# CLIMAX SPRINGS R-IV SCHOOL ATHLETIC HANDBOOK 2022-2023

# STEPHANIE HUBBARD, Superintendent RAINI WARD, Principal JOSHUA L. GRIFFITH, Athletic Director

Climax Springs Junior High (JH) and High School (HS) Sports

| Fall Season                   | Winter Season              | Spring Season         |
|-------------------------------|----------------------------|-----------------------|
| JH Basketball (Boys/Girls)    | HS Basketball (Boys/Girls) | JH Track (Boys/Girls) |
| JH Cheerleading               | HS Cheerleading            | HS Track (Boys/Girls) |
| HS Softball (Girls)           |                            | HS Baseball (Boys)    |
| HS Cross Country (Boys/Girls) |                            |                       |

Dear Parents, Guardians, and Athletes,

Welcome to Cougar Country! My name is Raini Ward and I am the Principal for Climax Springs R-IV School

District. Athletic programs are an integral part of a solid academic program. Students participating in

extracurricular activities are more likely to be connected to school, experience academic success, and have a

positive self-esteem. Students participating in our athletic programs are expected to maintain academic and

behavior eligibility.

Our athletic programs strive to provide opportunities for competition, sportsmanship, teamwork, and individual

growth. Parental involvement is important for the success of our teams. We deeply appreciate your consistent

support of these programs!

This is the Climax Springs R-IV Schools Athletic Handbook. Please take time to read each section to ensure a

successful season for you and your athlete. There are several documents that require information from you and

your signature to confirm understanding. Please return these forms to the appropriate coach prior to the start of

the season. If you have questions or concerns, please contact your child's coach and then the Athletic Director,

Josh Griffith.

We look forward to seeing you in the stands!

GO Cougars!

Joshua L. Griffith

Athletic Director

Jgriffith@cspringsr4.org

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#### Vision Statement

#### <u>Progress, Responsibility, Innovation, Determination, Excellence</u>

Climax Springs R-IV School District does not discriminate on the basis of sex, race, color, national origin, handicap, or age in admission, or access to, or treatment of employment in its programs or activities. Any questions regarding the Board's compliance with Title VI, Title IX, or Section 504 including information about the existence and location of services, activities, and facilities that are accessible to and usable by disabled persons may be directed to the Title IX Coordinator/ Superintendent of Schools at (573) 347-2351 ext. 3.

Students eligible for enrollment and participation in any and all classes and activities being offered at his/her grade level with inquiries concerning the application of this policy, grievance procedures, or other matters pertaining to Title IX, Title VI, and/or Section 504 may contact Title IX Coordinator/Student Services Director at (573) 347-2351 ext. 1, Climax Springs R-IV School District, 571 Climax Avenue Climax Springs, MO 65324.

#### **BOARD OF EDUCATION**

The role of the District's Board is to govern the community's public schools by making the major decisions for the District as a whole. The Board collectively makes these decisions and individual Board members do not have the power to speak or act for the Board. The Board as a whole, by working with the Superintendent to make decisions that will best serve the District's students, will govern the community's schools. Accordingly, complaints or concerns made to Board members will be referred to the appropriate District point of contact for resolution.

#### **Board of Education**

Josh Wolfe – President
Carly Townsend – Vice President
RaShell Burke- Member
Ashley Butterfield- Member
Michael Cundiff- Member
Shannon Hodges- Member
Adam Roberts- Member
Amanda Tessman-Board Secretary

#### Administration:

Mrs. Stephanie Hubbard Superintendent, Special Education Coordinator shubbard@cspringsr4.org

