

October 2021 – Lunch Menu

Franklin County Elementary & Middle Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Reimbursable meals are free to all students this school year! The Nutrition Department strives to offer the daily menu as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. All reimbursable meals must have a fruit or vegetable on the tray. Students may decline 2 of the 5 meal components – Meat, Grain, Fruit, Vegetable & Milk – but may not decline BOTH fruit & vegetable. This institution is an equal opportunity provider				1 Pizza Cheesy Breadsticks Marinara Sauce Sidewinder Potato Green Peas Fruit // Milk // Cookie
Fall Break				
11 Oven Roasted Chicken BBQ Rib Cheesy Broccoli Mashed Potatoes Dinner Roll Fruit // Milk	12 Hamburger or Cheese Burger Sandwich Choice French Fries // Baked Beans Carrot Dippers Fruit // Milk	13 Spaghetti W/Meat Sauce Yogurt Bag Meal Battered Potato Bites Garden Salad Dinner Roll // Fruit // Milk	14 Macaroni & Cheese Chicken Tenders Lattice Potatoes Pinto Beans // Dinner Roll Fruit // Milk	15 Pizza Breaded Cheese Sticks Green Beans//Buttered Corn Marinara Sauce Fruit // Milk // Cookie
18 Salisbury Steak w/Gravy Chicken Nuggets Mashed Potatoes Pinto Beans Steamed Carrots Dinner Roll // Fruit // Milk 25 Zesty Orange Chicken Sandwich Choice Steamed Broccoli	19 Breakfast for Lunch OR PBJ Chicken or Sausage Scrambled Eggs Battered Potato Bites Veggie Cup // Biscuit Fruit // Milk 26 Chicken Salad Sandwich Hamburger/Cheeseburger French Fries // Baked Beans	20 Chicken Fajita Beef Taco Potato Smiles//Buttered Corn Garden Salad // Salsa Tortilla Chips // Fruit // Milk 27 Chicken Nachos Pulled Pork Nachos Battered Potato Bites	21 Mexican Pasta Bake Chicken Fillet Green Beans Potato Wedges Garlic Breadstick Fruit // Milk 28 Spaghetti w/Meat Sauce Fish Fillet Baked Potato // Green Beans	22 Pizza Calzone French Fries Buttered Corn Garden Salad Fruit // Milk // Cookie 29 Pizza Cheesy Pull Apart Potato Smiles
Deli Roaster Potatoes Dinner Roll Steamed Rice //Fruit // Milk	Dill Pickles Fruit // Milk	Garden Salad // Salsa Tortilla Chips Fruit // Milk	Carrot Dippers Twisted Breadstick Fruit // Milk	Buttered Corn Fruit // Milk // Cookie