## G.W. LONG 9-12 Lunch

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Salisbury Steak w/	Beef Nachos on Chips	BBQ Pork Sandwich	Pizza
	Gravy	Pinto Beans	Baked Sweet Potato	Romaine Salad
	Creamed Potatoes	Romaine Salad	Baby Lima Beans	Corn
	Carrots	Tomatoes	Fruit	Pudding
	Roll	Fruit	Animal Crackers	Fruit
		Milk	Milk	Milk
	Fruit	<b>Alternate:</b> Hot Dog	Aternate: Cheeseburger	Alternate: Crispitos
	Milk			
	<b>Alternate:</b> Pizza			
7	8	9	10	11
Steak Sandwich	Vegetable Beef Soup	Spaghetti with Meat	Crispitos	HOLIDAY
French Fries	Grilled Cheese	Sauce	Pinto Beans	
Lima Beans	Sandwich	Green Beans	Corn	
Carrots	Romaine Salad	Romaine Salad	Salsa	
Fruit	Fruit	Breadstick	Fruit	
Milk	Milk	Pudding	Animal Crackers	
		Fruit	Milk	
Alternate: Grilled	Alternate: Chicken	Milk	<b>Alternate:</b> Pizza	
Cheese Sandwich	Sandwich	Alternate: Corn Dog		
		_		
14	15	16	17	18
Breakfast for Lunch	Chicken Parmesan on	Turkey	Chicken Bites	Pizza Calzone or Pizza
Pancakes w/ Sausage	Pasta	Cornbread Dressing	French Fries	Crunchers
Egg Patty w/ Cheese	English Peas	Yams	Broccoli w/ Cheese	Carrots w/ Ranch
Hash Browns / Salsa	Romaine Salad	Green Beans	Fruit	Corn
Fruit	Roll	Roll	Roll	Pudding
Milk	Fruit	Peach Delight	Milk	Fruit
Alternate:	Milk	Milk	Alternate: Pizza Pocket	Milk
Sack Lunch	<b>Alternate:</b> Pizza	Alternate: Sack Lunch		Alternate: Crispitos
21	22	23	24	25
Thanksgiving	Thanksgiving	Thanksgiving	Thanksgiving	Thanksgiving
Holidays	Holidays	Holidays	Holidays	Holidays
Tionadys	_	-	Hondays	Hondays
28	29	30		
Cheeseburger	Fajita Chicken Wrap	Spaghetti with Meat		
French Fries	Black Beans	Sauce	50	
Baked Beans	Romaine Salad	Green Beans		
Lettuce/Tomato	Tomatoes	Romaine Salad		
Fruit	Fruit	Fruit		
Milk	Animal Crackers	Garlic Toast		
Alternate:	Milk	Milk		
Hot Ham & Cheese Sandwich	<b>Alternate:</b> Pizza	<b>Alternate:</b> Hot Dog		
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