Ms. Raini Ward Principal rward@cspringsr4.org

Mr. Joshua L. Griffith Athletic Director jgriffith@cspringsr4.org

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|   | SEMESTER 1  |  |  |           |             |           |               |              |
|---|---|--|--|-----------|-------------|-----------|---------------|--------------|
| July 2022   |   | 68 Days  |  |           | Ja          | nuary     | 2023          |              |
| S M T W T F S   | August 9-11   |  | New Teachers Workshop                  | S         | м           |           | т             | FS           |
| 1 2   | August 16-19  | F  | Professional Development               | 1         | 2 3         |           | 5             | 6 7          |
| 3 4 5 6 7 8 9   | August 23   |  | Classes Begin                          | 8         | 9 1         |           | 12            | 13 14        |
| 10 11 12 13 14 15 16  | September 12  | F  | Professional Development               | 15        | 16 1        | _         | 19            | 20 21        |
| 17 18 19 20 21 22 23  | October 10  | P.D./Pa  | rent-Teacher Conferences               | 22        | 23 2        | _         | 26            | 27 28        |
| 24 25 26 27 28 29 30  | October 19  | 45.86 (* X.)6  | End of 1st Quarter (34)                | 29        | 30 3        |           |               | 27 20        |
| 31  | November 14   | Profe  | essional Development Day               | 18- Staff |             |           |               | 17-Stud      |
|   | November 23-25  |  | Thanksgiving Break                     |           |             |           |               |              |
|   | December 12   | Profe  | essional Development Day               |           |             |           |               |              |
|   | December 20   | The second secon | (34)   End of Semester 1               | 1         |             |           |               |              |
| August 2022   |   | End of Znd Quarter   | Christmas Break                        |           | Fe          | bruary    | 202           | 3            |
| S M T W T F S   | December 21 - January 2   |  | Christinas Break                       | S         | M 1         | W         | T             | FS           |
| 1 2 3 4 5 6   |   |  |  |           |             | 1         | 2             | 3 4          |
| 7 8 9 10 11 12 13   |   |  |  | 5         | 6 7         | 8         | 9             | 10 11        |
| 14 15 16 17 18 19 20  |   |  |  | 12        | 13 1        | 4 15      | 16            | 17 18        |
| 21 22 23 24 25 26 27  |   |  |  | 19        | 20 2        | 1 22      | 23            | 24 25        |
| 28 29 30 31   |   |  |  | 26        | 27 2        | 8         |               |              |
| 13- Staff 6-Student   |   | SEMESTER 2   |  | 18- Staff |             |           |               | 16-Stud      |
|   |   | 79 Days  |  |           |             |           |               |              |
|   | January 3   |  | Classes Resume                         |           |             |           |               |              |
| September 2022  | January 9   | Profe  | essional Development Day               |           | ٨           | /larch    | 2023          |              |
| S M T W T F S   | February 13   |  | essional Development Day               | S         | M           | W         | Т             | FS           |
| 1 2 3   | February 27   |  | rent-Teacher Conferences               |           |             | 1         | 2             | 3 4          |
| 4 5 6 7 8 9 10  | March 10  |  | End of 3rd Quarter (40)                | 5         | 6 7         | 8         | 9             | 10 11        |
| 11 12 13 14 15 16 17  | March 13  | Profe  | essional Development Day               | 12        | 13 1        | 4 15      | 16            | 17 18        |
| 18 19 20 21 22 23 24  | April 3   |  | essional Development Day               | 19        | 20 2        | 1 22      | 23            | 24 25        |
| 25 26 27 28 29 30   | April 7   |  |  | 26        | 27 2        | 8 29      | 30            | 31           |
| 19- Staff 18-Student  | 1.75 M. C.                          | 100 PM   | Good Friday – NO SCHOOL                | 20- Staff |             |           |               | 19-Stud      |
| October 2022  | May 8   | Profe  | essional Development Day<br>Graduation |           |             | April 2   | 023           |              |
|   | May 13  | Ford of Alb Constant   |  | 102       |             |           |               |              |
| S M T W T F S   | May 18  | End of 4th Quarter (   | 39)   End of Semester 2                | 5         | M           | W         | T             | F S          |
| 1   |   |  | Last Day of School                     |           | 2 10        |           | -             | 1            |
| 2 3 4 5 6 7 8<br>9 10 11 12 13 14 15                            | May 19  | Prote  | essional Development Day               | 9         | 3 4<br>10 1 |           | 6<br>13       | 7 8<br>14 15 |
| 16 17 18 19 20 21 22  |   |  |  | 16        | 17 1        | _         | 20            | 21 22        |
| 23 24 25 26 27 28 29  | Incle   | ement Weather Make-  | Up Plan                                | 23        | 24 2        |           | 27            | 28 29        |
| 30 31   | AN  | 11 (5 days)   April. 24  | May 1                                  | 30        | 24 2        | 5 20      | 21            | 28 29        |
| 17- Staff 16-Student  | 000000  |  |  | 16- Staff |             |           |               | 15-Stud      |
|   |   | Color Key  |  |           |             |           |               |              |
| November 2022   | 441 min/day   | End of Quarter   | Student Days                           |           |             | May 2     | 023           |              |
| S M T W T F S   | 7.35 hr/day   | First Day of Semester  | 147                                    | S         | M           | w         | T             | FS           |
| 1 2 3 4 5   | 1080.45 hours /year   | New Teacher Days   |  |           | 1 2         | 2 3       | 4             | 5 6          |
| 6 7 8 9 10 11 12  |   | No School  |  | 7         | 8 9         | 10        | 11            | 12 13        |
| 13 14 15 16 17 18 19  |   | Parent-Teacher Conferences   | 2.0                                    | 14        | 15 1        |           |               | 19 20        |
| 20 21 22 23 24 25 26  | XXXXX, (1400a Mark - 1500-1500  | Possible Make-Up Day   | Staff Days                             | 21        | 22 2        | 3 24      | 25            | 26 27        |
| 27 28 29 30   | Start/End Times   | School In Session  | 165                                    | 28        | 29 3        | 0 31      |               |              |
| 17- Staff 16-Student  | 7:50-3:40   | Teacher Work / PD Day  |  | 14- Staff |             |           |               | 12-Stud      |
| <u></u>   | *   |  |  | - 100     |             |           |               |              |
| December 2022   |   |  |  | f         |             | June 2    | 023           |              |
| S M T W T F S   |   |  |  | S         | м           | n british | Т             | FS           |
|   | **All District Offices will be closed on July 4, Sept 5, Nov 23-25, Dec |  | 3                                      | 141       | VV          |           |               |              |
|   | 21-30, Jan 16, Feb 20, April 7, May 29**                                |  | 4                                      | 5 6       | 5 7         | 8         | 2 3<br>9 10   |              |
| 4 5 6 7 8 9 10<br>11 12 13 14 15 16 17                          | 21 30, 30   | Jan 10, 190 20, April 7, Ividy 29  |  | 11        | 5 (<br>12 1 |           |               | 16 17        |
|   |   | l  |  | 18        | 19 2        | _         | $\overline{}$ | 23 24        |
| 18 19 20 21 22 22 24  |   |  |  | TO        | 13 2        | ~ 21      |               | 23 24        |
| 18 19 20 21 22 23 24<br>25 26 27 28 29 30 31                    |   |  |  | 25        | 26 2        | 7 28      | 29            | 30           |
| 18 19 20 21 22 23 24 25 26 27 28 29 30 31 13- Staff 12- Student |   |  |  | 25        | 26 2        | 7 28      | 29            | 30           |

