

# NEW MILFORD HIGH SCHOOL LUNCH MENU

APRIL 2024

4/01-4/05

Monday Tuesday Wednesday Thursday Friday

## The Main Menu

### National Smile Day!

Baked Chicken Nuggets  
Garlic Breadstick  
Smile Fries  
Chat Snax

Turkey Dinner  
Mashed Potatoes w/Gravy  
Diced Carrots  
Banana Bread

French Toast Sticks  
Sausage Patties  
Baked Potato Puffs

Baked Chicken Tenders  
Whole Grain Dinner Roll  
Parmesan Broccoli

Chili Bowl w/Fritos  
Shredded Cheddar  
Edamame

## Pasta of the Day & Pizza Oven

Macaroni + Cheese Bar w/Whole Grain Dinner Roll



or

Personal Pizza

Pasta w/Meatballs + Sauce

or

Pizzeria Style Pizza (Plain or Pepperoni)

Stuffed Shells w/Marinara Sauce

or

Mini Pizza Bagels

Bosco Sticks w/Marinara Sauce

or

Pizzeria Style Pizza (Plain or Pepperoni)

Pasta

or

Pizza

## Green Wave Grill

Waffle Breakfast Sandwich



(Egg, Sausage + Cheese)

Baked Potato Puffs

Hot Italian Combo



Spicy Chicken Patty on Whole Grain Bun

Hamburger or Cheeseburger on Whole Grain Bun

Oven Baked Potato Wedges



Ham + Cheese Panini

## The Sandwich Board

### BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

## Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Chicken Caesar Wrap  
Southwest Salad

# NEW MILFORD HIGH SCHOOL LUNCH MENU

APRIL 2024

4/08-4/12

Monday

Tuesday

Wednesday

Thursday

Friday

## The Main Menu

Mrs. T's Cheese Pierogies w/Sour Cream

Roasted Squash

Taco Bowl



Asian Chicken

Brown Rice

Broccoli Florets



Totchos w/Hot Honey Beef

Warm Garlic Knot

Mashed Potato Bowl w/Whole Grain Dinner Roll

## Pasta of the Day & Pizza Oven

Macaroni + Cheese w/Whole Grain Dinner Roll

or

Garlic French Bread Pizza

Smoothie Bar w/Pretzel



or



Buffalo Chicken Pizza

Walking Taco

or

Stuffed Crust Pizza



Bosco Sticks w/Marinara Sauce

or



Pizzeria Style Pizza (Plain or Pepperoni)

Salad with **Local Lettuce!**

Pasta

or

Pizza

## Green Wave Grill

Hot Dog on Whole Grain Roll



Oven Baked Potato Loops

Chicken Parm Panini

Spicy Chicken Patty on Whole Grain Bun



Rice Bowl

Hamburger or Cheeseburger on Whole Grain Bun

Oven Baked Crinkle Fries



## The Sandwich Board

### BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

## Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Turkey BLT

Chicken Caesar Salad

# NEW MILFORD HIGH SCHOOL LUNCH MENU

APRIL 2024

4/22/-4/26

Monday

Tuesday

Wednesday

Thursday

Friday

## The Main Menu

Cheese Quesadilla w/Salsa + Sour Cream



Refried Beans

Chicken Dipping Sandwich on Whole Grain Bun

Baked Crinkle Fries

Baked Mozzarella Sticks w/Marinara Sauce

Caesar Salad



Sizzler

**Comfort Food Friday!**  
Meatloaf w/Gravy  
Mashed Potatoes  
Golden Corn  
Garlic Knot



## Pasta of the Day & Pizza Oven

Macaroni + Cheese w/Whole Grain Dinner Roll

or

French Bread Pizza

Pasta w/Meatballs + Sauce



or

Pizzeria Style Pizza (Plain or Pepperoni)

Smoothie Bar w/Pretzel

or

4x6 Pizza

Bosco Sticks w/Marinara Sauce



or

Buffalo Chicken Pizza

Pasta

or

Pizza

## Green Wave Grill

Hamburger or Cheeseburger on Whole Grain Bun

Oven Baked Sweet Potato Fries



Warm Asian Wrap



Spicy Chicken Patty on Whole Grain Bun

Rodeo Burger

Oven Baked Potato Wedges

Grilled Chicken Club



## The Sandwich Board

### BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

## Garden Greens & More



Large or Small Chef Salad

Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Kicken Chicken Wrap

Chicken Caesar Salad

# NEW MILFORD HIGH SCHOOL LUNCH MENU

APRIL 2024

4/29-5/03

Monday Tuesday Wednesday Thursday Friday

## The Main Menu

Burrito Bowl  
w/Assorted  
Toppings



Brown Rice

Twisted Sticks  
w/Marinara  
Sauce

Baby Spinach  
Salad

## Pasta of the Day & Pizza Oven

Macaroni + Cheese  
w/Whole Grain  
Dinner Roll

or

Personal Pizza

Walking Taco



or

Pizzeria Style Pizza  
(Plain or Pepperoni)

## Green Wave Grill



Grilled Cheese  
w/American or  
Jalapeno



Cup of Soup

Steak + Cheese  
on Ciabatta Roll  
w/ or w/o  
Onions +  
Peppers

**All meals are served with our  
Rainbow Fruit & Veggie Tray  
and choice of 1% white milk,  
nonfat chocolate, nonfat  
strawberry, or skim milk!**

**Breakfast AND Lunch are  
FREE for ALL Students in ALL  
schools up until June 2024!**

## The Sandwich Board

### BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



## Garden Greens & More



Large or Small Chef Salad

Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Chicken Caesar Wrap

Asian Salad