

# OCTOBER | 2024



## Middlefork Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9-25-24

30	1 Variety Pizza Veggie, Cheese, or Pepperoni Steamed Corn Fresh Broccoli w/ranch Fresh Orange	2 BBQ Chicken Sandwich Kidney Beans Corn on the Cob Fresh Vegetable Fresh Apple	3 Hot Dog on WG Bun w/ketchup, mustard and relish Baked Wedges Cole Slaw Grapes	4 Beef Meatloaf Mashed Potatoes Steamed Corn Mandarin Oranges Dinner Roll
7 Breakfast for Lunch Fiesta Egg Scramble w/ tater tots Biscuit w/butter and jelly Dragon Punch Fresh Orange	8 Chicken Tender Parmesan Meatless Spaghetti Steamed Carrots Fresh Vegetable Fresh Grapes	9 Homestyle Pizza Corn on the Cob Fresh Vegetable Sliced Peaches	10 Walking Tacos w/ Turkey meat & Doritos Cheese sauce, salsa, jalapenos & sour cream Steamed Broccoli Fresh Vegetable Diced Pears	11 <b>NO SCHOOL</b>
14 <b>NO SCHOOL</b>	15 Salisbury Steak and Gravy Mashed Potatoes Steamed Peas Applesauce Sliced Bread	16 Quesadilla w/salsa Steamed Corn Fresh Vegetable Sliced Peaches	17 Lasagna Garlic Bread Steamed Edamame Fresh Vegetable Mixed Fruit	18 Chicken Patty on Bun w/mayonnaise Waffle Fries Steamed Broccoli Diced Pears
21 Cheeseburger w/ ketchup, mustard, lettuce, tomato, pickles Sweet Potato Tots Sliced Pears	22 Breaded Chicken Drumsticks Dinner Roll Mashed Potatoes Fresh Vegetable Fresh Grapes	23 Chicken Tender Parmesan w/ Spaghetti & Sliced Bread Tossed Salad w/dressing Steamed Peas Fresh Orange	24 Grilled Cheese Sandwich Tomato Soup Steamed Corn Fresh Vegetable Fruit Cocktail	25 <b>NO SCHOOL</b>
28 Salisbury Steak & gravy w/ Brown Rice & Bread Red Beans Fresh Vegetable Fresh Orange	29 Nacho Grande w/ Cheese Sauce, Turkey Taco Meat, Sour Cream, Lettuce, and Salsa Mexi-Corn Fresh Vegetable Fresh Grapes	30 Homestyle Pizza Tossed Salad w/carrots, cucumbers, and dressing Grape Tomatoes Fresh Pears	31 Homestyle Macaroni and Cheese Beef Bites Cornbread Steamed Broccoli Fresh Yellow Squash /ranch Sliced Peaches	1

### News

### Served Daily

1% White Milk 1%  
Chocolate Milk

**Hispanic  
Heritage Month:**  
A month-long  
celebration that runs  
from **September 15  
to October 15**