| <u>Administration</u>           |                             | Coaching staff  |  |
|---------------------------------|-----------------------------|---|--|
| Stephanie Hubbard<br>Raini Ward | Superintendent<br>Principal | Darlene Baumhoff Darlene Baumhoff   | Head Track<br>Head Cross Country<br>Asst. Track<br>Asst. Cross Country |
| Joshua L. Griffith              | Athletic Director           | James Butterfield James Butterfield Craig Parrack Craig Parrack  Josh Griffith Jacob Moore Tori Frisbee  Jacob Moore Josh Griffith  Vosh Griffith  Kylie Woods  Krysta Wright | Asst. Cross Country  Head Varsity Boys BBall                           |

#### **GENERAL INFORMATION**

#### **Academics**

Initial academic eligibility is based on grades earned during the last semester of the preceding academic year (grades 10-12), or the preceding 9 week grading period (8th grade). One F on the biweekly eligibility reports will result in academic suspension until the next eligibility check. Academic suspension will result in the athlete not participating in games. The athlete on academic suspension may go to the game, but may not dress out. The Athlete will still be allowed to sit the bench and support his/her teammates. The Athlete is also expected to attend all practices while on academic suspension.

#### Attendance

Student athletes at Climax Springs R-IV are expected to be students first. The most important thing to be a good student is attendance. For that purpose, student athletes will be required to maintain 90% or above attendance to participate in extracurricular activities.

#### <u>Games</u>

Players are expected to attend all games. If a player is absent the day of the game, the player will neither dress out nor play. If the player is late to school on game day, he/she must sign in by 11:00 A.M. in order to play that day. If the player is signing out early on game day, he/she must return to school by 2:00 P.M.

