL OPTIONS</u> <u>DAILY</u> 3rd- Pizza 4th- PB&J Grab-n-Go 5th- Salad/Potato Bar</p>			<p>1 <u>BREAKFAST</u> Sausage Biscuit, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Fish Sticks 2nd- Corndog Nuggets Hushpuppies Mac & Cheese Pinto Beans</p>
<p>4 <u>BREAKFAST</u> French Toast, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Lasagna 2nd- BBQ Pork Sandwich Corn Broccoli Garlic Toast</p>	<p>5</p> <p>NO SCHOOL</p> <p>ELECTION DAY</p>	<p>6 <u>BREAKFAST</u> Chicken Biscuit, Cereal, Fruit, Juice, Milk</p> <p><u>BREAKFAST FOR LUNCH</u> Scrambled Eggs Sausage Biscuits & Gravy Tater tots Sliced Tomatoes</p>	<p>7 <u>BREAKFAST</u> Dutch Waffle, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Pizza 2nd- Chicken Sandwich Green Beans Fresh Veggies</p>	<p>8</p> <p>NO SCHOOL</p> <p>PROFESSIONAL DEVELOPMENT DAY</p>
<p>11 <u>BREAKFAST</u> Pancakes, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- BBQ Riblet 2nd- Chicken Breast Filet Sweet Carrots Green Beans Roll</p>	<p>12 <u>BREAKFAST</u> Chicken Biscuit, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Cheese Quesadilla 2nd- Beef Nachos Queso Cheese Corn Refried Beans Salsa</p>	<p>13 <u>BREAKFAST</u> Apple Fritter, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Popcorn Chicken 2nd- Lasagna Broccoli & Cheese Whole Baby Potatoes Garlic Toast</p>	<p>14 <u>BREAKFAST</u> Breakfast Pizza, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Italian Cheese Bread 2nd- Cheese Bites Homemade Chili Fresh Veggies Cookie</p>	<p>15 <u>BREAKFAST</u> Sausage Biscuit, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Hotdog w/chili 2nd- Chicken Sandwich French Fries Baked Beans</p>
<p>18 <u>BREAKFAST</u> Pancakes, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Turkey w/gravy 2nd- Baked Ham Sweet Carrots Whole Baby Carrots Roll</p>	<p>19 <u>BREAKFAST</u> Chicken Biscuit, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Cheeseburger 2nd- Chicken Sandwich Broccoli French Fries</p>	<p>20 <u>BREAKFAST</u> Apple Fritter, Cereal, Fruit, Juice, Milk</p> <p><u>BREAKFAST FOR LUNCH</u> Scrambled Eggs Sausage Biscuits & Gravy Tater tots Sliced Tomatoes</p>	<p>21 <u>BREAKFAST</u> French Toast, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Pizza 2nd- Turkey & Cheese Sub French Fries Green Beans</p>	<p>22 <u>BREAKFAST</u> Sausage Biscuit, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Fish Sticks 2nd- Corndog Nuggets Hushpuppies Mac & Cheese Pinto Beans</p>
<p>25</p> <p>NO SCHOOL</p> <p>SPRING BREAK</p>	<p>26</p> <p>NO SCHOOL</p> <p>SPRING BREAK</p>	<p>27</p> <p>NO SCHOOL</p> <p>SPRING BREAK</p>	<p>28</p> <p>NO SCHOOL</p> <p>SPRING BREAK</p>	<p>29</p> <p>NO SCHOOL</p> <p>SPRING BREAK</p>

EACH TRAY MUST HAVE A FRUIT OR VEGETABLE AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. **MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE.** In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.