

School Health Advisory Council Minutes

May 25, 2022

Odem Edroy ISD- OJH Library

4:15 to 4:40

Participants in attendance: Lisa Perez, Amy Salinas, Laura Ruiz, Elisa Garza, Jason Pfluger, Abigail Martinez, Lidamar Yruegas, Cynthia Garcia, Lori Schultze, Erica Tapia, Kathy Farrow, and Virginia Lopez

Members Absent: Dora Sturgeon, Armando Huerta, Miguel Lopez, Christine Alcocer, Belinda Ruiz, Lisa Flores, Yolanda Carr, Janie Luna, Christine Guzman, Shannon Seale, Debra Velasco, Dora Sturgeon, Laura Ortiz, Esmeralda Martinez, Janie Luna, Kathleen Flowers-Madrigal, Felicia Espinoza, and Renee Orta.

Visitors: Jackie Millington-Coastal Bend Wellness Foundation

The meeting was called to order at 4:15. Lisa Perez, RN read the mission statement, welcomed members and guests to the meeting. The minutes from the 4/20/22 meeting was read and approved by members.

The SHAC team then shared reports from each committee.

Nutrition: Kathy Farrow stated they have just finished “Cooking Well with DM” classes and asked to let them know when the school is ready for assistance with programs for next year. Virginia Lopez is working on Matter of Balance classes starting June 7 from 2-4PM in Mathis at Primera Iglesia Bautista Church Hall(annex) and in the evening on the same day will be the Texercise program. Matter of Balance is for 60 y/o and older and is a total of 8 sessions. Texercise program will need a form filled out by their physician and is a 10–12-week session. Information can also be found in their newsletter and website.

Physical Education: Renee Orta just finished field day and had a great turnout of parents to support the kids.

Health Services: Lisa Perez stated that all state reports have been finalized and sent off to the state. We are continuing to test for COVID at all campuses.

Healthy School Environment: Police force in Odem, Texas State Troopers and San Patricio County Sherrif Dept. continue to patrol the schools for safety. Each campus is still conducting fire and safety drills periodically. Jason Pluger-additional police force on all campuses this week due to the Uvalde shooting. Campus Administration will be taking a digital threat assessment training next week. We are trying to keep our campuses safe and more secure. Administrators are also working with Rocky Silguero who is head of maintenance with these issues as well.

Health Education: The new TEKS for Health Education curriculum for next school year were accepted 2weeks ago at the board meeting.

Counselors:

Family and Community Involvement: City of Odem just finished the Fiesta De Mayo celebration; it was a 2-day festival. Field day was held for the Elementary and Intermediate campuses on May 19th.

Health Promotion for Staff: The school had a raffle for a free water aerobics class and had 3 winners: Rita Parraz, Blyth Swartzfager and Nora Romero.

Open Discussion: May 9, 2022, the new Health Teks (Health and Human Sexuality) curriculum “The Great Body Shop” was accepted and will begin next school year. Health Teks are required by the State of Texas and will be for grades K-8 th. Lisa Perez- things to keep in mind for next year's SHAC meeting: changes in district wellness plan, Step Up to Scale Down, Texercise, Walk Across Texas, Walking Club, talking with the police department Bike Rodeo (bike and helmet donations), snack sales, adding new Health Teks, and health fair (Feb/Mar), Halloween Safety with reflective bags. Several ideas and tentative dates were discussed at the end of the meeting. Renee Orta will be continuing to use CATCH for PE Lisa Perez spoke about a Health Fair Tentative date for Mar 10th for PK-5th grade with Junior High and High School invited. Virginia mentioned Karen Beard with injury prevention at Driscoll Children’s Hospital, could possibly donate helmets, Jackie Millington CBWF, spoke about a Parent program (in person or virtual) concerning how to talk to kids about sex. She also mentioned that in the fall she would be interested in hosting a program to give students something to do to keep them out of trouble, boost confidence and keep them safe. Such as an Anime night, movie night and other activities which will be free to the students. She would like to have them here on campus, that way the students and families do not have to travel far, and we can have a better turn out. Virginia Lopez stated they are currently working with UTHS Center to complete a DM survey within the community, and other community events; would like to do them before 8/31/22 The meeting adjourned at 4:40.