The wearing of jewelry, earrings, head coverings, etc. will be governed by MSHSAA guidelines.

For home games, athletes will report to the field/gym immediately after school. For away games, athletes need to follow the instructions from the coaches. Typically the bus will depart from the school at a predetermined time; players are required to ride the bus to the game.

Students may only ride back with their own parents or guardian after meeting with the coach prior to leaving the event. Players riding the bus back to school will be picked up from school. An arrival time back at the school will be given in advance; if a change occurs, players will contact parents.

#### **Injury Documentation**

If coaches become aware of an injury or suspect an injury, the athlete will need to provide a doctor's note in the front office and in the athletic director's office to be cleared for practice or games. The same is true for Physical Education. Athletes will not be allowed to play after an injury without a doctor's note on file with the Athletic Director and/or PE teacher.

#### **Practice**

Athletes are required to participate in 14 initial conditioning practices prior to the first contest, as stated in the MSHSAA rules and regulations. Coaches will issue athletes a schedule that includes all practice dates and times for the season. If an athlete misses practice, it will be up to the athlete and coach to determine next steps.

#### Student Drug Testing

The District takes measures to foster a safe and drug-free learning environment that supports student engagement and development. Therefore, educational programs are provided to help students cultivate healthy lifestyles and age-appropriate drug awareness. All use, sale, transfer, distribution, possession, or being under the influence of unauthorized prescription drugs, alcohol, narcotic substances, unauthorized inhalants, controlled substances, illegal drugs, or counterfeit substances on any District property, vehicles, or at District-sponsored events is strictly prohibited.

The District has adopted a Student Alcohol and Drug Testing Policy to promote the health, safety and welfare of students of the District. The purpose of this Policy and the associated procedures is to encourage students to remain drug and alcohol free and to provide support and solutions to students who use drugs and alcohol. This applies to students in extracurricular and co-curricular activities in grades 7-12 and students who wish to receive a parking permit issued by the District.

#### **Uniforms**

Uniforms and equipment are school property. Athletes will be financially responsible for any damages that occur while the uniforms and equipment are in their possession.

#### Staff and Student Communication

As is regulated by the District's Employee Manual, <u>E-185-E – Employee/Student Relations</u>, coaches and all other staff will refrain from having contact with students via any format specified or implied in the board policy.

#### Facility Use

To secure the use of the gymnasium, cafeteria, testing room, or conference room there are sign ups for those locations. Coaches and community alike, need to go through the athletic director and front office **at least** two weeks prior for serious consideration. Appropriate insurance coverage is required. Failure to schedule the gym and comply with the schedule will result in potentially losing access to the facility. Keep in mind that this gym is used by many groups for many events.

#### **Dual Sports**

#### Criteria for Submitting an Application Form

In order to participate in dual sports, athletes must be eligible according to the MSHSAA academic standards. Please include a statement in your letter regarding this issue and provide a professional signature and the date verifying the information.

In the form, declare a primary and secondary activity. In addition, briefly explain the roles that you see yourself playing in your primary and secondary activities. How can you be a benefit to the two programs? It is certain that schedule conflicts will arise and consideration must be given to both athletic programs.

#### 1. Regular practices

- a. Team sport practice versus individual sport practice
- b. Team sport practice versus individual sport contest
- c. Primary sport practice versus secondary sport contest
- 2. Required (dress rehearsal) practices or time trials
  - a. Secondary activity "required practice or time trial" versus primary activity regular practice
- 3. Academic class
  - a. Varsity practice versus sub-varsity contest
- 4. District contest
  - a. Head to head conflict between primary and secondary contest
- 5. State contest
  - a. Head to head conflict between primary and secondary contest
  - b. Primary sub state contest vs. secondary state contest

Students are encouraged to get involved as much as possible at Climax Springs School. We encourage you to make the best choices when participating in more than one activity in order to avoid conflicts. This will involve good communication, decision-making skills, prioritizing, and long-range goals and aspirations. Please submit a form to the Athletic Director at least two weeks prior to the first official MSHSAA practice.

