

NOVEMBER 2024 STARK COUNTY ELEMENTARY MENU

|  |   |  |   |  |
|--|---|--|---|--|
| <p><b>NO SCHOOL November 27,28, 29, 2024 for Thanksgiving Break</b></p>  | <p><b>Breakfast is served everyday starting at 7:30 a.m.</b></p>  |  |   | <p><b>1 Friday</b><br/>WG Cereal, WG French Toast Sticks <b>38 gm</b>, Syrup <b>20 gm</b>, , Fruit, Juice</p> <p>Taco in a Bag (Taco Meat, Shredded Cheese, Frito Chips) , or <u>Yogurt, Cheese Stick, WG Bar</u> Refried Beans <b>24 gm</b>, Salsa <b>8 gm</b>, Pears <b>16 gm</b>, WG Raspberry Churro <b>28 gm</b>, Fresh Fruit and Veggies</p> |
| <p><b>4 Monday</b><br/>WG Cereal, WG Poptart, Fruit, Juice</p> <p>WG Bun<b>28g</b>, Sloppy Joe <b>7 gm</b> or <u>Yogurt, Cheese Stick, WG Bar</u> Carrots <b>6 gm</b>, Mandarin Oranges <b>17 gm</b>, Fresh Fruit and Veggies</p>  | <p><b>5 Tuesday</b></p> <p><b>NO SCHOOL</b></p>   | <p><b>6 Wednesday</b><br/>WG Cereal, WG Bagel <b>38 gm</b>, Cream Cheese <b>1 gm</b>, Fruit, Juice</p> <p>WG Bun <b>22gm</b>, Hot Dog <b>2 gm</b> or Chili Dog <b>4 gm</b> or <u>Yogurt, Cheese Stick, WG Bar</u> Sweet Potato Fries <b>23 gm</b>, Baked Beans <b>28 gm</b>, Peaches <b>14 gm</b>, Fresh Fruit and Veggies</p> | <p><b>7 Thursday</b><br/>WG Cereal, WG Muffin <b>28 gm</b>, Fruit, Juice</p> <p>Biscuit <b>26 gm</b>, Chicken Ala King <u>or WG PB &amp; J, Cheese Stick, WG Chips</u>, Mashed Potatoes, Peas <b>11 gm</b>, Pears <b>16 gm</b>, Fresh Fruit and Veggies</p>                   | <p><b>8 Friday</b><br/>Biscuit <b>26 gm</b>, Sausage &amp; Gravy <b>8 gm</b>, WG Cereal, Fruit, Juice</p> <p>WG Multi Cheese Garlic Bread <b>29 gm</b> <u>or Yogurt, Cheese Stick, WG Bar</u> Marinara Sauce <b>7 gm</b>, Rosy Applesauce <b>22 gm</b>, Green Beans <b>4 gm</b>, Fresh Fruit and Veggies, WG Cookie <b>17 gm</b></p>               |
| <p><b>11 Monday</b><br/>WG Pancake Bites <b>37 gm</b> Syrup <b>20 gm</b>, WG Cereal, Fruit, Juice</p> <p>WG Bun <b>28g</b>, Tenderloin <b>14 gm</b> or <u>Yogurt, Cheese Stick, WG Bar</u> Broccoli w/Cheese <b>10 gm</b>, Peaches <b>14 gm</b>, Fresh Fruit and Veggies</p>             | <p><b>12 Tuesday</b><br/>WG Cinnamon Roll, WG Cereal, Fruit, Juice</p> <p>Turkey Horseshoe (WG Toast <b>14 gm</b>, Turkey, Cheese Sauce) or <u>PB &amp; J, Cheese Stick, WG Chips</u>, Oven Potatoes <b>22 gm</b>, Cinnamon Applesauce <b>26 gm</b>, Fresh Fruit and Veggies</p>  | <p><b>13 Wednesday</b><br/>WG Breakfast Pizza <b>22 gm</b>, WG Cereal, Fruit, Juice</p> <p>WG Croissant <b>29 gm</b>, WG Chicken Patty <b>16 gm</b>, or <u>Yogurt, Cheese Stick, WG Bar</u> Green Beans <b>4 gm</b>, Pineapple <b>17 gm</b>, Fresh Fruit and Veggie</p>  | <p><b>14 Thursday</b><br/>WG Cereal, WG Pumpkin Bread <b>44 gm</b>, Yogurt, Fruit, Juice</p> <p>WG Roll <b>15 gm</b>, Pasta Dinner <u>or WG PB &amp; J, Cheese Stick, WG Chips</u>, Romaine <b>1.5 gm</b>, Mixed Fruit <b>22 gm</b>, Fresh Fruit and Veggies</p>              | <p><b>15 Friday</b><br/>WG Cereal, WG Pancake on a Stick <b>17 gm</b>, Syrup <b>20 gm</b>, Fruit, Juice</p> <p>WG Chili Crisпитos <b>46 gm</b> or <u>Yogurt, Cheese Stick, WG Bar</u> Refried Beans <b>24 gm</b> Salsa <b>6 gm</b>, Pears <b>16 gm</b>, Ice Cream Cup <b>1 gm</b>, Fresh Fruit and Veggies</p>                                     |
| <p><b>18 Monday</b><br/>WG Mini Cinnamon &amp; Sugar Donuts <b>20 gm</b>, WG Cereal, Fruit, Juice</p> <p>WG Corn Dog <b>30 gm</b> or <u>Yogurt, Cheese Stick, WG Bar</u> Sweet Potato Fries <b>23 gm</b>, Green Beans <b>4 gm</b>, Mixed Fruit <b>22 gm</b>, Fresh Fruit and Veggies</p> | <p><b>19 Tuesday</b><br/>WG Cereal, WG English Muffin <b>21 gm</b>, Egg Patty <b>1 gm</b>, Cheese Slice <b>2 gm</b>, Fruit, Juice</p> <p>Rebel Nachos (Taco Meat, WG Chips <b>18 gm</b>, Cheese Sauce ) or <u>WG PB &amp; J, Cheese Stick, WG Chips</u>, Refried Beans <b>24 gm</b>, Salsa <b>6 gm</b>, Pears <b>16 gm</b>, Fresh Fruit and Veggies</p> | <p><b>20 Wednesday</b><br/>WG Cereal, WG Waffle <b>24 gm</b>, Syrup <b>20 gm</b>, Fruit, Juice</p> <p>WG Cheese Bites <b>28 gm</b> or <u>Yogurt, Cheese Stick, WG Bar</u> Marinara Sauce <b>7 gm</b>, Carrots <b>6 gm</b>, Mandarin Oranges <b>17 gm</b>, Fresh Fruit and Veggies</p>  | <p><b>21 Thursday</b><br/>WG Cereal, WG Breakfast Bar <b>47 gm</b>, Fruit, Juice</p> <p>WG Roll <b>15 gm</b>, Turkey or <u>WG PB &amp; J, Cheese Stick, WG Chips</u>, Mashed Potato and Gravy, Cinnamon Applesauce <b>26 gm</b>, Pumpkin Dessert, Fresh Fruit and Veggies</p> | <p><b>22 Friday</b><br/>WG Cereal, Biscuit <b>26 gm</b>, Sausage and Gravy <b>8 gm</b>, Fruit, Juice</p> <p>WG Pizza <u>or Yogurt, Cheese Stick, WG Bar</u> Romaine <b>1.5 gm</b>, Peaches <b>14 gm</b>, Sidekick <b>23 gm</b>, Fresh Fruit and Veggies</p>  |

