




Covington County Schools

K-12 BREAKFAST Menu---SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A variety of condiments and milk are offered daily.				1 PANCAKE-SAUSAGE DOG YOGURT FRESH FRUIT JUICE MILK
				8 SCRAMBLED EGGS CHEESE GRITS TOAST W/GRAPE JELLY FRESH FRUIT JUICE MILK
	5 CHOCOLATE CHIP MUFFIN VARIETY CEREAL FRESH FRUIT JUICE MILK	6 CHICKEN BISCUIT FRESH FRUIT GRAPE JELLY JUICE MILK	7 MINI FRENCH TOAST VARIETY CEREAL FRESH FRUIT JUICE MILK	
4 LABOR DAY NO SCHOOL				
11 SAUSAGE BISCUIT YOGURT FRESH FRUIT GRAPE JELLY JUICE MILK	12 BAGEL STRAWBERRY CREAM CHEESE VARIETY CEREAL FRESH FRUIT JUICE MILK	13 CINNI MINIS VARIETY CEREAL FRESH FRUIT JUICE MILK	14 BLUEBERRY MUFFIN VARIETY CEREAL FRESH FRUIT JUICE MILK	15 MINI BERRY WAFFLES YOGURT FRESH FRUIT JUICE MILK
18 PANCAKE-SAUSAGE BITES VARIETY CEREAL FRESH FRUIT JUICE MILK	19 SAUSAGE & CHEESE BAGEL YOGURT FRESH FRUIT JUICE MILK	20 CINNAMON TOAST BAR VARIETY CEREAL FRESH FRUIT JUICE MILK	21 EGG & CHEESE BREAKFAST SANDWICH YOGURT FRESH FRUIT JUICE MILK	22 MINI MAPLE WAFFLES VARIETY CEREAL FRESH FRUIT JUICE MILK
25 BREAKFAST PIZZA YOGURT FRESH FRUIT JUICE MILK	26 COLBY CHEESE OMELET CEREAL BAR FRESH FRUIT JUICE MILK	27 FRENCH TOAST STICKS VARIETY CEREAL FRESH FRUIT JUICE MILK	28 BANANA MUFFIN VARIETY CEREAL FRESH FRUIT STRING CHEESE JUICE MILK	29 BREAKFAST BURRITO VARIETY CEREAL FRESH FRUIT JUICE MILK

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