#### **Dual Sports Participation Criteria & Contract**

- 1. The athlete must be eligible according to the MSHSAA academic standards during the previous semester.
- 2. The athlete and the athlete's parent/guardian must submit an application letter to the Athletic Director at least two weeks before the first day of official MSHSAA practice.
- 3. Once the application letter has been received, the coaches and athletic director will have a meeting to review the application for approval.
- 4. The athlete and athlete's parent/guardian meet with the Athletic Director and coaches involved prior to the start of the first day of official MSHSAA practice regarding the dual sport application.
  - a. The purpose of the meeting is to communicate approval or amendment of the application.
    - Amendments may be made to the application in order for dual participation by the coach and Athletic Director.
  - b. Dual sport participation requires unanimous agreement of the participating meeting members.
  - c. The athlete chooses a primary sport.
  - d. A practice and game schedule for the upcoming season will be completed and signed by the athlete and each coach. Tournament schedules will also be completed at this time
  - e. Discuss in how to manage conflicts that arise between both activities
  - f. A dual sport application must be approved and signed by the athlete, parent/guardian, Athletic Director and coaches.
- 5. If two contests are scheduled on the same day, the athlete will attend the contest of their designated primary sport.
- 6. An athlete may participate in two sports in one day when possible.
- 7. In the event there are no contests scheduled, the athlete will attend practice of their designated primary sport.
- 8. Coaches will work together to allow practice time for each sport as necessary and practical.
- 9. No athlete is guaranteed playing time. Coaches will have the final decision in how much game/contest playing time the athlete receives.
- 10. The athlete, coach, and Athletic Director have the right to cease dual sport participation if the decision is in the best interest of the athlete and either involved athletic program.

#### **COLLEGE-BOUND ATHLETES**

NCAA Eligibility Center

www.eligibilitycenter.org

#### Who must register with the NCAA Eligibility Center?

Any student wishing to participate in Division I or Division II athletics must register with the eligibility center.

#### Why is there an initial eligibility center?

The eligibility center reviews student information to assure that student-athletes have met the minimum academic standards needed to participate in collegiate athletics.

#### What does the eligibility center look at when evaluating a student?

The eligibility center evaluates student course work, grades and test scores to determine whether students meet minimum academic requirements. Specifically, they will be looking at the GPA of your core courses and your ACT or SAT score. They use a sliding scale to determine eligibility.

#### How many core courses are required?

Sixteen core courses are required for Division I. This is 4 yrs of English, 3 of math, 2 of science, 2 of social sciences, 1 extra year of English, Math or Science, and 4 years of extra core courses from areas such as foreign language, philosophy, religion or any of the above core areas. Those students attending a Division II school will be required to complete 14 core courses.

#### Does it help me if I complete more than the required number of core courses?

Yes, it could. The eligibility center will take the 16 courses with the best grades in calculating your course GPA.

# Does the eligibility center also determine admission into an NCAA college or university?

No. Each institution decides which students they will admit. The eligibility center just determines whether or not the student meets minimum academic requirements to participate in NCAA athletics on the Division I or II level.

#### How and when do I register for the NCAA Eligibility Center?

- ♦Our guidance office will have the necessary forms to fill out when you are ready to register or you may register online. It is best to register right after your junior year.
- ♦You will need to fill out a student release form and submit the required registration fee when sending the form into the clearinghouse.
- ◆You will need to authorize the high school to send your transcripts, test scores, etc
- ♦You will need to authorize the eligibility center to send your academic information to colleges that request it.

♦When you register to take the ACT or SAT, mark code 9999 so that they will send your scores to the clearinghouse.

The eligibility center is going to look at the sum of the different parts of the ACT; these being math, science, English and reading. For example, if you take the test three times they are going to take your best score from each of these areas in calculating your sum score. The higher your sum score, the better.



## **Emergency Information**

| Athlete's NameAge   |
|---|
| Sports involved in  |
| Parent/Guardian's Name                                    |
| Home Telephone  |
| Address Work Phone  |
| Emergency Contact Home Phone                              |
| Address Work Phone  |
| Relationship to Athlete                                   |
| Insurance Company Policy #                                |
| Physician's Name Telephone                                |
| Are you allergic to any drugs? If so, what?               |
| Do you have any allergies (bee stings or dust, etc.)      |
| Do you haveasthmadiabetesepilepsy? (Check all that apply) |
| Do you take any medications? If so, what?                 |
| Do you wear contacts?                                     |
| Other Health Issues                                       |
|   |
|   |
| Parent/Guardian's Signature Date                          |