|  |   |  |   |  |
|--|---|--|---|--|
| <p><b>25 Monday</b><br/> WG Cereal, WG Pigs in Blanket <b>15 gm</b>, Syrup <b>20 gm</b>, Fruit, Juice</p> <p>WG Bun <b>28 gm</b>, Hamburger <b>3 gm</b>, Cheese Slice <b>1 gm</b> <u>or Yogurt, Cheese Stick, WG Bar</u>, <b>Corn 16 gm</b>, Cinnamon Applesauce <b>26 gm</b>, Fresh Fruit and Veggies</p> | <p><b>26 Tuesday</b><br/> WG Cereal, Donut, Juice, Fruit</p> <p>WG Pizza Sticks <b>48 gm</b>, <u>or WG PB &amp; J, Cheese Stick, WG Chips</u>, Marinara Sauce <b>7 gm</b>, Green Beans <b>4 gm</b>, Rosy Applesauce <b>22 gm</b>, Fresh Fruit and Veggies</p> | <p>Mashed Potatoes contain Sulfates and can cause Allergic Reactions</p> <p><u>Cereal</u>- Marsh Matey-22g<br/> Honey graham 22g, Cinn toaster 24 gm<br/> <u>Juice</u>- apple 13 g, grape 19g, of 13 g,<br/> Fruit punch 14 g,<br/> <u>Poptart</u>-Cinn 73g, Blueberry-72g,<br/> Strawberry-75 g</p> | <p>Breakfast is served everyday from 7:30-8:00.</p> <p>A Plant-Based Meal is offered Everyday.</p> <p>1% White, Chocolate, Strawberry Milk are offered at every Meal.</p> | <p>Breakfast is Offer vs. Serve. Students must take 3 out of 4 items offered and 1 must be ½ cup of juice or fruit.</p> <p>Lunch is also Offer vs. Serve . Students must take 3 of 5 items served and 1 must be 1/2 cup of fruit or vegetable</p> <p>Menu is Subject to Change</p> |
|--|---|--|---|--|