## **Informed Consent Form**

| the school to provide emergency treatment of any inju | to participate in 2021-2022 school year. Further, I authorize ary or illness my child may experience if qualified medical the treatment. This authorization is granted only if I cannot o so. |
|---|---|
| Parent or Guardian                                    |   |
| Address   | _Telephone  |
| Cellular Telephone                                    |   |
| Other person to contact in case of emergency          |   |
| Relationship  | Telephone   |
|   | tentially hazardous activity. We assume all risks associated ited to, falls, contact with other participants, the effects of associated with the sport.                                       |
| We understand the informed consent form and agree to  | o its conditions.   |
| Athlete's Name Date                                   | Date  |
| Athlete's Signature                                   |   |
| Parent/Guardian Name                                  | Date  |
| Parent/Guardian Signature                             |   |

#### Citizenship Requirements

**Student Responsibility** in accordance with the Missouri State High School Activities Association (MSHSAA), each student is responsible for notifying the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the MSHSAA Board of Directors.

| I hereby understand my responsibility to self-report any and all situations that would affect my eligibility to the appropriate school authority. |   |  |  |  |
|---|---|--|--|--|
| Athlete's Name Date   | Date  |  |  |  |
| I hereby understand my athlete's responsibility eligibility to the appropriate school authority.  | to self-report any and all situations that would affect his/her |  |  |  |
| Parent/Guardian Name  | Date  |  |  |  |

#### ATHLETIC CODE OF CONDUCT

Good behavior and attendance are essential to a high-quality athletic program. For our student athletes, it is imperative that self-discipline and self-control be exercised at all times. Disrespectful behavior, failure to follow directions, or failure to follow school rules are not the hallmark of student athletes. Coaches will take the necessary actions to ensure all athletes exhibit exemplary behavior while in school or at school-sponsored events. When contacted by a staff member about the inappropriate behavior of an athlete, the coach may use a variety of measures to ensure proper behavior such as: verbal counseling, extra physical conditioning, a letter of apology, partial or full game suspension, or as a last resort, referral to the Athletic Council for long-term suspension or removal from the team. The Coach as directed by the Athletic Director will use proper judgment and discretion when making decisions regarding the inappropriate behavior that occurs on the playing field/court. ISS or OSS given to any student athlete may result in suspension from one game for ISS and two games for OSS outside the suspension period.

#### As an Athlete for the Climax Springs R-IV School District:

- I will be respectful by using appropriate language and tone when interacting with other athletes, coaches, officials, parents, and spectators. I will not taunt, use obscene gestures, or engage in boastful celebrations that demean fellow athletes.
- I will treat all athletes, coaches, officials, parents, and spectators with dignity and respect.
- I will treat everyone fairly regardless of gender, race, ethnic origin, religion, or sexual orientation.
- I will not provide, use, or condone the use of tobacco products or alcoholic beverages.
- I will not provide, use, or condone the use of performance-enhancing or mind-altering recreational drugs.
- I will arrive and depart on time for all practices, study halls, meetings, and contests.
- I will seek to become the best athlete I can be by practicing appropriately and eating right.
- I will play by the rules of the sport, demonstrating and encouraging good sportsmanship in both victory and defeat.
- I will be honest and not lie, cheat, or steal.
- I will be respectful by not fighting or damaging the property of others.
- I will do my best to play safely so as not to injure myself or any other athlete.
- I will cooperate with medical personnel in their efforts to care for my well-being.
- I will encourage and assist my teammates in becoming better athletes and human beings.
- I will dress in the proper attire as directed by my coach before and after games.

• I will maintain at least 90% attendance or above in order to participate in sports.

# Acknowledgement Form

| I,  | , have read and understand the  |
|---|---|
| willing to uphold this Code during the entire se    | tic Handbook. I have read the Athlete's Character Code and I and ason, including keeping my attendance above 90%. I understand  |
| along with the violation. I understand that by      | d in the Handbook, I will abide by the consequences that come signing this contract, I acknowledge my status as a Climax  |
|   | d and agree to abide by everything stated in the handbook. In<br>t stated in the manual regarding conduct and ethics. In these  |
| instances, I will abide by the decisions of the coa |   |
|   |   |
| Athlete's Name Date                                 | Date  |
|   |   |
| Athlete's Signature                                 | ( All and All |
| Parent/Guardian Name                                | Date  |
| Parent/Guardian Signature                           |   |
|   |   |